

The Harmoniser



Divine Cleanse

Love Inspiration



Love Inspiration

Learn • Heal • Awaken

MAY THIS CLEANSE BE DEDICATED TO ALL,
WITH LOVE,
FOR THE BENEFIT OF ALL.



THE HARMONISER

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Welcome!

There are no prerequisites for this course, however before you begin, please ensure that you have activated (unlocked) The Harmoniser energies using the activation code & instructions on the next page.

*Once you have unlocked the energies, you are ready to begin.
With love, we wish you well on your Divine Harmoniser journey!*

If you have not already done so, please feel free to [sign up for free Ascension Healing](#) to help you on your cleansing journey.



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ACTIVATING (UNLOCKING) THE HARMONISER ENERGIES:

Before opening up to these beautiful Harmoniser energies, it is very important that you firstly activate or 'unlock' the energies in this ebook. Once this is completed, you will then be ready to begin!

The activation is a very simple process, done by yourself, using a specially embedded activation code to 'unlock' the energies in this ebook. The four step process is outlined below and should only take you around five minutes or so to complete.

(For more information about the activation codes or the activation process - please visit our [Activation Codes FAQ's](#)).



1) Preparation:

Please sit or lie down, whichever is more comfortable for you, and ensure that you will not be disturbed for at least 5 minutes or so. Perhaps you wish to play some soothing or relaxing music, light some candles or burn some incense to create a nice ambience.

2) Invocation:

Invoke the activation ('unlocking') by placing your hands together, fingertips touching in prayer position and saying the following:



**"With infinite grace, I ask humbly and clearly to activate The Harmoniser energies.
With the unique activation code 3342819 may this be so.
May this activation benefit all beings.
Thankyou, thankyou, thankyou."**

3) Receiving:

If you wish to, you can now just sit for a few minutes as the energies are unlocked for you. After this period of time, as you feel ready, you may wish to give thanks. The activation is now complete!

4) Understanding:

Once you have completed your activation, we ask that you now read through - ["Activation Codes and Suggested Timeframes"](#). This will only take around a minute or so and will help you to receive the maximum benefits from all of these healing energies, attunements and practices. After this, you are now ready to begin opening up and receiving these beautiful Harmoniser energies! May you enjoy these with much love & light and with an intention to benefit all beings.



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GET THE MOST CURRENT VERSION OF THE HARMONISER EBOOK!

Please note that this ebook is updated as further information comes to light, therefore before you begin, and periodically throughout your cleanse if you wish, please [visit our website](http://www.loveinspiration.org.nz) to check you have the most current version. The version number and date are listed in the bottom right hand corner of each page of the book and only the version on our website will always be the most current.

Welcome to
The Harmoniser



Divine Cleanse



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WE WARMLY WELCOME YOU TO THE HARMONISER:

It is with love & light that we welcome you to this unique opportunity to regain some sense of balance and harmony in your life!

As was described to us, The Harmoniser is a series of energetic frequencies that help us to restore balance and harmony within. It is a great remedy for people who find themselves in states of stress, strong emotion, distress, or any form of physical, emotional or spiritual imbalance.

As we re-balance and re-harmonise our energies, we allow ourselves to heal and thus, we are better able to walk forwards on our life path with more understanding and light. We create a more harmonious existence for both ourselves and for those around us! This is precisely what these harmonising energies aim to achieve.

These teachings can also help us to more deeply understand the idea that by creating harmony and peace within ourselves, we quite naturally radiate this vibration outward for all to benefit. In doing this kind of personal work and by finding our own inner balance, we are also helping the inter-connected love consciousness by radiating out this new understanding for all to benefit from.

May you enjoy finding your own balance and may these energies and teachings help to bring more harmony into your life. May you radiate this vibration outward for all to benefit from and may you move through this layer of healing with ease, grace and humility.



1. INTRODUCING THE HARMONISER:

The Harmoniser is a series of energetic frequencies brought through to us here on the earth plane to help us through what may be times of stress or imbalance. These are divine healing gifts brought through to us with love and with the intention to help us at this most crucial time of energetic transition.

In order to receive The Harmoniser energies, we call on or invoke the energies ourselves through the use of our intention and by using a series of symbols which we will discuss in more detail later on.

These practices can be completed within 3-6 days and depending on your own personal preferences, we suggest a daily practice time of around 20 - 30 minutes in total. Essentially, these practices require us to connect to and bring in these harmonising frequencies 3-4 times per day with each 'practice' taking around 5 minutes or so to complete.

In this way, you can see that we will be calling on the energies directly for ourselves and to help us understand how we do this, we first need to beautifully introduce the concept of working with 'symbols'.

For those of you who have never worked with symbols before or who haven't heard about the important role that symbols can play in energy based healing, we kindly ask you to refer to our [FAQ questions pages](#) on 'Using Symbols in Healing' as a precursor. Here we provide a full theoretical introduction to the concept of symbols and how they can help us in this type of energy based healing work.

Once we have this theoretical understanding, we can then start to understand how we can work more practically with these symbol techniques. You will find a detailed list of instructions for The

Harmoniser in the next section and to help you further in understanding some of these practical aspects of these teachings, we have also provided you with an appendix to this ebook - "Working With Symbols - A Practical Start Up Guide".

