

The Compassion Ascension



Master Level Symbols

Love Inspiration

THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS



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Learn • Heal • Awaken

FOR THE INFINITE BENEFIT OF ALL

May all beings be showered in compassion and be liberated from suffering.



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Please ensure that before you begin this Master Level Symbols course you:

- 1) Have completed the Master Level Symbols course "Eye Of Compassion".
OR
Have completed Crimson Horizon - Chapter One.
- 2) Have activated (unlocked) The Compassion Ascension energies using the activation code & instructions on the next page.

*Once you have unlocked the energies, you are ready to begin.
With love, we wish you well on your Compassion Ascension journey!*

If you have not already done so, please feel free to [sign up for free Ascension Healing](#) to help you on your Master Level Symbols journey.



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ACTIVATING (UNLOCKING) THE COMPASSION ASCENSION ENERGIES:

Before opening up to these beautiful Compassion Ascension energies, it is very important that you firstly activate or 'unlock' the energies in this ebook. Once this is completed, you will then be ready to begin!

The activation is a very simple process, done by yourself, using a specially embedded activation code to 'unlock' the energies in this ebook. The four step process is outlined below and should only take you around five minutes or so to complete.

(For more information about the activation codes or the activation process - please visit our [Activation Codes FAQ's](#)).



1) Preparation:

Please sit or lie down, whichever is more comfortable for you, and ensure that you will not be disturbed for at least 5 minutes or so. Perhaps you wish to play some soothing or relaxing music, light some candles or burn some incense to create a nice ambience.

2) Invocation:

Invoke the activation ('unlocking') by placing your hands together, fingertips touching in prayer position and saying the following:



**"With infinite grace, I ask humbly and clearly to activate
the energies for The Compassion Ascension.
With the unique activation code 555476112 may this be so.
May this activation benefit all beings.
Thankyou, thankyou, thankyou!"**

3) Receiving:

If you wish to, you can now just sit for a few minutes as the energies are unlocked for you. After this period of time, as you feel ready, you may wish to give thanks. The activation is now complete!

4) Understanding:

Once you have completed your activation, we ask that you now read through - ["Activation Codes and Suggested Timeframes"](#). This will only take around a minute or so and will help you to receive the maximum benefits from all of these healing energies, attunements and practices. After this, you are now ready to begin opening up and receiving these beautiful Compassion Ascension energies! May you enjoy these with much love & light and with an intention to benefit all beings.



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GET THE MOST CURRENT VERSION OF THE COMPASSION ASCENSION EBOOK!

Please note that this ebook is updated as further information comes to light, therefore before you begin, and periodically throughout your practices if you wish, please [visit our website](http://www.loveinspiration.org.nz) to check you have the most current version. The version number and date are listed in the bottom right hand corner of each page of the book and only the version on our website will always be the most current.

Welcome to



The Compassion
Ascension

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WELCOME TO THE COMPASSION ASCENSION:

With a deep sense of love & compassion, we welcome you here to this beautiful series of energies, known to us as The Compassion Ascension. In the coming months ahead, you will be receiving a wide array of deeply compassionate energies which will be helping you to embrace, feel and experience a new & deepened feeling of compassion in your life.

There are five main 'parts' to The Compassion Ascension, with each part playing an important role in helping you to open up to a new feeling of compassion in your life. During Part A, you will be 'installing' The Eighteen Rings Of Compassion. Each of these rings will be helping you to receive and assimilate these compassion based energies and then in Part B, these energies will then be awakened and opened up beautifully as you are guided to install a series of 'gateways' or 'portals' that will help to expand and improve the flow of compassion within you.

During Part C, you will receive an additional 3 'rings' (making a total of Twenty-One Rings Of Compassion) and then these three rings will again be opened up beautifully to enhance the flow of compassion i.e. to ensure that it radiates beautifully and divinely for the infinite benefit of all!

Having received The Twenty-One Rings Of Compassion through the first three parts, you will then be guided towards receiving 'The Nine Stars Of Compassion' (during Part D). And once again, these beautiful compassion based energies will be helping you to heal at a very deep and profound level as you move forwards into the final series of energies - The Diamond Ascension (Part E).



