

Essiocc



Master Level Symbols

Love Inspiration



*Love Inspiration*

*Learn • Heal • Awaken*

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DEDICATED TO MAITRI GURU,  
FOR THE INFINITE BENEFIT OF ALL.

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***Please ensure that before you begin this Master Level Symbols course you:***

- 1) Are a Master of one healing system (i.e. have completed and become a Master of Divine Light, Kundalini Reiki, Karuna Reiki, Celestine Reiki etc)

OR

Have completed Pathway To Light - The Golden Mile

- 2) Have activated (unlocked) the Essiocc Master Level Symbol energies and attunement using the activation code & instructions on the next page.

***Once you have unlocked the energies, you are ready to begin.***

***With love, we wish you well on your Essiocc Master Level Symbols journey!***

If you have not already done so, please feel free to [sign up for free Ascension Healing](#) to help you on your Master Level Symbols journey.



## ACTIVATING (UNLOCKING) THE ESSIOCC ENERGIES:

Before opening up to these beautiful Master Level Symbol energies, it is very important that you firstly activate or 'unlock' the energies and attunement in this ebook. Once this is completed, you will then be ready to begin!

The activation is a very simple process, done by yourself, using a specially embedded activation code to 'unlock' the energies in this ebook. The four step process is outlined below and should only take you around five minutes or so to complete.

(For more information about the activation codes or the activation process - please visit our [Activation Codes FAQ's](#)).



### 1) Preparation:

Please sit or lie down, whichever is more comfortable for you, and ensure that you will not be disturbed for at least 5 minutes or so. Perhaps you wish to play some soothing or relaxing music, light some candles or burn some incense to create a nice ambience.

### 2) Invocation:

Invoke the activation ('unlocking') by placing your hands together, fingertips touching in prayer position and saying the following:



**"With infinite grace, I ask humbly and clearly to activate the energies and attunement for Essiocc. With the unique activation code 80442145 may this be so. May this activation benefit all beings. Thankyou, thankyou, thankyou."**

### 3) Receiving:

If you wish to, you can now just sit for a few minutes as the energies are unlocked for you. After this period of time, as you feel ready, you may wish to give thanks. The activation is now complete!

### 4) Understanding:

Once you have completed your activation, we ask that you now read through - ["Activation Codes and Suggested Timeframes"](#). This will only take around a minute or so and will help you to receive the maximum benefits from all of these healing energies, attunements and practices. After this, you are now ready to begin opening up and receiving these beautiful Master Level Symbol energies! May you enjoy these with much love & light and with an intention to benefit all beings.



**ESSIOCC**  
MASTER LEVEL SYMBOLS

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**GET THE MOST CURRENT VERSION OF THE ESSIOCC EBOOK!**

Please note that this ebook is updated as further information comes to light, therefore before you begin, and periodically throughout your practices if you wish, please [visit our website](#) to check you have the most current version. The version number and date are listed in the bottom right hand corner of each page of the book and only the version on our website will always be the most current.

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**MASTER LEVEL SYMBOLS**  
**ESSIOCC - THE UNIFICATION OF ALL**

**WELCOME TO THIS MASTER LEVEL SYMBOLS COURSE:**

It is with much love & light that we welcome you to these most delightful and significant vibrations of Essiocc. Through this Master Level Symbols course, it is our intention to share these truly expansive, unifying and peaceful energies with you for the benefit of all!

Through our own experiences, we have found this symbol to be a powerful healing light, bringing with it a deeper understanding of unity, balance and love. These healing energies can be used in a variety of healing & meditation situations making it a pleasure and honour to receive and share with others.

May you enjoy these beautiful vibrations of Essiocc and may they bring much balance, harmony and love into your life!



## 1. AN INTRODUCTION TO ESSIOCC - THE UNIFICATION OF ALL:

With our planet being in desperate need of unification, peace, balance and harmony, this symbol Essiocc (*pronounced ess - eee - ock*) has been brought through by a series of "Higher Consciousness" to aid the growth & expansion of these unifying frequencies.

As the Guides explained, our own personal imbalances & darker energies affect our earth, our reality and that of the collective consciousness. This master symbol Essiocc helps to bring the energies of peace, unification & harmony to wherever the symbol is used and intended. Essiocc means "the unification of all".

It helps to restore balance, bring peace and a subtle energetic harmony where there is currently imbalance or destruction. The symbol also brings strengthening and expansion to peaceful and loving energies that are already in place and can therefore be used in a variety of different situations for great benefit!

