

The Advanced Syon Cleanse



Divine Cleanse

Love Inspiration & Maitri Foundation

THE ADVANCED SYON CLEANSE
DIVINE CLEANSE



Love Inspiration
Learn • Heal • Awaken

FOR THE INFINITE BENEFIT OF LIBERATING ALL.



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Prerequisites For This Ebook



Welcome!

Please ensure that before you begin The Advanced Syon Cleanse you:

- 1) Have completed either of the [Ascension Pathway](#) ebooks:
 - a) The Unified Pathway To Light (Master Level) OR
 - b) The Pathway To Light (Volume 3 - New Blue Moon)
- 2) Have completed The Syon Cleanse.
- 3) Have activated (unlocked) The Advanced Syon Cleanse energies and attunement using the activation code & instructions on the next page.

Once you have unlocked the energies, you are ready to begin.

With love, we wish you well on your Advanced Syon Cleanse journey!

Helpful Resources For This Ebook

[Sign up for free monthly Ascension Healing \(sent on the 11th of the month\)](#)

[Join the Love Inspiration Community Facebook Group](#)

[Download the Love Inspiration Handbook as an accompaniment to this ebook](#)

[Visit our Free Music & Relaxation webpage](#)

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A NOTE ON ADHERING TO COURSE TIMEFRAMES & PREREQUISITES:

Higher Consciousness has requested that this note be added here to emphasise the importance of the following:

► Ensuring you have met the required prerequisites before commencing this ebook

FAQ: Is it important to complete the prerequisites for an ebook?

► Ensuring you follow the prescribed timeframes in this ebook

FAQ: Do I need to follow the prescribed timeframes given in each ebook?

► Ensuring you follow the prescribed resting timeframes in this ebook

FAQ: Is it important to complete the resting days in between the practices?

All of the prerequisites, practices and timeframes in this ebook have been divinely created, designed & brought through by Higher Consciousness. Should you try to access these advanced level energies without correctly completing the divinely prescribed prerequisites (that includes doing them in the correct timeframes), Higher Consciousness has explained that the energies in this ebook will either not activate, or only partially activate. This is because you will not have the full required energetic foundation for the energies to activate upon.

It is therefore vitally important for your own highest good, and for the benefit of all, that you complete the required prerequisites and follow the timeframes in all ebooks carefully & thoughtfully. We lovingly ask that you please read the above FAQs and refrain from 'speeding through' timeframes, practices, ebooks or prerequisites in less time than has been divinely prescribed. Over the years, Higher Consciousness has shared a number of messages on this topic and with much love, here are two:

“Accessing advanced level energies before you are ripe to receive them can cause backward-sliding effects for not only oneself, but for the Love Inspiration Community & collective consciousness as a whole. Your premature acceleration is not recommended, with love, under any circumstances. Please take heed.”

“Those who are knowingly not following the Ascension Pathway correctly, not using the specified timeframes or jumping ahead to reach advanced levels or practices, we ask you lovingly to refrain. This is not a request for ourselves, but rather a plea to aid your very own ascension. Let us assure you that misusing the energies in this way will not bring you any advancement and in fact, over time, misuse of the energies will corrode your energetic merit & therefore your ability to stay on the pathway.”

Lastly, please know that if you want to speed up your pathway/ascension, then Higher Consciousness has lovingly brought through several *legitimate* optional ways to do this and further information can be found on the [Accelerate Your Ascension Pathway webpage](#).

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ACTIVATING (UNLOCKING) THE ADVANCED SYON CLEANSE ENERGIES:

Before opening up to these beautiful Cleansing energies, it is very important that you firstly activate or 'unlock' the energies and attunement in this ebook. Once this is completed, you will then be ready to begin!

The activation is a very simple process, done by yourself, using a specially embedded activation code to 'unlock' the energies and attunement in this ebook. The four step process is outlined below and should only take you around five minutes or so to complete.

(For more information about the activation codes or the activation process - please visit our [Activation Codes FAQ's](#)).



■ 1) Preparation:

Please sit or lie down, whichever is more comfortable for you, and ensure that you will not be disturbed for at least 5 minutes or so. Perhaps you wish to play some [healing or relaxing music](#), light some candles or burn some incense to create a nice ambience.

■ 2) Invocation:

Invoke the activation ('unlocking') by placing your hands together, fingertips touching in prayer position and saying the following:



"With infinite grace, I ask humbly and clearly to activate the Divine Cleansing energies of The Advanced Syon Cleanse. With the unique activation code 774318910 may this be so. May this activation benefit all beings. Thankyou, thankyou, thankyou."

■ 3) Receiving:

If you wish to, you can now just sit for a few minutes as the energies are unlocked for you. After this period of time, as you feel ready, you may wish to give thanks. The activation is now complete!

■ 4) Understanding:

Once you have completed your activation, we ask that you now read through - ["Activation Codes and Prescribed Timeframes"](#). This will only take around a minute or so and will help you to receive the maximum benefits from all of these healing energies, attunements and practices. After this, you are now ready to begin opening up and receiving these beautiful Divine cleansing energies! May you enjoy these with much love & light and with an intention to benefit all beings.



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GET THE MOST CURRENT VERSION OF THE ADVANCED SYON CLEANSE EBOOK!

Please note that this ebook is updated as further information comes to light, therefore before you begin, and periodically throughout your cleanse if you wish, please [visit our website](#) to check you have the most current version. The version number and date are listed in the bottom right hand corner of each page of the book and only the version on our website will always be the most current.

