# The Syon Cleanse



# **Divine Cleanse**

Love Inspiration & Maitri Foundation



### MAY THIS CLEANSE BE DEDICATED TO ALL, WITH LOVE, FOR THE BENEFIT OF ALL.



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Welcome!

There are no prerequisites for this course, however before you begin, please ensure that you have activated (unlocked) The Syon Cleanse energies using the activation code & instructions on the next page.

Once you have unlocked the energies, you are ready to begin. With love, we wish you well on your Divine Syon Cleanse journey!

#### Helpful Resources For This Ebook

Sign up for free monthly Ascension Healing (sent on the 11th of the month) Join the Love Inspiration Community Facebook Group Download the Love Inspiration Handbook as an accompaniment to this ebook Start on the Ascension Pathway alongside this ebook Visit our Free Music & Relaxation webpage Sign up for an Ascension Healing Booster Find out how you can help Read our Disclaimer and Copyright Information



#### ACTIVATING (UNLOCKING) THE SYON CLEANSE ENERGIES:

Before opening up to these beautiful Cleansing energies, it is very important that you firstly activate or 'unlock' the energies in this ebook. Once this is completed, you will then be ready to begin!

The activation is a very simple process, done by yourself, using a specially embedded activation code to 'unlock' the energies in this ebook. The four step process is outlined below and should only take you around five minutes or so to complete.

(For more information about the activation codes or the activation process - please visit our <u>Activation Codes FAQ's)</u>.

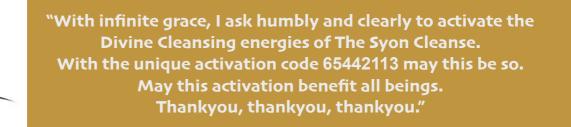


#### 1) Preparation:

Please sit or lie down, whichever is more comfortable for you, and ensure that you will not be disturbed for at least 5 minutes or so. Perhaps you wish to play some <u>healing or relaxing music</u>, light some candles or burn some incense to create a nice ambience.

#### 2) Invocation:

Invoke the activation ('unlocking') by placing your hands together, fingertips touching in prayer position and saying the below invocation. (Pronunciation for Syon is here).



#### 3) Receiving:

If you wish to, you can now just sit for a few minutes as the energies are unlocked for you. After this period of time, as you feel ready, you may wish to give thanks. The activation is now complete!

#### **4)** Understanding:

Once you have completed your activation, we ask that you now read through - <u>"Activation Codes and Prescribed Timeframes"</u>. This will only take around a minute or so and will help you to receive the maximum benefits from all of these healing energies, attunements and practices. After this, you are now ready to begin opening up and receiving these beautiful Divine cleansing energies! May you enjoy these with much love & light and with an intention to benefit all beings.

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#### GET THE MOST CURRENT VERSION OF THE SYON CLEANSE EBOOK!

Please note that this ebook is updated as further information comes to light, therefore before you begin, and periodically throughout your cleanse if you wish, please <u>visit our website</u> to check you have the most current version. The version number and date are listed in the bottom right hand corner of each page of the book and only the version on our website will always be the most current.

#### AN OUTLINE OF THE SYON CLEANSE SERIES LEVELS & TIMEFRAMES:

With much love we welcome and congratulate you on taking this step into your own cleansing and purification for the benefit of all! Below, please find on outline of the levels and approximate timeframes for The Syon Cleanse Series.

# Outline Of The Syon Cleanse Series

NAME	DESCRIPTION	CLEANSE DURATION	REPETITION	CAN BE Received After:
The Syon Cleanse	Cleansing for recent digestion of known toxins, chemicals & pollutants	Approx. 15 - 20 minutes	Repeat as many times as you wish over a 4 day period. Then repeat as you wish.	
The Advanced Syon Cleanse	A divinely guided filtration system removing three layers of old energies & toxins.	Approx. 25 minutes	Repeat at the end or beginning of each new phase or volume of energies that you undergo.	Pathway To Light (Volume 3) OR Unified Pathway To Light (Master)
The Triple Advanced Syon Cleanse	Three stages of opening, cleansing & repair. Based in the elements of Fire, Earth & Wind.	Approx. 10 -15 minutes	Repeat every 2 - 3 months.	Pathway To Light (Volume 6) OR Unified Pathway To Transcending The Light (Volume 3)
The Master Syon Cleanse	The surrender of illusion. Cleanse can be used on others also.	Approx. 20 minutes	On the self: repeat a maximum of once per month. On others: repeat a maximum of once per 6 months.	Blue Light (Volume 2)