We hope that this additional information will help you to more deeply connect with these energies in your own unique way remembering that each person will likely have their own personal preferences when working with symbols. With all this in mind, let us now provide you with The Harmoniser information as it came through to us from a spiritual entity known as 'Orca'.



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Prior to receiving this information we had received a series of symbols (energetic frequencies) and these teachings were like the 'how to guide' for The Harmoniser. We hope you enjoy these words of wisdom from Orca:



“Use this [symbol] sequence on a regular basis during times of stress and imbalance (including hormonal imbalance for women) and allow the frequencies to heal and repair those energies within your system which are non-conforming.

The elements within this balance will help to heal past ideas and myths upon contemplation of why these imbalances occur (often repeatedly).

Take note of what feelings come to the surface for these are the patterns of healing and digestion.

Repeat this sequence for a period of 3-6 days during, before or even after an imbalance.

Use your intention to direct the healing energies. What lies without balance?

Those things that are still needing to be healed; this is a gift!

Use the balance 3-4 times per day and be sure to set your intention as to what you would like balanced.

If no intention is set then balance shall be restored to what the divine deems relevant (these may be things known or not consciously known by yourself.)

Allow yourself time to fall in and out of balance during this healing phase - it is a sign of progress to see some regression. Remember this. When energetic balance is restored, then harmony is rekindled. When there is harmony within - there is a radiance of harmony which benefits all!

These symbols are preferably to be used on plants and animals (us included) however may be extended to other living beings such as lakes, rivers, soil, the earth etc. These symbols do not apply to objects.

By restoring balance and harmony within, we help to create a level of harmonious existence; one of joyous and prevalent humility, compassion and peace. Help bring this closer to all by firstly benefitting yourself from this balance and then using it outwardly to help others to heal also.

People in states of strong emotion or at times of distress can be helped to 'unwind' using these energies.

We wish you well. Orca”



THE HARMONISER

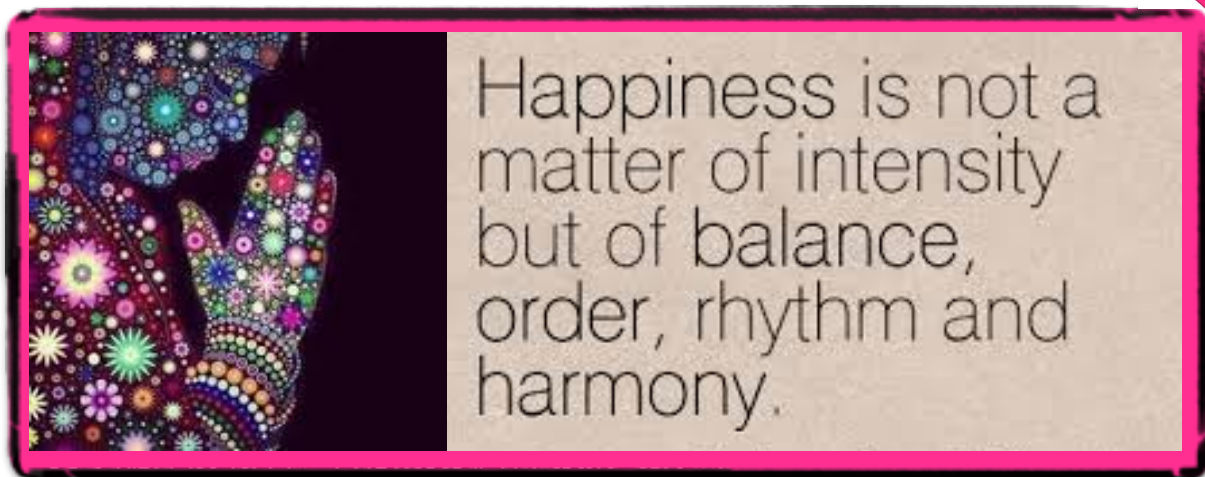
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As we can see from these loving words, the symbols are representative of energetic frequencies which when called on, help to provide balance, harmony and healing from within. As we heal and bring healing issues to the surface, thus we move closer to balance or harmony.

For those of you who are new to energy based healing, please be aware that in the days that you are doing this balancing work, you may feel some physical or emotional sensations as some of the old, unwanted energies clear away, shift or move from within you.

If you are clearing away a lot of old energies from within i.e. there is deep healing being done, then your body will need to work to clear these so as a result you may feel sluggish or tired. Others may feel some slight cold or flu symptoms as the energies clear. You can sometimes even get a few extra trips to the toilet if the energies are clearing in your lower chakras.

There may also be some emotional clearing happening from the attunement and / or your healing practices so just be mindful of this if you are experiencing any anger, sadness or other types of emotional unrest. This is what we refer to as the [Healing Crisis](#); please keep this in mind as you move through these next few days.



2. INSTRUCTIONS FOR RECEIVING THE HARMONISER:

As we've already mentioned, these teachings require that we call on or invoke The Harmoniser energies 3-4 times per days over a 3-6 day period. How long you choose to work with these energies for really does depend on your own personal preferences. You may like to begin by practising for 5 minutes or so each time and then build on the time as you feel appropriate.

As always, we suggest that you follow your own intuition as to the best decision for you. Some of you may wish to do these practices for the full 6 days whilst others may feel like they have received enough energy from these practices and choose to stop after only 3 days. There is no right or wrong answer here but only what feels right for you.