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AN OUTLINE OF THE SYON CLEANSE SERIES LEVELS & TIMEFRAMES:

With much love & light we welcome you here again to this Syon Cleanse Series and we congratulate you on taking this next step on your cleansing and purification pathway. In the table below, you will see a simple overview table of the Syon Cleanse Series including information about each Syon Cleanse and approximate timeframes for completion.

Outline Of The Syon Cleanse Series

NAME	DESCRIPTION	CLEANSE DURATION	REPETITION	CAN BE RECEIVED AFTER:
The Syon Cleanse	Cleansing for recent digestion of known toxins, chemicals & pollutants	Approx. 15 - 20 minutes	Repeat as many times as you wish over a 4 day period. Then repeat as you wish.	-
The Advanced Syon Cleanse	A divinely guided filtration system removing three layers of old energies & toxins.	Approx. 25 minutes	Repeat at the end or beginning of each new phase or volume of energies that you undergo.	Pathway To Light (Volume 3) OR Unified Pathway To Light (Master)
The Triple Advanced Syon Cleanse	Three stages of opening, cleansing & repair. Based in the elements of Fire, Earth & Wind.	Approx. 10 -15 minutes	Repeat every 2 - 3 months.	Pathway To Light (Volume 6) OR Unified Pathway To Transcending The Light (Volume 3)
The Master Syon Cleanse	The surrender of illusion. Cleanse can be used on others also.	Approx. 20 minutes	On the self: repeat a maximum of once per month. On others: repeat a maximum of once per 6 months.	Blue Light (Volume 2)

Welcome to
**The Advanced
Syon Cleanse**



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THE ADVANCED SYON CLEANSE DIVINE CLEANSE

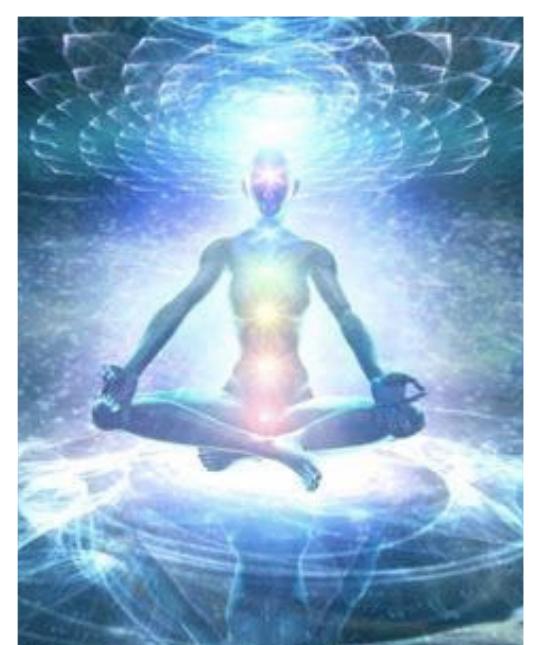
WELCOME TO THE ADVANCED SYON CLEANSE!

It is with much love and warmth that we welcome you to these Advanced Syon Cleanse energies and let us start here by saying how truly blessed and honoured we feel to be sharing these beautiful energies with you for the infinite benefit of all!

It is a sad fact that many people living on this beautiful planet fail to acknowledge the immense healing benefits that come from doing regular cleansing. Whether this be a physical form of cleansing (such as herbal cleanses) or from a more energy based perspective; it is most certainly true that doing regular cleansing can definitely help you to clear away and release many kinds of toxins, impurities and imperfections from within. As a result of this, regular cleansing can also help us to accelerate our healing and spiritual pathway towards overall wellbeing and our infinitely divine centre.

As we mentioned during the first Syon Cleanse ebook, as you move through the Ascension Pathways, having now moved through many ascension based attunements, it now becomes very important to keep your body cleansed on a regular basis as you are continually purging and releasing old energies from within.

By ensuring that your body is regularly cleansed, it can help your energetic body to process, digest and assimilate these new energies as you become more effective at clearing away old or unwanted energies from within. In other words, as you clear out the old, you are making room for the **new love vibration**.



1. INTRODUCING THE ADVANCED SYON CLEANSE:

As a formal introduction to these beautiful and deeply loving energies, let us now hear from 'The Syon Masters 5' as they introduce us to The Advanced Syon Cleanse:

The Advanced Syon Cleanse

"Welcome to The Advanced Syon Cleanse. It is at this point of your healing evolution that we are now able to bring to you the advanced energies of The Syon Cleanse. During your elemental processing of energies you have released many toxins and old energies that are sufficiently due for release. It is with great love and abundance that we provide these energies here for you.

The Syon Cleanse itself has indeed been under-rated in it's cleansing significance and we hope that the Advanced energies will be more utilised by your earthly frequencies.

To use the energies of The Advanced Syon Cleanse, please complete the attunement along with the three symbol practices. The attunement should take no more than 25 minutes and we have kept it this short for the reasoning that we hope it will be taken often.

The attunement process **is** the entire Advanced Syon Cleanse and can be repeated as and when required. We would recommend at minimum that the cleanse be used at the end or beginning of each new phase or volume of energies that you undergo. In this way the cleanse will help you eliminate and purge the 'old' with great



Do not underestimate the benefit of The Advanced Syon Cleanse as you progress higher and higher on your healing pathway. For you are now reaching levels of great healing and purification and therefore to enable an increased rate of acceleration, cleansing is required.