#### THE SYON CLEANSE DIVINE CLEANSE



## THE SYON CLEANSE DIVINE CLEANSE

#### WELCOME TO THE SYON CLEANSE!

Welcome to The Syon Cleanse (pronounced See - on). This cleanse was 'brought through' to us during a time where we were in need of energetic detoxification. As we received these energies, we also received the following information from The Syon Cleanse spiritual guide known as Alsyon:

"For recent digests of known toxins and chemicals and pollutants, a one off cleanse that can be repeated for as many days as you require may be sufficient (maximum of 4-5 days at one time). Chemical pollutants and toxins are rife in your earthly galaxy, this is a demise to the self-nourishing soul. Toxins that are purged sooner rather than later complete less damage as they are unable to stay within and cause destruction of the energetic vibration."

Therefore it would appear that The Syon Cleanse is a very good cleanse for *recent* toxin / pollutant exposure, such as an unhealthy eating period, a night out drinking or perhaps a period of illness and / or medication ingestion. The cleanse is very simple to complete and can be done in as little as 15-20 minutes. As you have just read from this information, you may choose to complete the cleanse as many times as you wish over a 5 day period (maximum). How many times you take the cleanse is dependent on how much cleansing you require and on how deeply you wish to work.

The Syon Cleanse can be received or completed in much the same way as we would receive any kind of energy based healing session. It is done energetically by following a very simple process that helps to connect us to a series of divinely guided energies, thus helping to cleanse us towards a more purified state of awareness.

By cleansing ourselves energetically, we are also helping our physical body to become detoxified in much the same way as perhaps say, a herbal cleanse may do. During these times of cleansing & detoxification, we can sometimes experience toxins being released from our bodies in what we often refer to as a healing crisis. For more information about this, please refer to our website FAQ page about The Healing Crisis).

The Syon Cleanse also provides us with some additional tools & techniques that we can use to continue reducing the amount of toxins that we put into our bodies on a more longer term basis. We will explore this a little later on but for now, may you enjoy these cleansing energies of love and light and may they help to bring you closer towards full health and wellbeing.



#### 1. INTRODUCING THE SYON CLEANSE:

As we have already mentioned, The Syon Cleanse can be repeated as many times as you feel necessary over a maximum of 5 days at a time. By continually doing the cleanse over a period of a few days, you are allowing these healing energies to more deeply absorb into your energy field and therefore to cleanse your energies more thoroughly.

Some of you may feel that only one cleanse is enough for you and that's perfect. For others, you may feel like you wish to connect with these cleansing energies twice per day over 3 or 4 days. Again, this is a wonderful way to approach this. How often you do the cleanse really depends on how much cleansing you wish to do and perhaps how much time you have to invest

As a general rule of thumb, the more you connect with the energies, the more deeply the divinely guided energies will work for you and help to cleanse you from within. For those of you who do start working very deeply in these practices, please be aware that in the days during and/or after your cleanse, you may feel some physical or emotional sensations as some of the old, unwanted energies clear away, shift or move from within you. This is what we refer to as a healing crisis.



If you are clearing away lots of old energies i.e. there is deep healing being done, then your body will need to work to clear these so as a result you may feel sluggish or tired. Others may feel some slight cold or flu symptoms as the energies clear. You can sometimes even get a few extra trips to the toilet if the energies are clearing in your lower chakras.

There may also be some emotional clearing happening from the attunement and / or your healing practices so just be mindful of this if you are experiencing any anger, sadness or other types of emotional unrest.