Before doing the practice, we also recommend that you have a good read through Appendix One: 'Working With Symbols - A Practical Start Up Guide' as this will help you to more deeply understand how you may actually go about working with these symbols for this practice.



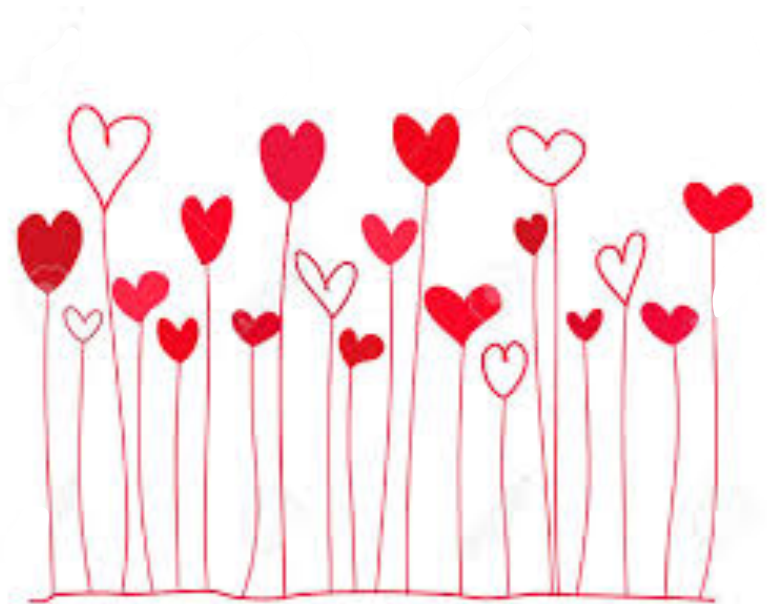
Let us now look at the process and symbol sequences that we will be required to work with as we call on the energies within The Harmoniser. The entire symbol sequence (eight steps) should be repeated each time.

NOTE: Before you begin, please ensure that you have activated (unlocked) The Harmoniser energies prior to commencing.

The activation / unlocking process is a simple 5 minute process which unlocks the energies and gives you access to them. Once you have unlocked the energies, this means that you have activated your Harmoniser cleanse specifically for you.

You are therefore then ready to continue your Cleansing journey by working through this ebook, at your own pace and receiving the energies as you feel guided.

If you have not yet activated / unlocked The Harmoniser energies for yourself, you may do this by following the instructions on Page III of this ebook.



Once you have activated (unlocked) the Harmoniser energies you are now able to proceed when you feel ready.

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Step 1 - Preparation:

Sit or lie down, whichever is more comfortable for you, ensuring that you will not be disturbed for at least 5 - 10 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

Step 2 - Set your intention:

Set your intention by placing the hands together, fingertips touching in prayer position whilst saying something like:



HANDS IN PRAYER POSITION



"With love and gratitude I ask for balance and harmony to be restored in (state areas of your body, life, work etc)..... So that I may move into a higher harmonious vibration for the benefit of all. Thankyou, thankyou, thankyou"

Please remember that the energies that you receive are in direct proportion to your intention that you set. Therefore if you expand your intention to benefit all, you are likely to receive more energies than if you just ask for your own benefit. All of the energies received are divinely guided and will go to where they are needed, however you are able to be as specific as you wish in setting your intention. Your intention may take you 5 seconds or 5 minutes depending on what you intend!

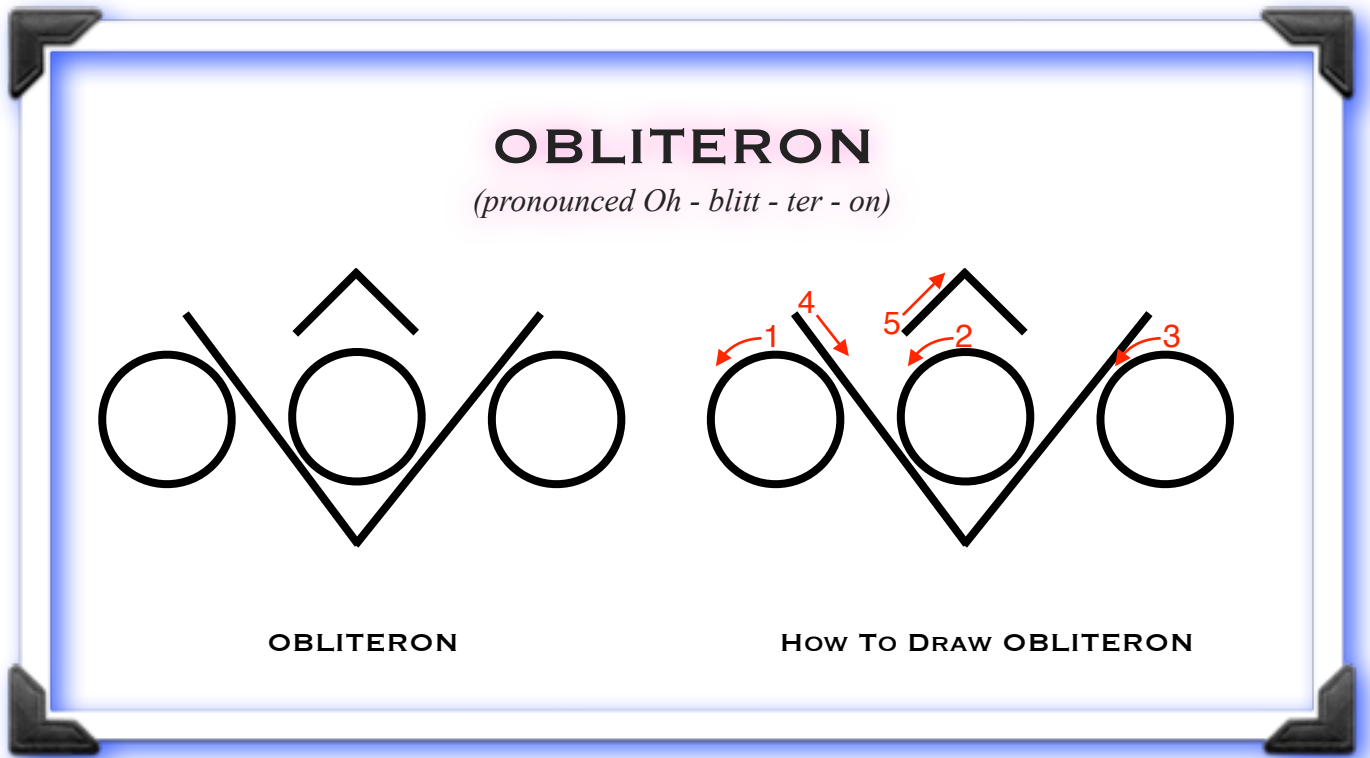
If you cannot think of anything that specifically requires assistance with then that's fine also. You are in very good hands with these deeply loving energies so please know that the energies will always flow to where they are most needed as determined by the 'divinely guided' aspects of this system.