You will also begin to realise or understand that as you progress further and further on your healing pathway, that certain food frequencies will no longer resonate with your energy and you would do well to listen to your intuitive body and reduce / eliminate them from your diet.

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Here there are no set rules as to what should be eliminated, however entities Marty and Gerry have been gradually reducing and eliminating many foods on their pathway and this is a good example. Cleansing is not just about removing toxins from the body & energy body, but it is also about reducing the ingestion of them in the initial stage. We trust this makes some sense.

As always, please listen to your own intuition and be guided by it to what to do. Whether it is a cleanse or anything else on your pathway, you are now at a level where you should be internally referencing what you need (as opposed to externally referencing). Your intuition grows stronger at these higher levels.

Trust it and work always with love.”

~ The Syon Masters 5



We are deeply grateful to The Syon Masters 5 for bringing through this new information here at a time where Marty & Gerry had just finished a new series of highly evolved energies and vibrational upgrades through their Ascension Pathway journey.

Having now walked through many of these ascension based attunements yourself, you will understand that the purpose of these energies is to help you clear away your internal impurities, darkness and deep healing issues from within.

As you continue to do this kind of deep healing work and because your Ascension Pathway will be continually guiding you through deeper and deeper layers of healing as you continue to progress, it will now be very helpful for you to call on The Advanced Syon Cleanse energies regularly so that you are able to more effectively clear away these energies more quickly. In this way, this is truly a very precious and divinely important gift for your journey forwards!

Having now discussed the more general aspects of the cleanse, let us now pick up here on something the Guides have spoken about as part of this message and in particular, what is meant by '**internal referencing**' as opposed to '**external referencing**'.

As we understand it, internal referencing is something which occurs when we look into ourselves when assessing our progress and achievements. Effectively, we are assessing our own achievements and progress based on our *own* internal 'universe' or compass.

External referencing on the other hand occurs when we look outside ourself when assessing our progress and achievements. Usually, we do this by looking at the achievements of others and using this as a measure to compare our own achievements. Unfortunately, this style of referencing can often distort the progress that has been made and can result in feelings of lack.

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So with these final sentiments, the Guides are simply reminding us here to keep the focus on ourself and our own internal world as a yardstick rather than comparing our progress (and therefore possibly distorting it) to that of others.

For example, are you feeling more peaceful within yourself? Are you noticing that you are more willing to help out a stranger when they are in need? Are you feeling more peace & love from your meditation

practices? Are you feeling a stronger sense of loving kindness in your life? These are all wonderful signs of your progress & achievements so far based on internal referencing.



Moving on then and another key point that we would like to discuss here in this commentary is the idea of 'food frequencies' and how different types of food can sometimes start to feel like they no longer resonate with you as you progress on this journey.

And to start with, let us again reiterate here that this information was brought through to Marty & Gerry after they had already completed almost 3 years of Ascension Attunements. As such, during this time, they had been experiencing a slow and steady shift in their food consumption and in their own feelings towards food more generally.

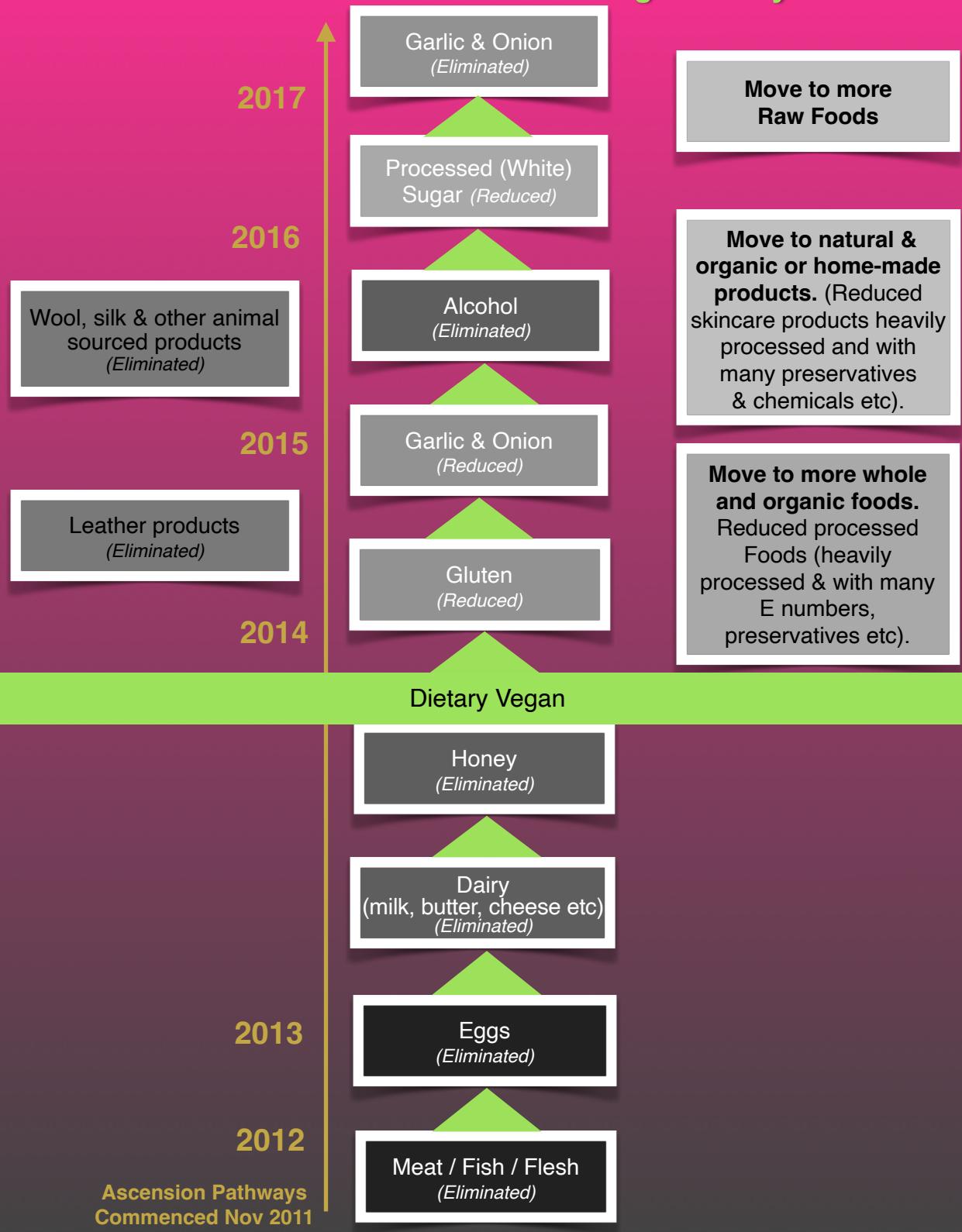
For example, as meat eaters, they were guided towards giving up meat as they adopted a vegetarian diet for some time. From this first step, they were then guided to move towards a more vegan diet, dropping items like dairy, eggs and honey from their diet. As they progressed into a higher and more subtle love vibration they were then guided towards reducing things like leather and other animal products from their life; anything that would contribute to any kind of suffering in some way or another was to be eliminated from their life (please refer to the summary diagram on the next page).