Overall, this symbol can be used anywhere there is any form of separation in order to bring about a **vibrationally higher equilibrium of unification** for the betterment of all.



## 2. INSTRUCTIONS FOR RECEIVING YOUR ESSIOCC ATTUNEMENT:

To start with, please ensure that you have satisfied the necessary prerequisites for this course as mentioned on page II of this ebook. This will help to ensure that you get the most out of these energies and so that you can be energetically ready to receive these deeply unifying & peaceful frequencies.

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**NOTE: Before you receive your attunement, please ensure that you have activated (unlocked) the Essiocc energies prior to commencing.**

**The activation / unlocking process is a simple 5 minute process which unlocks the energies and gives you access to them. Once you have unlocked the energies, this means that you have activated your Essiocc attunement and energies, specifically for you. You are therefore then ready to continue your Essiocc journey by working through this ebook, at your own pace and receiving the energies as you feel guided.**

**If you have not yet activated / unlocked the Essiocc energies for yourself, you may do this by following the instructions on Page III of this ebook.**

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Once you have activated (unlocked) the energies, you are now ready to receive your attunement by invoking or calling on these attuning energies. This can be done in your own time and space and is something that is normally very peaceful & relaxing.

And again, the attunement should be received *before* progressing to the healing practices as the attunement will help you to open up your consciousness to these Heartfulness energies so that you can then call on them whenever you wish to in your healing & meditation work. For more information about the attunement process, please refer to our [FAQ's page](#)).

And lastly, you will only need to receive this attunement once, regardless of how you feel during your attunement. After this, you will be able to call on this Master healing symbol anytime you wish to help bring about the necessary re-balancing, peace and harmony in both yourself and others. Wonderful, now lets get started!



Normally, we suggest reading through the below material first so that you have an understanding of the attunement process before actually starting. It is our experience that this can help to bring more peace, open-ness and relaxation to the attunement process as you are more familiar with it. There are four steps to receiving this Essiocc attunement:

1. Preparation (a few minutes or as long as you wish)
2. The Invocation (2 minutes)
3. The Symbol Essiocc (25 minutes)
4. The Closing (2 minutes)

■ **1. Preparation:**

Sit or lie down, whichever is more comfortable for you, ensuring that you will not be disturbed for at least 30 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.



■ **2. Invoke the Essiocc attunement:**

As you feel ready to do so, you may now invoke your attunement, remembering that your intention is paramount. To activate your attunement, simply say the following intention (or similar - use words to suit you!) either out loud or in your head:

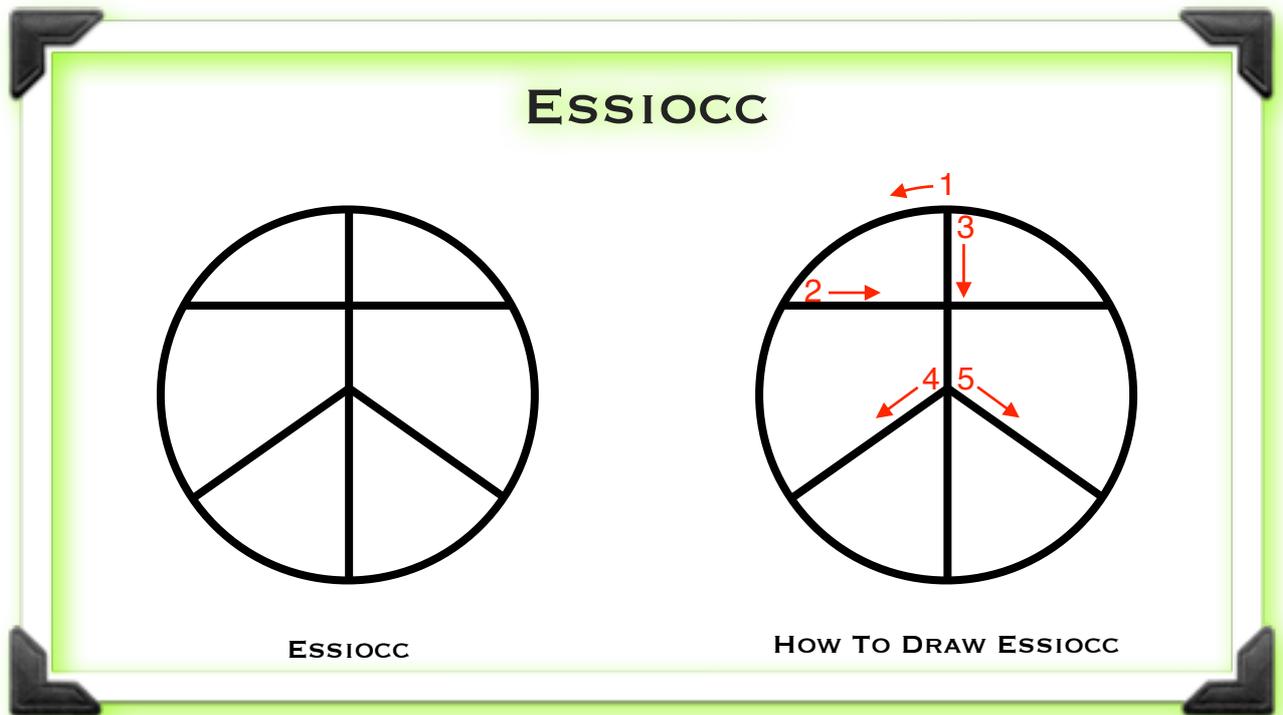


**"I open to the Universal Peace Consciousness and on behalf of  
all beings, accept this Essiocc attunement with the  
intention of bringing unification to our earth.  
Thankyou, thankyou, thankyou."**

■ **3. The symbol “Essiocc”:**

Visualise the symbol Essiocc (*pronounced Ess - see - ock*) coming into your Crown Chakra for 25 minutes. During this time, simply open up to receive the divine love and healing light that will follow with love and gratitude. You may also wish to crystallise your intention clearly to open to the Universal Peace Consciousness, with love - for the absolute and infinite benefit of all.

*\*\* If you are unsure about how to work with symbols or you would like to refresh your memory, we have included a basic guide to working with symbols in Appendix One of this ebook.*



■ **4. Closing the attunement:**

Once you feel like you are ready to finish your attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself for the 25 minutes, you are now ready to say thank you for that which has been received. You may wish to say something like:



**“With the unification of all in my heart I give my sincerest  
thanks for receiving this attunement and may I expand  
and radiate these unification frequencies for the benefit of all.  
Thankyou, Thankyou, Thankyou.”**

For some of you, you may wish to fold your hands into prayer position as you say both the invocation and your closing statements. In many eastern traditions, holding the hands in prayer position is something which is used to show respect to the Divine forces being worked with. We would suggest that you do whatever feels right for you. It is always our intention or perhaps the feelings behind our invocation and closing statements which is most important.

### 3. USING THE SYMBOL ESSIOCC:

The symbol Essiocc is a truly wonderful Master Symbol to work with because of its many uses! And as mentioned previously, it can be used for bringing unification, balance, harmony, peace and for strengthening also.

Drawing the symbol is powerful on its own, however when used in conjunction with a strong intention, it is *infinitely* powerful. Please remember that your intention is super important and that you will receive energy directly proportional to the setting of your intention.

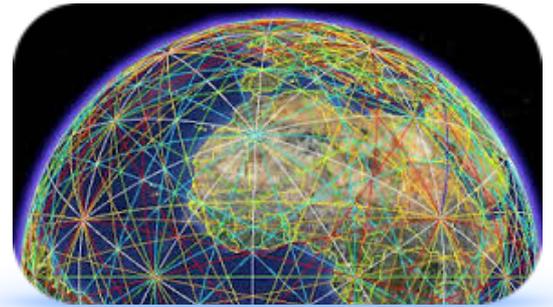
In other words, the stronger, purer or more expansive the intention to benefit all, the more energy you will receive towards this pursuit.

The guides instructed that this symbol can be used in four main ways:

#### 1. Drawn over two or more people, countries or things to bring unification, balance and harmony for the betterment of all.

For example:

- ♥ Draw over yourself and a person you had a past relationship with in order to help heal it
- ♥ Draw over current relationships to help strengthen them
- ♥ Draw over people, cities, countries that are fighting or at war, or not working well together
- ♥ Draw over animals and humans to help unite them and bring harmony
- ♥ Draw over rain forests and humans
- ♥ To be even more expansive, draw over the whole earth or even the whole cosmos to bring unification to all



#### 2. Drawn over places of peace and love in order to strengthen their unification energies.

For example:

- ♥ Draw over churches, temples, peace pagoda's etc to heighten and strengthen the energies

#### 3. Drawn over places of imbalance to restore harmony and balance.

For example:

- ♥ Draw over the mind and/or body to help depression or mental imbalances
- ♥ Draw over reproductive areas to bring balance to hormones
- ♥ Draw over parts of the body where there is illness

#### 4. Draw the symbol anywhere there is 'separation' or perceived separation in order to bring peace, understanding and unity.