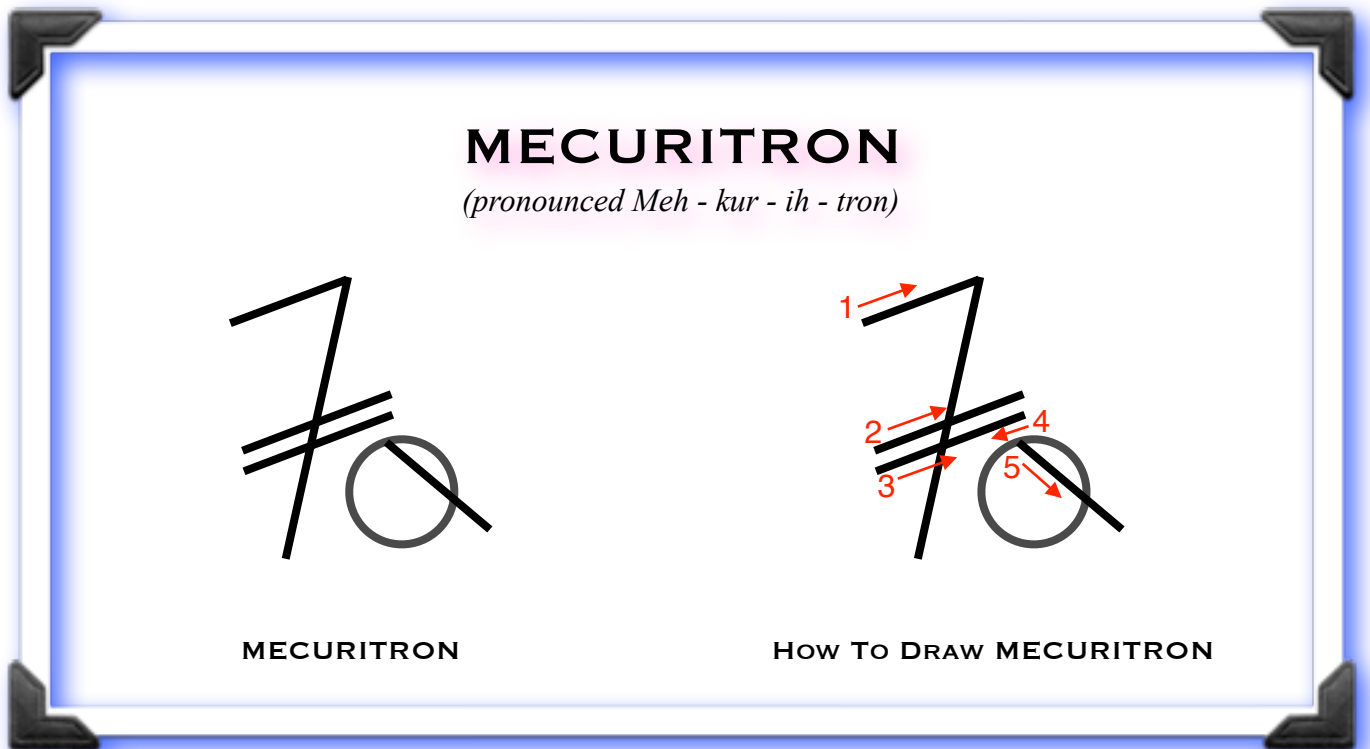
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Step 3 - Draw symbol 'Obliteron' and 'tap' into your Heart Chakra 3 times.