Above all, this 'progress' made by Marty & Gerry is just one example showing how these kinds of energy based healing practices can indeed have an impact on how you choose to live your life. And of course, we are all very different and we all have very different pathways to walk. By sharing this information with you here, Marty & Gerry simply wish to share their own experiences with you so that you can gain a more broadened understanding about what the Guides have spoken about in their introductory message.

We share this this information with much love & light in the hope that it may be of some assistance to you on your own healing journey. And again, *this is by no means a set of rules (or even guidelines) about 'what you need to now give up'* but rather, this is just a summary of Marty & Gerry's own journey towards more loving & harmonious states of being and the impact this had on their life. Please always allow yourself to be guided by your own divine intuition and do what feels right for you in any given moment!



Marty and Gerry's Food (& Other Frequency) Elimination & Reduction On Their Healing Pathway To Date...



2. COMPLETING THE ADVANCED SYON CLEANSE:

The Advanced Syon Cleanse is a very simple and easy cleanse to receive. The energies can be called on in around 25 minutes with the 'attunement' process being identical to the cleanse itself; making this course even easier to complete!

By following along with the instructions outlined in the next section, you will be able to receive your attunement and learn how to do the cleanse at the same time. Furthermore, once you finish this one very simple practice, you will have then finished the entire Advanced Syon Cleanse course. Wonderful!

So with this short section then, it is important for us to outline some of the more basic components of The Advanced Syon Cleanse so that you can receive these energies successfully and on an ongoing basis. We have already recommended here that the Advanced Syon Cleanse be called on regularly, however to help clarify this term in more detail, let us now look at what we mean by this.

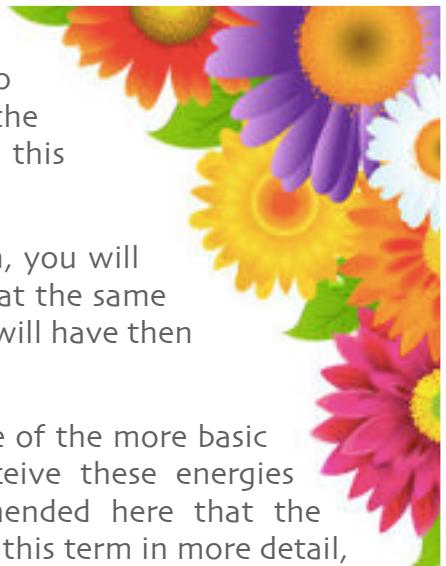
For those who are moving through The Unified Pathway, we lovingly suggest here that you receive The Advanced Syon Cleanse ***at the start or at the end of each volume of attunements you receive***. For those of you who are walking on the Pathway To Light journey, this same suggestion applies here. Simply receive The Advanced Syon Cleanse at the start or end of each ebook and this will be helping you to more effectively clear away any old or unwanted energies that no longer serve you!

And given that these energies only take around 25 minutes to receive, we would also like to encourage you to call on them whenever you ***feel*** like you are needing these energies. Perhaps you would like to set your minimum practice for the end or beginning of each ebook and then allow yourself to be guided by your divine intuition to receive The Advanced Syon Cleanse at other times also.

I lovingly take
time to care
for my mind,
body and soul.

Again, we humbly suggest that you call on these energies in accordance with your own inner feelings and your own internal guidance system. If you are starting to feel like "*ah I really could use a good clean-out*" then this is likely a good sign that you are in need of doing this cleanse!

To invoke and receive The Advanced Syon Cleanse, you will be needing to call on three individual symbols which will help you to cleanse your physical and energetic bodies. The first symbol will help to remove a primary layer of toxins, the second symbol will be refining the cleansing process and the third symbol will be furthering the refinement process.