#### 2. INSTRUCTIONS FOR RECEIVING THE SYON CLEANSE:

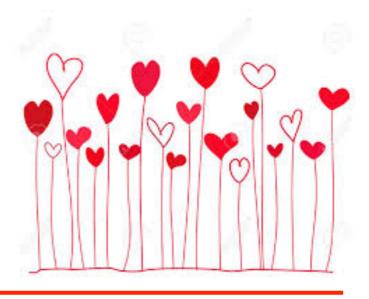
Let us now cover the processes to follow for competing the cleanse. This process should take around 15 - 20 minutes and as we've already mentioned, it can be completed as many times as you wish over a 4-5 day period.

NOTE: Before you begin your cleanse, please ensure that you have activated (unlocked) The Syon Cleanse energies prior to commencing.

The activation / unlocking process is a simple 5 minute process which unlocks the energies and gives you access to them. Once you have unlocked the energies, this means that you have activated your Syon Cleanse specifically for you.

You are therefore then ready to continue your Cleansing journey by working through this ebook, at your own pace and receiving the energies as you feel guided.

If you have not yet activated / unlocked The Syon Cleanse energies for yourself, you may do this by following the instructions on Page III of this ebook.



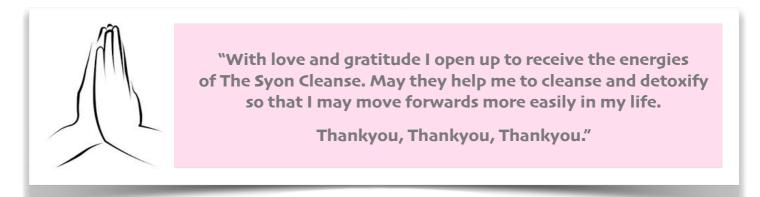
You may also wish to re-visit this cleanse at a later date. For example, you may wish to do a cleanse at each change in the weather seasons (i.e. 4 times each year). You may decide that one cleanse per year is a good idea. Whatever you feel is right for you is often the best approach.

#### **1.** Preparation:

Sit or lie down, whichever is more comfortable for you, ensuring that you will not be disturbed for at least 15 minutes. Perhaps you wish to play some soft <u>healing or relaxing music</u>, light some candles or burn some incense to create a nice ambience.

#### **2. Setting our intention to receive the cleanse:**

Before receiving these energies it is important that we set our intention - we may say the following:



Now, let us allow the energies to flow into us and flow to the areas where they are most needed. It is best (if you can) to simply let go, open up and relax as these energies start to do their healing and cleansing work for you.

In some cases, it can often be of assistance to repeat a simple affirmation or mantra during this time as it can help our mind to stay focused as the energies work their magic. For example, you may wish to say something like:



For others, you may wish to simply open up to these energies in your own way. Perhaps you wish to visualise that a bright cleansing sun is shining down on your whole body. You may wish to imagine that you are lying down in the sunshine amongst a beautiful garden surrounded by flowers and trees. Just allow yourself to bathe and bask in this warm sunshine as it shines down on you.

These kinds of techniques can often help us to enhance the process of receiving energies as it helps us to open up, relax and receive the energies with love and gratitude. The golden rule here is to always do what you feel works best for you.

#### **3.** Closing the attunement:

Once we are finished receiving the energies, at the end of the 15 or 20 minutes or so, we are ready to finalise or close off our cleanse and the best way to do this is through the energy of love & gratitude.



#### 3. Additional Tools & Techniques For Reducing Toxins:

In addition to the basic cleansing practices, you also have the choice whether you wish to use some additional tools that may help you to reduce the amount of toxins that you put into your body on a more day to day basis. You may use these tools whenever you wish to as you feel necessary.