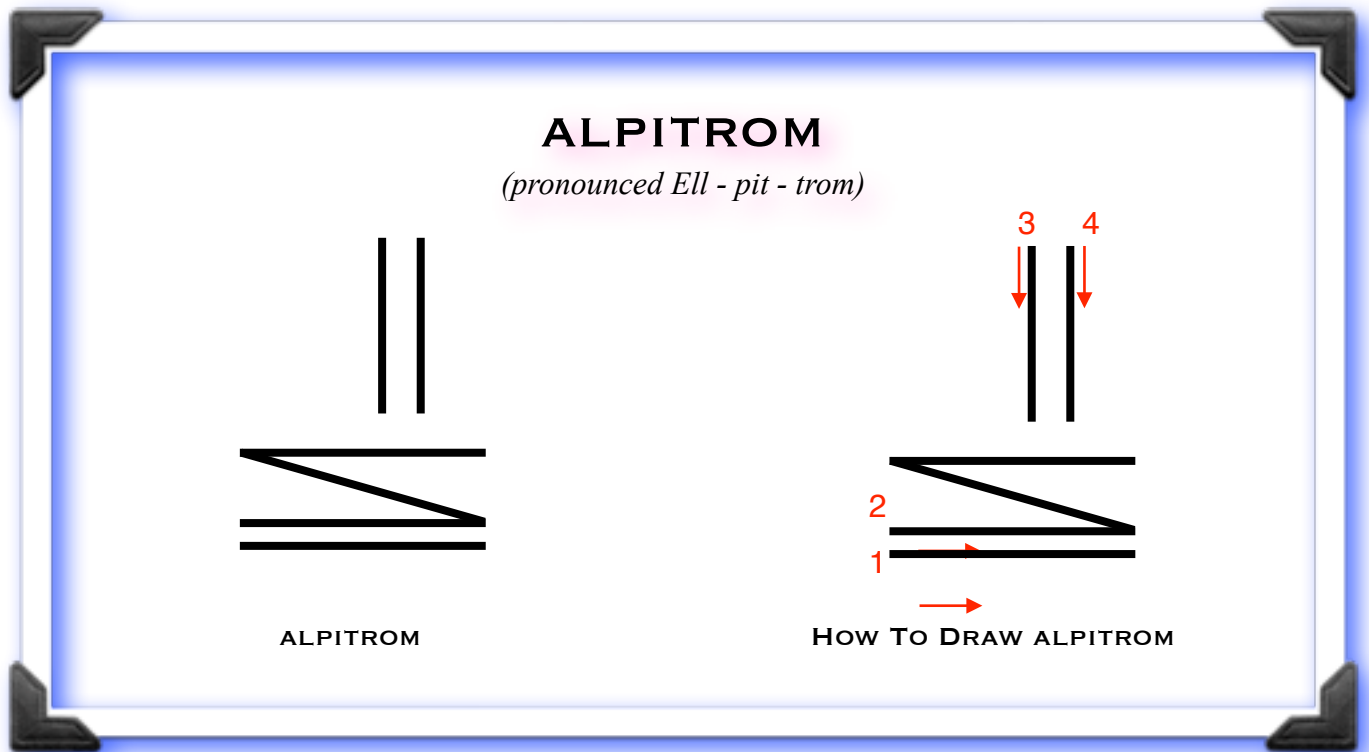
(Please note that you may refer to the appendix for more details on symbol practice wish)



Step 4 - Draw symbol 'Mecuritron' and 'tap' into your Heart Chakra 3 times.