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Furthermore, the Guides have also provided some additional information about how these symbols work. Put simply, they help to unlock a beautiful divinely guided filtration system which can help to cleanse away many kinds of impurities:

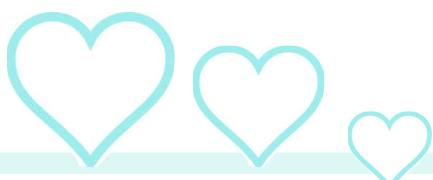
“The Advanced Syon Cleanse is a divinely guided filtration system. Each of the three symbols have a specific filtration property, and used one after another, the three symbols act as a gradient of filtration or purification.

The first symbol Addital removes and filters primary toxins; those with larger and more dull energetic components. The second symbol Songital steps up the filtration and allows a more refined purification by removing smaller, higher frequency energetic blockages. And the third symbol Blatingal is an extremely high potency, well refined frequency that removes the finest unwanted energetic components.

As you see, each of the symbol’s filtration qualities work by compounding on the frequency of the previous symbol, therefore it is important to complete all three symbols with their specific timeframes in order for the cleanse to be complete.

You may also experience the need to linger longer at one symbol and if so, please listen to your intuition as this is your body’s way of telling you it needs more cleansing with this symbol, at that level. It is recommended not to complete less than the given timeframes for each symbol, however more is quite acceptable.

As you progress further on your deep healing pathway your energies will be changing frequently; releasing toxins and old unwanted energies often. It is therefore well recommended to take The Advanced Syon Cleanse periodically as you continue on your healing journey.



With love and guidance always,
~ The Syon Masters 5”



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3. INSTRUCTIONS FOR RECEIVING THE ADVANCED SYON CLEANSE / ATTUNEMENT:

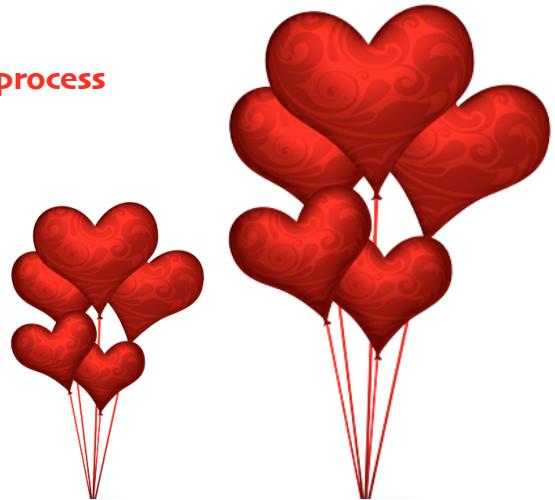
As with all of the Love Inspiration teachings and healing systems, we have done our very best to ensure that the attunement processes described here are as simple and straightforward as possible.

Please be sure to take some time to read through this process below carefully to ensure that you are comfortable and familiar with everything prior to receiving your attunements.

NOTE: Before you begin your cleanse, please ensure that you have activated (unlocked) The Advanced Syon Cleanse energies prior to commencing.

The activation / unlocking process is a simple 5 minute process which unlocks the energies and gives you access to them. Once you have unlocked the energies, this means that you have activated your Advanced Syon Cleanse specifically for you. You are therefore then ready to continue your Cleansing journey by working through this ebook, at your own pace and receiving the energies as you feel guided.

If you have not yet activated / unlocked The Advanced Syon Cleanse energies for yourself, you may do this by following the instructions on Page III of this ebook.



Once you have unlocked the energies and you feel ready to commence your attunement/cleanse, please open up to receiving the energies in line with the process outlined below. And most importantly, relax, open and enjoy your attunement with love & gratitude and for the benefit of all!

We hope you have a wonderful attunement/cleanse! 😊

Let us now cover the processes to follow for completing the attunement/cleanse. **Remember that the attunement process is the entire Advanced Syon Cleanse** and as such, there is no separate attunement. So once you have completed the below four steps, your attunement/cleanse will then be completed. This process should take around 25 minutes and as we've already mentioned, it can be completed as many times as you wish and is recommended to be completed periodically on your healing journey.

■ 1. Preparation:

Sit or lie down, whichever is more comfortable for you, ensuring that you will not be disturbed for at least 25 minutes. Perhaps you wish to play some [healing or relaxing music](#), light some candles or burn some incense to create a nice ambience.



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■ 2. Invoke the attunement/cleanse:

Invoke The Advanced Syon Cleanse/Attunement energies by placing your hands together, fingertips touching in prayer position and say the following:



"I open to receive the cleansing and detoxifying energies of The Advanced Syon Cleanse. Please allow my light to be enhanced and brightened by this frequency for the infinite benefit of liberating all. Thankyou, Thankyou, Thankyou."

■ 3. Complete the symbol practice:

Please place the three symbols consecutively into the corresponding chakras as per the information on the next pages.