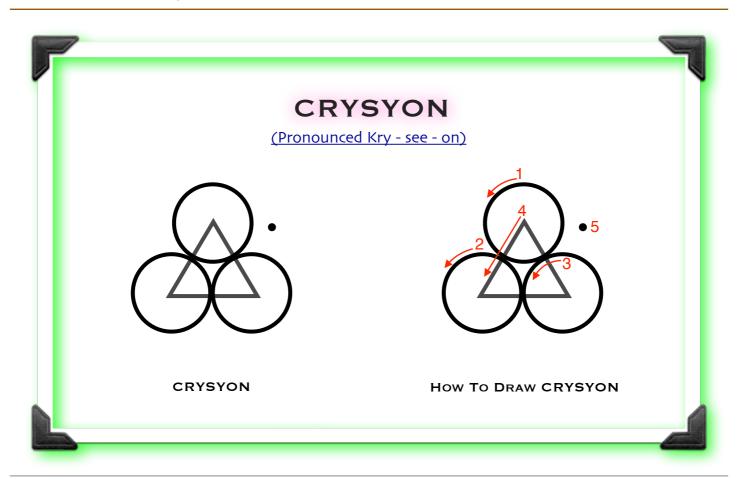


The additional tools in which we speak of take the form of 'symbols' and for those of you who have never heard of using symbols in energy based healing before, it is here that we would kindly ask that you refer to our <u>FAQ page</u> on our website 'Working with Symbols in Healing & Meditation'.

This provides a full introduction to the concept of symbols being like 'carriers' of energy which may help us in a range of different healing situations. With this in mind, let us now look at some more information as we received it directly from Alsyon, The Syon Cleanse guide:

"Use of the following symbols may aid in temporary relief of symptoms however more importantly, deactivate and purge the harmful effects and prevent longer term damage. As with all detoxification processes, it is helpful to ingest substantial amounts of clear water. Clear water = energy cleared.

> 'Clear water' can be made by using the symbols Crysyon and Alimention . These symbols can be used on other beverages also including 'toxins' such as alcohol or medications etc to reduce side effects."



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ALIMENTION (Pronounced Ell - eh - men - tee - on)
ALIMENTION How TO DRAW ALIMENTION

"These symbols change the 'energetic' structure of the harmful molecules lessening their altering power to change the overall energetic vibration. These two symbols may also be used energetically on our earth, galaxy & cosmos to help remove the negative densities of consciousness. Anywhere that 'pollution' has taken place, either physically, mentally or spiritually."

"With love, we send these primary symbol structures for the best good of all. Help each other; man, animal, plant, mineral to cross the threshold of disruption into a purer form of existence. An existence capturing and encompassing the elements of love, faith, respect, purity and one-ness for the superceedingly highest intention of all. With love, we thank you for your help in cocreating a better 'tomorrow' for generations and eons to come."

When we read these poetic and beautiful words we can understand just how powerful these two symbols can be in their application and usage. You are now able to use these symbols to help produce 'clean-water' and to also minimise the harmful effects of ingesting other toxins from things like medications, alcohol and other substances.

As we have been told, we can even take this to a whole other level and start using these symbols to help cleanse others; our earth, our galaxy or even the entire universe as examples. Whilst this may seem a little out of reach for now, please know that it is only ever our *intention* that needs to change or perhaps widen, in order to allow for this expanded healing to occur. As we set our intention & use these symbols, the cleansing energies will be sent in line with the intention set for the cleansing. This is the way that energy based healing always works, in accordance with our own intention.

#### 4. A PRACTICAL GUIDE ON HOW TO START WORKING WITH SYMBOLS:

As we have already mentioned, for those of you who are new to using symbols, we do suggest that you have a quick read of our <u>FAQ page</u> 'Working with Symbols in Healing & Meditation' as this will help you to further understand some of the theoretical basics about symbols and their role in energy based healing practices.

In this section then, we will now provide some basic information about how you may wish to start using these new symbols. So let's begin!

Whether you are sending symbols out into the cosmos or simply into your glass of water, the process is fundamentally the same. We always use our **intention** to project the symbol into a particular object or living being whilst saying the sacred name of the symbol, three times.

So for example, we can draw out the first symbol (Crysyon) over our glass of water or in front of our glass of water with our index or middle finger (or both) and then use the palms of our hands to 'tap' the symbol into the water three times whilst saying the sacred name three times. Then repeat this process for the second symbol (Alimention).

Once the symbols and their energetic cleansing frequencies have been projected into the water, these energies will go to work and will help to alter the energy frequencies within.

You can imagine, intend or see that the symbol is melting into the object just like butter would melt into toast and as you become more experienced with this technique, you can actually do this through your mind only, without having to use your hands at all.