For example:

- ♥ Draw over a person and their deceased parent, family member or friend.
- ♥ Draw over a grandparent and their grandchildren in overseas countries

So as you can see, these four categories bring a whole range of different uses into the meditative and healing spectrum so please always be guided by your own divine inner knowing and your intuition for how to use the symbol in any give situation.

And again, these energies are incredibly expansive and will always respond very beautifully to an altruistic or benevolent intention - please always set your intention widely to benefit all when using this symbol and you shall be rewarded!



#### 4. FINAL COMMENTS:

And with this, we come to the end of our Essiocc Master Symbol course - we truly hope that you have enjoyed receiving these Essiocc energies and we hope that you will continue enjoying this magical and beautiful healing symbol for the benefit of all.

At this level of consciousness, you are a truly wonderful healing light and we hope that you will continue to help us all evolve to a higher and more harmonious state of existence! If you wish to, you may call on any of our other [Master Level symbols courses](#) or perhaps start or continue working through our [Ascension Pathways](#).

It is with all of our love and light that we wish you all the best for your onward healing journey and may it be of great service and benefit to the collective consciousness.

*With deepest and humblest gratefulness, we thank you for your practice in helping to bring The Unification Of All into manifestation. May you enjoy your Essiocc practice and may it bring you and our entire cosmos the balance, health and restoration of unification that it so infinitely needs.*

*With Divine Essiocc Unification,*

**MARTY & GERRY DONNELLY**

**LOVE INSPIRATION**





## WOULD YOU LIKE TO HELP?

YOU HAVE RECEIVED THESE ENERGIES AND TEACHINGS FREELY AND WITH LOVE DUE TO THE HUMBLE AND ALTRUISTIC GRACE OF OUR SPONSORS, TEACHERS & TRANSLATORS. IF YOU HAVE ENJOYED THESE ENERGIES AND WOULD LIKE TO HELP MAKE THEM CONTINUALLY AND FREELY AVAILABLE FOR OTHERS TO HEAL, GROW AND AWAKEN FROM, WE LOVINGLY INVITE YOU TO HELP IN THE FOLLOWING WAYS:

- ♥ [SPONSOR AN EBOOK](#)
- ♥ [MAKE A DONATION](#)
- ♥ [SHARE WITH OTHERS](#)
- ♥ [BECOME A TEACHER](#)
- ♥ [TRANSLATE FOR OTHERS](#)
- ♥ [WRITE A TESTIMONIAL](#)
- ♥ [HELP US IMPROVE](#)

YOUR HELP ENABLES LOVE INSPIRATION TO CONTINUE OFFERING EBOOKS AND COURSES FREELY FOR THE INFINITE BENEFIT OF ALL.

BLESSINGS & THANKYOU,  
MARTY & GERRY

*Welcome to*  
**Essiocc**



**Appendices**



**APPENDIX 1**  
**WORKING WITH SYMBOLS**  
**- A PRACTICAL START UP GUIDE**



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## APPENDIX ONE

### WORKING WITH SYMBOLS - A PRACTICAL START UP GUIDE

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#### AN INTRODUCTION TO WORKING WITH SYMBOLS:

Working with symbols in healing and meditation provides a wonderful array of divine healing opportunities as they give us access to a larger selection of healing frequencies. Symbols are also very easy to practice with and give us a much added flexibility to our meditation and healing work.

This quick start up guide will focus largely on the practical aspects of how you might go about working with symbols to start bringing in these love & light filled healing frequencies.

For those of you who have never heard of the idea of using 'symbols' before in meditation or healing, we would suggest to you to read our FAQ page on working with symbols. By understanding the theoretical aspects of working with symbols, we are better able to more deeply experience these energies in our meditation.