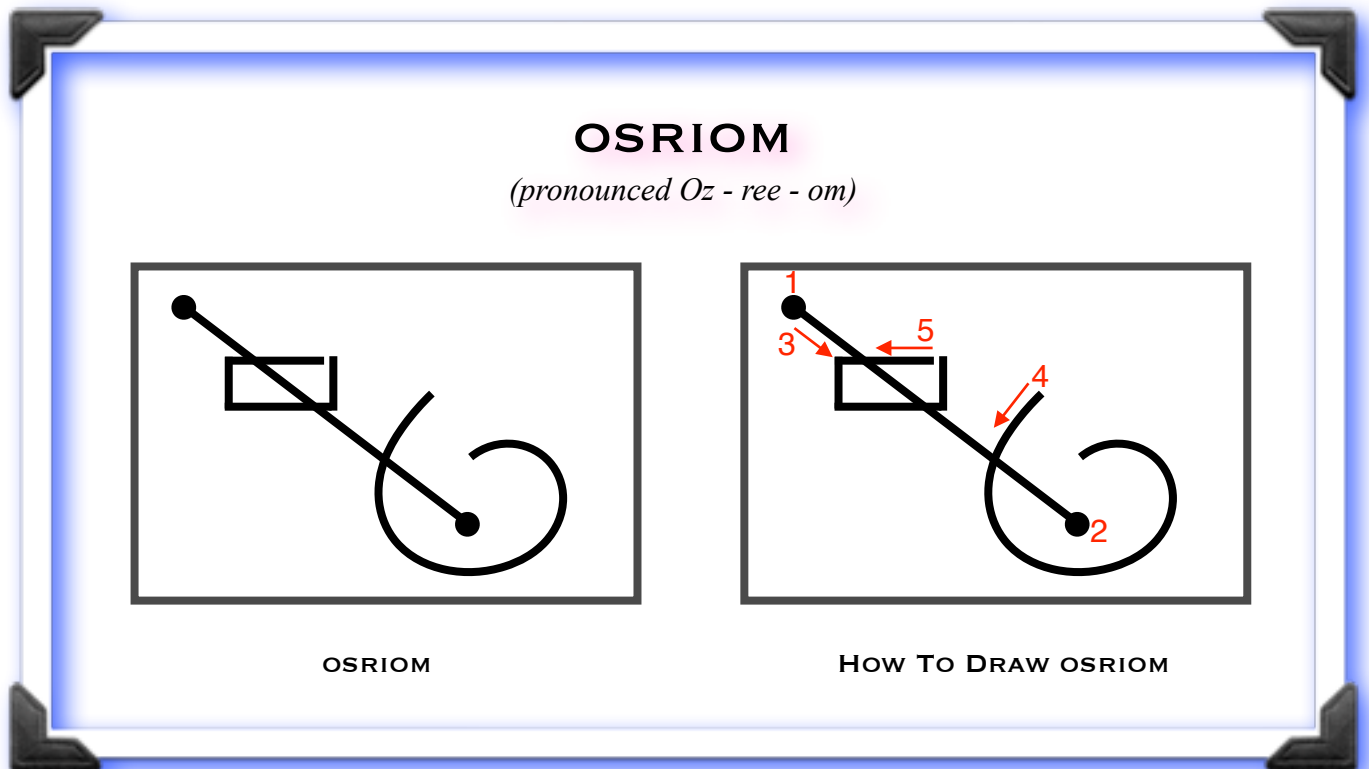


Step 5 - Draw symbol 'Alpitrom' and 'tap' into your Heart Chakra 3 times.



Sep 6 - Draw 'Osriom' and 'tap' into your Crown Chakra 3 times.

Repeat this step three times (tapping it in a total of nine times)



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Step 7 - Draw or visualise each of the following four symbols and intend that they be received by your whole body: Pysicra + Omina + Ellina + Horta

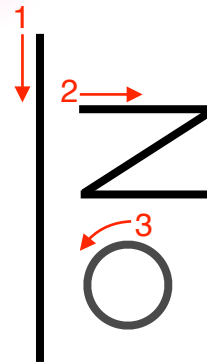
This step can be done in a few different ways but it is always our intention which is most important here. You may wish to visualise each symbol (one at a time or all together) the size of your whole body and allow the symbol to merge with you. Or you may wish to imagine all the symbols floating around your aura doing their work. As always, do what works best for you and if you wish to, you can refer to the more detailed 'working with symbols' appendix to assist you with step 7.

PYSICRA

(pronounced Piss - ih - kra)



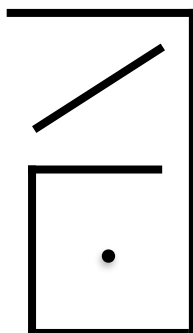
PYSICRA



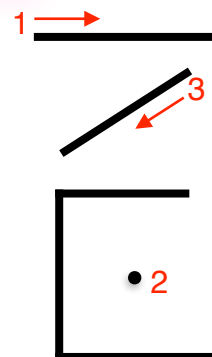
HOW TO DRAW PYSICRA

OMINA

(pronounced Omm - in - nah)



OMINA

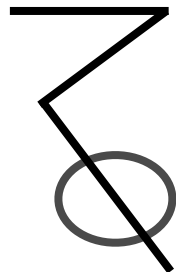


HOW TO DRAW OMINA

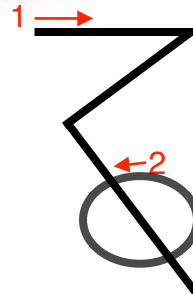
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ELLINA

(pronounced Ell - linn - nah)



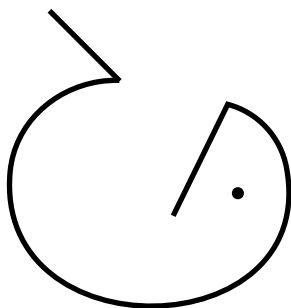
ELLINA



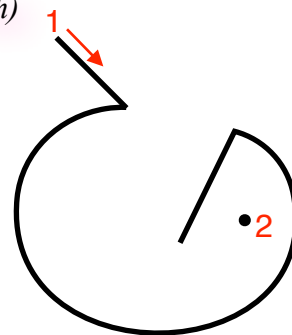
HOW TO DRAW ELLINA

HORTA

(pronounced Hor - tah)



HORTA



HOW TO DRAW HORTA

Step 8 - Closing:

To close our practice each time, it is normally a good idea to give thanks for that which we have received. To do this, you may wish to say something like:



"With love and gratitude I offer my sincerest thanks for receiving the energies of The Harmoniser. May these new energies help to balance and bring more harmony into my life for the benefit of all. Thankyou, Thankyou, Thankyou."

3. FINAL COMMENTS:

We hope that you have enjoyed receiving these harmonising energies and that they bring you closer to balance and harmony in your life. For those of you who wish to continue on your healing pathway with us, we invite you to re-visit our website where you can find much information about our teachings and their purpose - www.loveinspiration.org.nz.

We hope that these teachings and instructions have been clear for you to follow along with but if you have any questions or feedback, please be sure to let us know!

We hope to see you again in another of our online courses but for now we send you lots of love and wish you all the best in your harmonising practices!

May we all find balance, harmony and love in our lives both within ourselves and with each other. May this feeling of harmony spread throughout the cosmos so that all may benefit!