This is a very basic technique for working with symbols and it can be used on objects, plants, animals or even yourself! You will simply need to intend or visualise that the symbol is entering the object or being that you are working with, with the intention that it receive the energies within the symbol.

The key to this is always your intention and as we will see in a minute, your intention can either be very narrowly defined (e.g a glass of water) or very broad and expansive (e.g sending the symbol to



the planet Earth or perhaps even the universe).

Again, it is always our intention that sets the scene for the cleansing or healing work and this is the reason why it is so important to set the correct intention *very clearly* prior to working with symbols!

Ok so with this being said, how can we send these symbols to our earth, our galaxy or even the cosmos?

There are an number of different techniques that we can use but one good option is to simply close your eyes and visualise that there is a little planet earth hovering in space about 30-50 cm from your chest. Just take a few moments and clearly visualise and connect to this idea.





When we feel ready, we are going to draw out our symbols (either mentally or with our finger), one by one, and project these into the earth (by either tapping them in with our palms or mentally tapping them in using our intention).

Whilst we do this, we say the symbol's name three times with our intention being that the earth receive the cleansing energies that the symbol brings. If we wish to, we can continue this process over and over or perhaps continue to 'tap' in the symbols as many times as we wish. We may even start to feel some energy moving within

ourselves as we do this.

Now instead of imagining the Earth in front of us, we can of course change this intention and think of our milky way galaxy or our universe or even the entire cosmos! It is always just the intention

that will change and with this change of intention the symbols will go to where they are intended.

Another technique which we can use, and this time we will explain this for sending energy to our galaxy or our universe, is to sit comfortably and rest your hands on your lap so that your palms are facing each other. It doesn't matter if your fingers are not aligned but it is important that your palms are facing each other.

Now close your eyes and simply imagine or intend that the space between your palms



PALMS TOGETHER IN LAP, WHICHEVER POSITION IS MOST COMFORTABLE

represents the entire cosmos or the entire galaxy (or you may visualise the earth in here also). Don't worry that the space between your palms isn't big enough to fit the entire universe - the point here is that we are setting our intention for sending these symbols to the galaxy, the universe or whatever it is that you are sending to.



So keeping our eyes closed and with our palms facing each other, we then begin to think that this space IS the universe and just sit with this idea for a minute or so. You may start to visualise outer space, some stars and the vastness of the universe (or the object you are sending it to). Really just take a minute or so to clearly set your intention.

Now we are going to project the symbols into this space between your hands whilst intending that these cleansing frequencies are being sent for the universe / the galaxy / the earth. This time, rather than drawing out the symbols, we are simply going to visualise the symbol & project them into this space between our hands using our mind.

By continually projecting these symbols into the space between our palms with our intention firmly set on sending these symbols into the cosmos, so it will be. The symbols will respond directly to your intention and the energies will cleanse where they are most needed. You may choose to repeat this process as you wish, noting that whilst you do this, there is much cleansing and healing going on within **you** during this time as well. It has been explained to us many times from our guides that as we do healing work for others, we are creating the vibrational circumstances for our own healing as well. In other words,

## "The more healing we give, the more we get in return"

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In addition to this, by stating your intention so broadly i.e. to help cleanse & heal the universe, you are likely to receive a much stronger and purer frequency of healing energies yourself. This is a concept which is slightly more difficult to understand but in simple terms, the more you work with a broader intention to benefit all, the more healing energy you receive for yourself.

May you enjoy these truly expansive and love filled cleansing practices and may all beings benefit from your positive healing intentions. May you also benefit from these and may these practices help you to move closer towards the light.



#### 5. ADVANCED SYON CLEANSING:

Up until this point, we have been guiding you through the process of completing your Syon Cleanse so that you can clear away and release many kinds of old toxins and unwanted energies from within. Once you have completed this basic Syon Cleanse, we are delighted to invite you to move into the Advanced Syon Cleanse, where you can cleanse yourself once again but at a much deeper level.