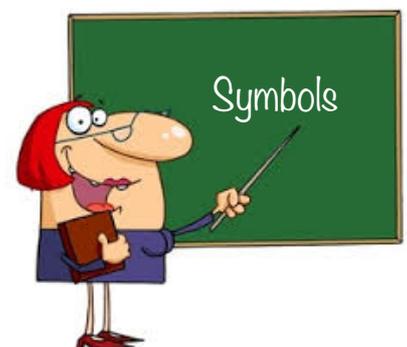


[Click here to visit our FAQ pages 'Using Symbols in Healing'](#)

#### HOW SYMBOLS ARE NORMALLY TAUGHT:

Normally, when someone is being introduced to symbols, they are shown how to draw the symbol, they learn the name of the symbol and they are taught the technique for using that symbol in meditation & healing.

If you are reading this manual, then you will have already been shown how to draw the symbol(s) and you will have been told it's/there sacred name(s). We now just need to learn about some of the techniques used to work with symbols in our meditation and healing so that we can start benefitting from these divinely healing energies.



## **A BASIC TECHNIQUE FOR WORKING WITH SYMBOLS IN MEDITATION:**

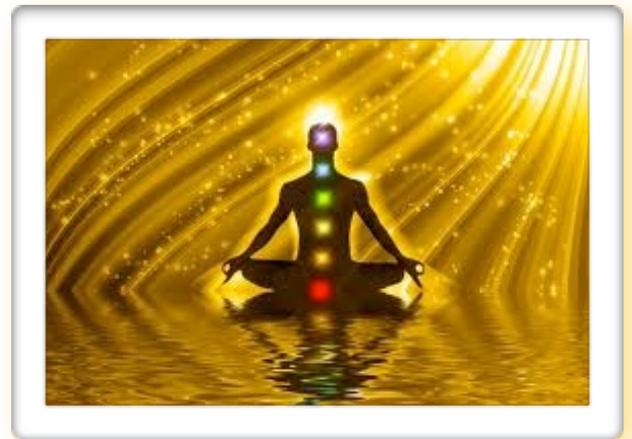
Symbols bring higher sources of vibration into our healing and meditation practices. They can be thought of as being like very good friends. When we treat them with respect & love and connect with them on a regular basis, then they will be very happy with us and in return they will bring much love & light into our life.

The energetic frequencies which are being accessed through symbols are often of significantly higher vibration than we ourselves are vibrating at. As we merge with the frequencies embedded within the symbols through the techniques which we will describe below, we are then able to move closer towards their vibration. As we do this, we heal ourselves of energetic impurities from within as we move to higher and higher frequencies of love & light.

### **So, how do we start working with symbols?**

Typically, when we work with symbols, we normally draw the symbol out, either mentally or with our index / middle finger of our preferred hand, above the area we are working with. Once we have done this, we simply tap it in 3 times whilst saying the sacred name silently to ourselves (3 times).

So, for example if we are putting the symbol into our crown chakra, we will firstly start by drawing the symbol out around 15 - 30cm above the crown chakra (top of the head) and once drawn, we will quite literally 'tap' this into our energy field (3 times) whilst saying the name each time we tap it in.



**PLACING SYMBOLS INTO THE  
CHAKRAS IN MEDITATION**

If you are a beginner, this method of physically drawing and tapping can be quite effective until you reach a point where you feel comfortable doing this process mentally i.e. through meditation. This is probably the most commonly taught method of working with symbols and is very simple and easy to get started with:

- 1. Draw out the symbol over chakra / area of body you are working with (physically or mentally).***
- 2. Tap the symbol into the chakra / area of body 3 times whilst saying the sacred name 3 times (physically or mentally).***

We can imagine the symbols melting into our energy in the same way butter would melt into toast. With time we can start to *feel* the symbol as it enters our energy and we can also start to feel it's uniquely divine healing vibration.

We should point out here that the tapping process does not need to be a physical tapping. This process works equally well (perhaps even more so) if we are able to intend or mentally tap these in as we progress in our practice. You will quickly feel what your preferences are as you start to work with symbols in a regular practice.

Please also be aware that your preferences may change as you progress forwards on this working with symbols journey. Perhaps you start with this physical tapping technique for a month or so and as you feel ready to, you move to a more meditative approach.

You might start with a very easy symbol meditation such as tapping in the symbol over and over again into your crown chakra whilst surrendering yourself to this divinely loving frequency. The more you open yourself to receiving, the more healing you will receive from the symbol. By working with the crown (or third eye) you are able to bring in the healing frequencies throughout the body. By working on these chakras, you are helping to work on your entire being.



**AWAKENING OUR CHAKRAS WITH SYMBOLS**

As you progress, you may wish to do this same tapping process for each of the chakras. You could 'tap' all the symbols into each of your chakras and then pause for a moment to feel the blissfulness and then continue to tap in symbols through your crown or third eye chakra. You might find that the process of putting the symbols into your other chakras first helps to lubricate or clear a channel so that you can be more effective.