Some additional notes for the symbol practices:

- Please remember the note from the Guides about ensuring that you complete all three symbols and that you adhere to the minimum timeframes given. Should you need to 'linger' longer with a symbol during your practice then this is ok, however the Guides have recommended not to use less than the specified timeframes for each symbol.
- Surrender: It is very important to surrender during each symbol practice to allow the energies to infuse and cleanse your body. You may like to use the following affirmation during your symbol practices in order to help you relax & open (the cleansing energies seem to work better when we are relaxed & open):



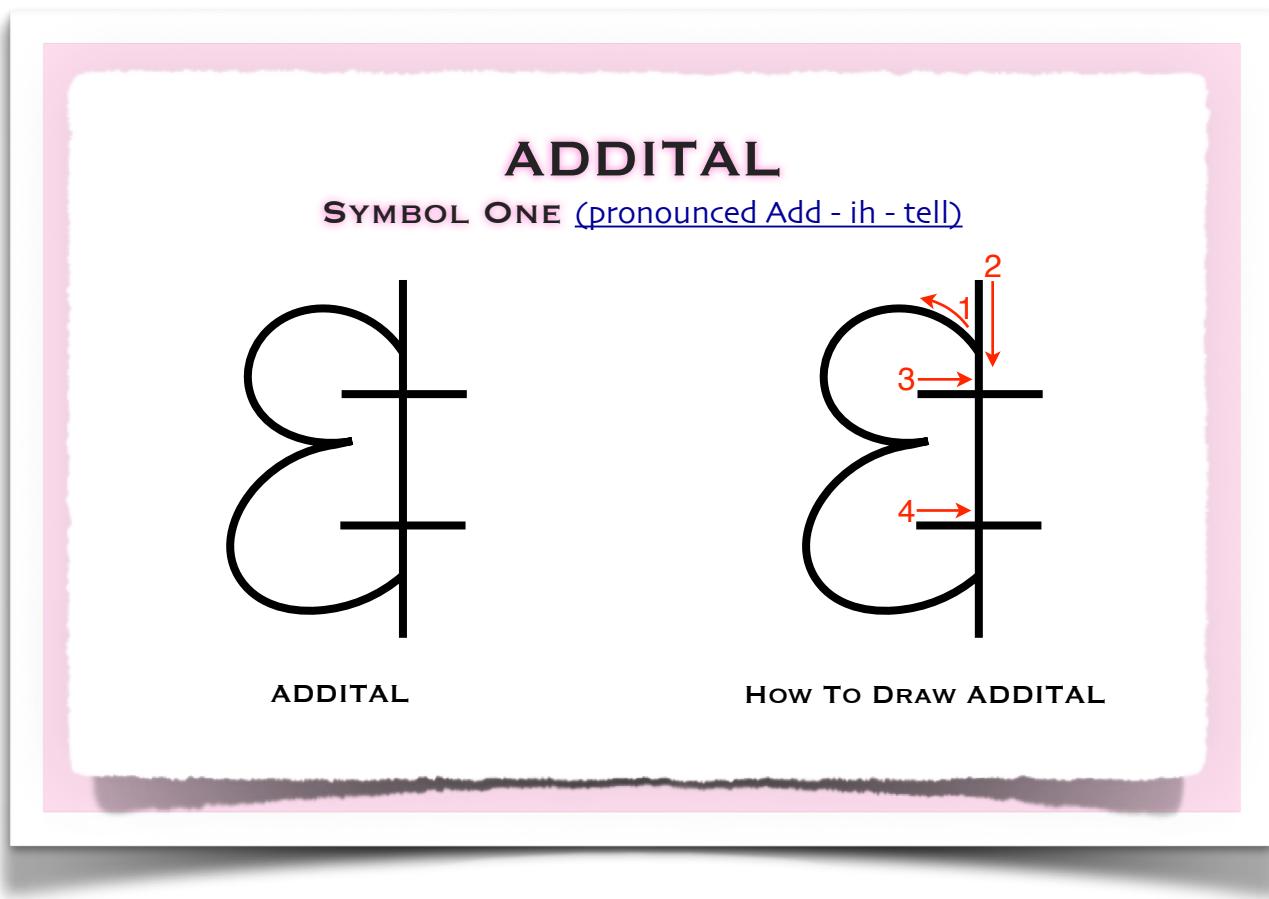
"I open and surrender to The Advanced Syon Cleanse"

- The 'filtering' system of the symbols: In a way we could use the metaphor of the three symbols being like a water filter system, where the first gradient (Addital) removes the largest toxins (rocks), the second gradient Songital removes the medium toxins (pebbles) and the third gradient removes the finest particles (sand).

■ Symbol 1: ADDITAL

Addital

"The first symbol Addital removes and filters primary toxins; those with larger and more dull energetic components."