As you have already seen in our overview table at the start of this course, for those of you who wish to move into the energies of The Advanced Syon Cleanse you will now be needing to open up to the Ascension Pathways as you prepare yourself and your energy field for these higher vibrations. During the Ascension Pathways, at the right time, you will then be guided into these beautiful Advanced Syon Cleansing energies. Here is what the Guides have said about these wonderful energies:

"As you progress further on your deep healing pathway your energies will be changing frequently; releasing toxins and old unwanted energies often. It is therefore well recommended to take The Advanced Syon Cleanse periodically as you continue on your healing journey."



"Do not underestimate the benefit of The Advanced Syon Cleanse as you progress higher and higher on your healing pathway. For you are now reaching levels of great healing and purification and therefore to enable an increased rate of acceleration, cleansing is required."



Having now reflected on and digested these words more deeply, we understand that The Advanced Syon Cleanse is particularly effective when coupled with some form of advanced healing work and it is for this reason why these energies are being made available as part of the <u>Ascension</u> <u>Pathways</u>.

The Ascension Pathways offer a very direct, effective and quick route towards 'Higher Consciousness' and it is with much love & light that we offer these energies to you here with the understanding that these pathways will be a truly wonderful precursor to The Advanced Syon Cleanse.

When combined together, these energies are very effective! For example, the role of the Ascension Pathways is to help you to ascend into Higher Consciousness very quickly and effectively whilst The Advanced Syon Cleanse will be helping you to clear away and release these healing issues as they are being raised and healed. This is a very powerful combination! As a not for profit organisation, Love Inspiration's goal is always to help you to raise your energetic vibration and it is here, with much love & light that we make this humble suggestion to you with this overall goal in mind.

The <u>Ascension Pathways</u> offer you the ability to blossom like a beautiful flower in spring as your consciousness evolves into one that is filled with love, purity and understanding.

Whilst it is most certainly true that all energy based healing systems can help to bring in a wonderful array of love, light & purification into your life, it is through the Ascension Pathways where you will be finely rewarded!





#### 6. FINAL COMMENTS:

We hope you have enjoyed the energies of The Syon Cleanse and that you will enjoy experimenting with and using these new symbols that have been given to you. At this most critical time, our earth especially is in such need of cleansing and healing.

Please know that your intention holds such immense power so we encourage you to work with these energies for the infinite benefit of all. In this way, your practices can evolve and grow as the energies behind these beautiful teachings help to guide you into more love, light and benevolence.

For those of you who do wish to continue into The Advanced Syon Cleanses, we now invite you to start walking on one of our <u>Ascension Pathways</u> and with this, you can now walk towards the vibration of <u>The New Consciousness</u> quickly and effectively!

Alternatively, for those of you who wish to open up to another one of our healing courses, we now invite you to check out our <u>'Choosing The Right Healing System' FAQ's</u> to help you with your decision.

Whatever you decide, we sincerely hope that we will see you again for another one of our online courses and for now we send you lots of love & light as we wish you all the best for your Syon cleansing practices!

May we all cleanse and nourish ourselves so that we may be free from all kinds of physical, mental & emotional suffering!

# LOVE INSPIRATION & MAITRI FOUNDATION



#### THE SYON CLEANSE DIVINE CLEANSE



#### WOULD YOU LIKE TO HELP?

You have received these energies and teachings freely and with love due to the humble and altruistic grace of our donors, sponsors, teachers & translators. If you have enjoyed these energies and would like to help make them continually and freely available for others to heal, grow and awaken from, we lovingly invite you to help in the following ways:

- Make a donation
- Sponsor an ebook
- HELP US FUNDRAISE
- Donate A Healing Session
- Donate A Reiki Event
- Share with others
- TRANSLATE FOR OTHERS
- BECOME A TEACHER
- WRITE A TESTIMONIAL
- Help us improve

#### Your help enables Love Inspiration to continue offering ebooks and courses freely for the infinite benefit of all.

Blessings & Thankyou, Love Inspiration & Maitri Foundation

### MAY ALL MERIT ACCUMULATED FROM THIS CLEANSE BE USED FOR THE BENEFIT OF ALL

May all be absolutely & infinitely happy and free from suffering.