MARTY & GERRY DONNELLY

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Welcome to
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Appendices



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APPENDIX 1

WORKING WITH SYMBOLS - A PRACTICAL START UP GUIDE



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APPENDIX ONE

WORKING WITH SYMBOLS - A PRACTICAL START UP GUIDE

AN INTRODUCTION TO WORKING WITH SYMBOLS:

Working with symbols in healing and meditation provides a wonderful array of divine healing opportunities as they give us access to a larger selection of healing frequencies. Symbols are also very easy to practice with and give us a much added flexibility to our meditation and healing work.

This quick start up guide will focus largely on the practical aspects of how you might go about working with symbols to start bringing in these love & light filled healing frequencies.



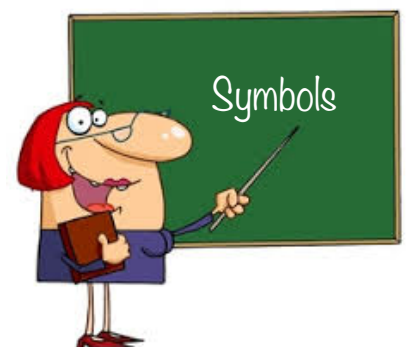
For those of you who have never heard of the idea of using 'symbols' before in meditation or healing, we would suggest to you to read our FAQ pages on "Using 'Symbols' In Healing". By understanding the theoretical aspects of working with symbols, we are better able to more deeply experience these energies in our meditation.

[Click here to visit our FAQ pages on 'Using Symbols In Healing'](#)

HOW SYMBOLS ARE NORMALLY TAUGHT:

Normally, when someone is being introduced to symbols, they are shown how to draw the symbol, they learn the name of the symbol and they are taught the technique for using that symbol in meditation & healing.

If you are reading this ebook, then you will have already been shown how to draw the symbol(s) and you will have been told it's/there sacred name(s). We now just need to learn about some of the techniques used to work with symbols in our meditation and healing so that we can start benefitting from these divinely healing energies.



A BASIC TECHNIQUE FOR WORKING WITH SYMBOLS IN MEDITATION:

Symbols bring higher sources of vibration into our healing and meditation practices. They can be thought of as being like very good friends. When we treat them with respect & love and connect with them on a regular basis, then they will be very happy with us and in return they will bring much love & light into our life.

The energetic frequencies which are being accessed through symbols are often of significantly higher vibration than we ourselves are vibrating at. As we merge with the frequencies embedded within the symbols through the techniques which we will describe below, we are then able to move closer towards their vibration. As we do this, we heal ourselves of energetic impurities from within as we move to higher and higher frequencies of love & light.

So, how do we start working with symbols?

Typically, when we work with symbols, we normally draw the symbol out, either mentally or with our index / middle finger of our preferred hand, above the area we are working with. Once we have done this, we simply tap it in 3 times whilst saying the sacred name silently to ourselves (3 times).

So, for example if we are putting the symbol into our Crown Chakra, we will firstly start by drawing the symbol out around 15 - 30cm above the Crown Chakra (top of the head) and once drawn, we will quite literally 'tap' this into our energy field (3 times) whilst saying the name each time we tap it in.



**PLACING SYMBOLS INTO THE
CHAKRAS IN MEDITATION**

If you are a beginner, this method of physically drawing and tapping can be quite effective until you reach a point where you feel comfortable doing this process mentally i.e. through meditation. This is probably the most commonly taught method of working with symbols and is very simple and easy to get started with:

- 1. Draw out the symbol over chakra / area of body you are working with (physically or mentally).***
- 2. Tap the symbol into the chakra / area of body 3 times whilst saying the sacred name 3 times (physically or mentally).***

We can imagine the symbols melting into our energy in the same way butter would melt into toast. With time we can start to *feel* the symbol as it enters our energy and we can also start to feel it's uniquely divine healing vibration.

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We should point out here that the tapping process does not need to be a physical tapping. This process works equally well (perhaps even more so) if we are able to intend or mentally tap these in as we progress in our practice. You will quickly feel what your preferences are as you start to work with symbols in a regular practice.

Please also be aware that your preferences may change as you progress forwards on this working with symbols journey. Perhaps you start with this physical tapping technique for a month or so and as you feel ready to, you move to a more meditative approach.

You might start with a very easy symbol meditation such as tapping in the symbol over and over again into your Crown Chakra whilst surrendering yourself to this divinely loving frequency. The more you open yourself to receiving, the more healing you will receive from the symbol. By working with the crown (or third eye) you are able to bring in the healing frequencies throughout the body. By working on these chakras, you are helping to work on your entire being.



AWAKENING OUR CHAKRAS WITH SYMBOLS

As you progress, you may wish to do this same tapping process for each of the chakras. You could 'tap' all the symbols into each of your chakras and then pause for a moment to feel the blissfulness and then continue to tap in symbols through your crown or Third Eye Chakra. You might find that the process of putting the symbols into your other chakras first helps to lubricate or clear a channel so that you can be more effective.

As always, please listen to your own intuition and do what feels right for you, in your own time and as you feel ready. The key here is to be loving and patient with yourself as you start out with these practices. For those experienced in working with symbols, you will probably already know that there are many, many variations which stem from these basic 'tapping' techniques.

ADDITIONAL WAYS THAT WE CAN WORK WITH SYMBOLS IN MEDITATION:

Now that we are armed with a basic symbol technique, we can perhaps discuss some additional ways of working with these symbols in our healing and meditation. These additional techniques simply give us some variety with our practice and may help to invoke the energies in such a way that we feel more strongly.