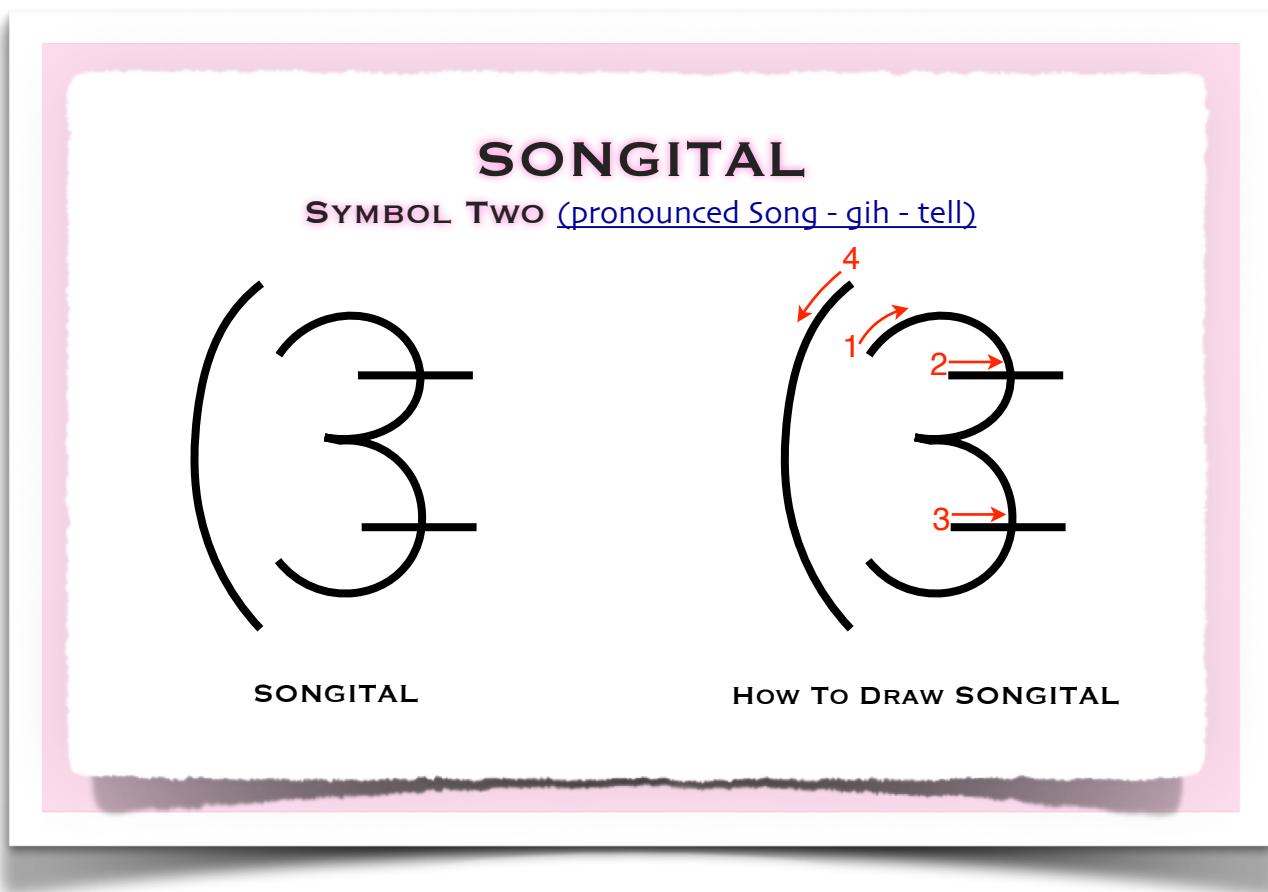
Place the symbol Addital into the Crown Chakra for 7 - 8 minutes.

What you may feel during this symbol practice: You may feel the Addital energies pouring through your Crown Chakra and spreading their cleansing energy throughout your entire body. You may also feel a relaxed warm feeling as the energies radiate and do their cleansing work. The Addital energies may be the most 'felt' energies out of the three symbols, as it's energy works on ridding the largest un-needed energetic components.

■ Symbol 2: SONGITAL

Songital

"The second symbol Songital steps up the filtration and allows a more refined purification by removing smaller, higher frequency energetic blockages."



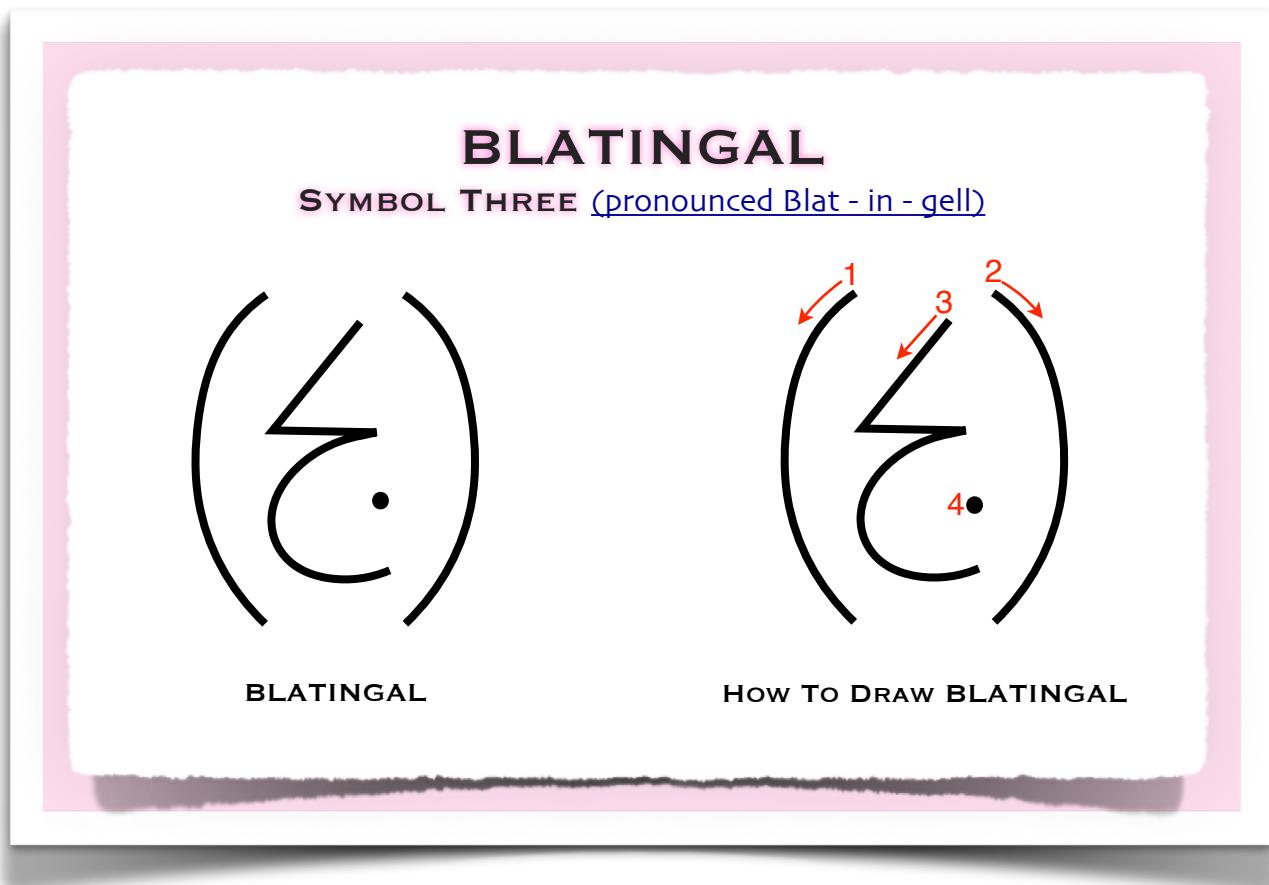
Place the symbol Songital into the Third-Eye Chakra for 5 - 9 minutes.