As always, please listen to your own intuition and do what feels right for you, in your own time and as you feel ready. The key here is to be loving and patient with yourself as you start out with these practices. For those experienced in working with symbols, you will probably already know that there are many, many variations which stem from these basic 'tapping' techniques.

### ADDITIONAL WAYS THAT WE CAN WORK WITH SYMBOLS IN MEDITATION:

Now that we are armed with a basic symbol technique, we can perhaps discuss some additional ways of working with these symbols in our healing and meditation. These additional techniques simply give us some variety with our practice and may help to invoke the energies in such a way that we feel more strongly.

We would always suggest that you work with techniques and practices that bring you higher and more blissful states of vibration. When we can feel these deep states of inner peace, stillness and love-filled energies in meditation, there is most certainly some very deep healing being done.

Ok so firstly, you can try experimenting with the 'tapping' aspects of the basic technique outlined above. Perhaps try tapping the symbols in 7 times or 11 times (instead of 3) as you wish. You may also wish to try tapping these symbols in many times over (more than 11) in order to create additional healing vibrations.



The number 3 is often held as sacred and it is thought to bring the abundance of these energies into physical manifestation. The number 7 is also a good number to work with and 11 is considered by many to be the golden number. You can choose to work with these numbers or any multiple thereof however equally so, this may be too much to focus on during the meditative practice in which case you may just wish to continually tap in the symbol as you feel appropriate.

As you progress also, the tapping process can almost become like you are visualising or intending for the symbol to enter you many times over without any need for a physical or mental 'tapping' process. For example, let's say that the symbol is to be placed into your third eye chakra. You would draw the symbol out, either mentally or physically and then simply imagine, visualise or intend that the symbol's vibration is continually flowing into your energy field.

As you do this, you may tap, tap & tap or imagine, visualise and intend until you can start to feel the vibrations really moving in through your third eye chakra and into your whole body. Over some minutes perhaps, you may feel the symbol's vibration as it flows through your entire energy field for the best possible healing result.

Equally, we could also imagine the symbol just above our third eye. Rather than drawing it out, we can simply visualise it there; perhaps it is made up of white light, shining beautifully, powerfully and very brightly. From here we can 'tap' this into our chakra or body part (as required).

Perhaps you just wish to receive the light directly from the symbol as it sits so iridescently above your third eye or crown chakra. The divine healing vibrations are entering your chakra and filling up your whole body.



Another option could be to visualise or intend many little symbols entering the chakra / body part you are working with. You just need to open up and surrender to the healing power of the symbol to receive the magical vibrations of love and light.

In addition to this, another way to work with symbols in meditation is to simply imagine a very large symbol vibrating and shining from within us. The symbol in this case may be as large as say your whole body. Just keep your meditative concentration focused on the visual aspects of the symbol whilst continuously saying its sacred name.



As we do this, for say 5 minutes, the energetic vibrations may deepen and deepen for us. We can even add in here the wish that the symbol shines for all beings in the world, the universe or the cosmos as you wish to.

We can also combine some of these techniques together. For example, you may be working with your crown chakra or your third eye chakra and drawing and tapping many times over. After some time, say 3-5 minutes, you may find that you can now feel energies starting to fill your body at which point you may wish to now start working with a big symbol, intending that it shine for all.

Most commonly, it is the feelings of surrender, opening up, letting go, gratitude, love, compassion and the altruistic intention which will help you in any symbol based practices. Visualisation, meditative concentration and the strength or purity of your intention also helps to strengthen our practice.

Again, there are many different ways that we can work with symbols in healing and meditation and we hope that these words and techniques will inspire your own divinely guided practice for the benefit of all. This is all part of the fun - to create and grow in a way which brings your practice to life. This can often be a very empowering part of your practice.

Please note that the techniques described here are some of the more popular or widely taught techniques. There are also many others not mentioned, however with our own unique gifts we can each create our own unique techniques!

*We share these with you with love and with the hope that you can use these techniques to bring yourself to higher and more harmonious states of being. We congratulate you on taking this most beautiful step into healing with symbols and we thank you for your continued service to the light.*

*With Love Inspired Blessings,*  
**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**



**FOR THE INFINITE BENEFIT OF ALL**

May all find pure Love and be absolutely & infinitely happy and free from suffering.