We would always suggest that you work with techniques and practices that bring you higher and more blissful states of vibration. When we can feel these deep states of inner peace, stillness and love-filled energies in meditation, there is most certainly some very deep healing being done.

Ok so firstly, you can try experimenting with the 'tapping' aspects of the basic technique outlined above. Perhaps try tapping the symbols in 7 times or 11 times (instead of 3) as you wish. You may also wish to try tapping these symbols in many times over (more than 11) in order to create additional healing vibrations.



The number 3 is often held as sacred and it is thought to bring the abundance of these energies into physical manifestation. The number 7 is also a good number to work with and 11 is considered by many to be the golden number. You can choose to work with these numbers or any multiple thereof however equally so, this may be too much to focus on during the meditative practice in which case you may just wish to continually tap in the symbol as you feel appropriate.

As you progress also, the tapping process can almost become like you are visualising or intending for the symbol to enter you many times over without any need for a physical or mental 'tapping' process. For example, let's say that the symbol is to be placed into your Third Eye Chakra. You would draw the symbol out, either mentally or physically and then simply imagine, visualise or intend that the symbol's vibration is continually flowing into your energy field.

As you do this, you may tap, tap & tap or imagine, visualise and intend until you can start to feel the vibrations really moving in through your Third Eye Chakra and into your whole body. Over some minutes perhaps, you may feel the symbol's vibration as it flows through your entire energy field for the best possible healing result.

Equally, we could also imagine the symbol just above our third eye. Rather than drawing it out, we can simply visualise it there; perhaps it is made up of white light, shining beautifully, powerfully and very brightly. From here we can 'tap' this into our chakra or body part (as required).

Perhaps you just wish to receive the light directly from the symbol as it sits so iridescently above your Third Eye or Crown Chakra. The divine healing vibrations are entering your chakra and filling up your whole body.



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Another option could be to visualise or intend many little symbols entering the chakra / body part you are working with. You just need to open up and surrender to the healing power of the symbol to receive the magical vibrations of love and light.

In addition to this, another way to work with symbols in meditation is to simply imagine a very large symbol vibrating and shining from within us. The symbol in this case may be as large as say your whole body. Just keep your meditative concentration focused on the visual aspects of the symbol whilst continuously saying its sacred name.



As we do this, for say 5 minutes, the energetic vibrations may deepen and deepen for us. We can even add in here the wish that the symbol shines for all beings in the world, the universe or the cosmos as you wish to.

We can also combine some of these techniques together. For example, you may be working with your Crown Chakra or your Third Eye Chakra and drawing and tapping many times over. After some time, say 3-5 minutes, you may find that you can now feel energies starting to fill your body at which point you may wish to now start working with a big symbol, intending that it shine for all.

Most commonly, it is the feelings of surrender, opening up, letting go, gratitude, love, compassion and the altruistic intention which will help you in any symbol based practices. Visualisation, meditative concentration and the strength or purity of your intention also helps to strengthen our practice.

Again, there are many different ways that we can work with symbols in healing and meditation and we hope that these words and techniques will inspire your own divinely guided practice for the benefit of all. This is all part of the fun - to create and grow in a way which brings your practice to life. This can often be a very empowering part of your practice.

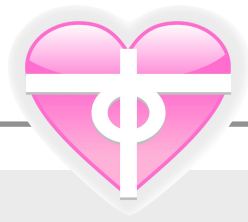
Please note that the techniques described here are some of the more popular or widely taught techniques. There are also many others not mentioned, however with our own unique gifts we can each create our own unique techniques!

We share these with you with love and with the hope that you can use these techniques to bring yourself to higher and more harmonious states of being. We congratulate you on taking this most beautiful step into healing with symbols and we thank you for your continued service to the light.

With Love Inspired Blessings,

MARTY & GERRY DONNELLY
LOVE INSPIRATION





WOULD YOU LIKE TO HELP?

YOU HAVE RECEIVED THESE ENERGIES AND TEACHINGS FREELY AND WITH LOVE DUE TO THE HUMBLE AND ALTRUISTIC GRACE OF OUR SPONSORS, TEACHERS & TRANSLATORS. IF YOU HAVE ENJOYED THESE ENERGIES AND WOULD LIKE TO HELP MAKE THEM CONTINUALLY AND FREELY AVAILABLE FOR OTHERS TO HEAL, GROW AND AWAKEN FROM, WE LOVINGLY INVITE YOU TO HELP IN THE FOLLOWING WAYS:

- 💖 [SPONSOR AN EBOOK](#)
- 💖 [MAKE A DONATION](#)
- 💖 [SHARE WITH OTHERS](#)
- 💖 [BECOME A TEACHER](#)
- 💖 [TRANSLATE FOR OTHERS](#)
- 💖 [WRITE A TESTIMONIAL](#)
- 💖 [HELP US IMPROVE](#)

YOUR HELP ENABLES LOVE INSPIRATION TO CONTINUE OFFERING EBOOKS AND COURSES FREELY FOR THE INFINITE BENEFIT OF ALL.

BLESSINGS & THANKYOU,
MARTY & GERRY

THE HARMONISER
DIVINE CLEANSE

**MAY ALL MERIT ACCUMULATED FROM THIS CLEANSE
BE USED FOR THE BENEFIT OF ALL**

May all be absolutely & infinitely happy and free from suffering.