What you may feel during this symbol practice: With the second symbol Songital, you may feel quite a different and very much more 'refined' vibration as this energy works on smaller, higher frequency energetic blockages. The sensation or feeling of this energy may be quite a lot less than the first symbol.

■ Symbol 3: BLATINGAL

Blatingal

"The third symbol Blatingal is an extremely high potency, well refined frequency that removes the finest unwanted energetic components."



Place the symbol Blatingal into the Third-Eye Chakra for 4 - 5 minutes

What you may feel during this symbol practice: The final symbol, Blatingal works at such a fine frequency of energy that it may hardly be 'felt' at all during your symbol practice. Do not worry however for it is indeed still working!

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■ **4. Closing the attunement/cleanse:**

As always, it is good practice to close our attunement/cleanse with love and gratitude. Perhaps you wish to say something like:



"With great love and gratitude, I offer my sincerest thanks for receiving the energies of The Advanced Syon Cleanse. May my energy be cleansed and purified for the infinite benefit of liberating all. Thankyou, Thankyou, Thankyou."

*Congratulations!
You have now completed
The Advanced Syon Cleanse*



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4. THE NEXT STEPS:

Having now opened up to The Advanced Syon Cleanse energies, you have now completed this wonderful course and with this, we now invite you to return back on your ascension journey forwards as you feel guided. It has been a great pleasure to share these beautiful energies with you here and we truly hope that they will serve you well and make things a little easier for you on your ascension journey forward!

As you may have seen from our website, the next cleanse in this series is The Triple Advanced Syon Cleanse and this will be made available to you as another energetic reward for all of your hard healing work after another 6 - 12 months or so.

As you continue forwards on your chosen Ascension Pathway, we lovingly suggest here that you use these very effective Advanced Syon Cleanse energies regularly and as you feel guided to. May they help you to clear away all of your internal impurities so that your Ascension Pathway can be filled with love and very easily accomplished!

5. FINAL COMMENTS:

Congratulations on completing the Advanced Syon Cleanse! We hope you have enjoyed these beautiful cleansing energies and that they will now help you to bring much benefit to your healing pathway.

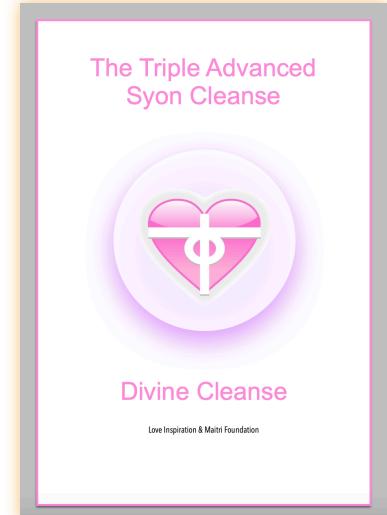
Please remember that this cleanse can be used whenever you feel that you are in need, and that the energies will always help you to clear away & release any impurities that may be stirring or coming to the surface. We are again deeply grateful to the Guides for bringing through these beautiful energies and may these help to bring much love & light into your life for the benefit of all!

And finally, for those of you who are considering a reduction or elimination of certain food frequencies from your life, please do this with love & patience. Please listen to your own body and feelings and please do what feels right for you. As a first step, might we suggest here that reducing and eliminating 'meat' will help to bring a wide range of energetic, karmic and compassionate rewards. By making this one very simple change, you can help to bring much benefit to yourself, the animal world and to all beings!

*May these beautiful energies help to cleanse, nourish and purify
so that you can raise your vibration closer towards
liberation, peace & love in your life!*

With love inspired blessings,

**LOVE INSPIRATION &
MAITRI FOUNDATION**





WOULD YOU LIKE TO HELP?

You have received these energies and teachings freely and with love due to the humble and altruistic grace of our donors, sponsors, teachers & translators. If you have enjoyed these energies and would like to help make them continually and freely available for others to heal, grow and awaken from, we lovingly invite you to help in the following ways:

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Blessings & Thankyou,
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FOR THE INFINITE BENEFIT OF ALL

May all be liberated from suffering.