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As the finale to these teachings, The Diamond Ascension will be helping you to receive a great influx of love, light and compassion and this is truly a wonderful period of ascension! Here, the main focus is to 'fill the space' after what has been a very significant period of deep healing and purification within. So without further adieu, let us now commence this compassionately empowering course with an introductory message received from the Compassion Ascension Guides:



“Welcome to the light of the Compassionate Ascension. Throughout this journey of healing and deep purification, you will be awakened to a new sense and depth of compassionate understanding. From this, all other energies and perceptions radiate through, making this one of the most significant energy systems for those working in energy based healing or for those who are walking an Ascension Pathway.

Dear Ones, we are delighted to offer this foundational and break-through set of healing energies for the infinite benefit of the collective consciousness. Should you reach this place of beauty of compassion, please know that you are being rewarded for your energetic service to date, for these energies are indeed transformational - and transformational at such a deep, base level, that they open and radiate through all other energies within you to date.



The Compassion Ascension energies move you through a series of layers of compassionate healing, each building upon the previous to open and purify significant amounts of pain and trauma that has been lying dormant within you. These sufferings act as wounds, which are then covered by energies to protect them - energies that you have buried deeply so as to not open and feel that 'wound' again. The energies covering these deep-set wounds can lead to many forms of self-suffering, whether it be weight-gain, anxiety, addictions, hurtful personality traits and furthermore. All of which are defences used to protect you from feeling that pain or trauma again and all of which are the perfect gateway to opening a newfound depth of compassion.

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This journey dear ones is not an easy one, for opening the darkness is never pleasant, but is deeply purposeful and rewarding. Please be patient with your selves during this journey and continue to keep the wheels turning as you go through the challenges of these energies. By this we mean, please do not give up, for there is much, much, much to gain from this process.

As the energies build through the energetic changes, please know that we are always with you, watching over you and showering you in love and many, many blessings. This pathway is challenging but we have nothing but our utmost faith in you. Please do continue to shine your light for the benefit of all beings, for it is truly such a beacon for all.

LOVE COMPASSION AND
KINDNESS ARE THE
ANCHORS OF LIFE

Throughout the darkness there is always light, even though you may not always see it, it is there. Remember this and go well on your Ascension journey. The Compassion Ascension is indeed a great honour and gift to be bestowed. Please us it wisely and well for the infinite benefit of liberating all beings from their suffering.

These energies, once completed at the end of The Diamond Ascension in the final layer, will open your compassionate centre to a new depth. From here your healing, peace and all energies you are working with will become more foundationally solid, more robust, more fulfilling and you will gain a deeper insight into your true purpose here on the Earth Plane. For holding a greater compassion, all light shines through you more brightly.



Although the changes you feel may be only slight to begin with, know that you have created a foundational depth for great new things to build on. If you are working in the healing field, then you may find that your healing energies are now stronger, as they radiate through a new healing depth of compassion. If you are a meditator, you may find that your new compassionate depth helps you enter deeper and more meaningful meditations - all for the benefit of all.

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The deeper compassion also means that you are able to continue to heal yourself further and more deeply and this is significantly a path we would recommend you to continue.

Great compassion is truly a gift to the world and again, we thank you for your service to all beings.



Please be aware dear ones that as you progress throughout these energies, and as they continue to build and delve deeper into layers of healing, you may feel entirely sluggish, and tired - and often. Unfortunately these energies, whilst working, can be deeply exhausting as they release old pathways, energies, pains and traumas. However do understand that this is perhaps better than undergoing the full depth or pain of the emotional 'unload'. Give yourself time to relax and rest - and remember that it is only temporary.

The Compassion Ascension has been brought to you through great love and many blessings and we do wish you great healing on this pathway. For your energies are deeply required at this time and your compassion is deeply ready to manifest for the benefit of all. May infinite liberation be obtained by all beings and may you be a compassionate light to guide all others home to liberation.

With great depth, we thank you once again for your commitment and your endurance.
May the Compassion Ascension awaken and heal you for the entire benefit of liberating all.

Go well dear ones, We love you - deeply and compassionately.”

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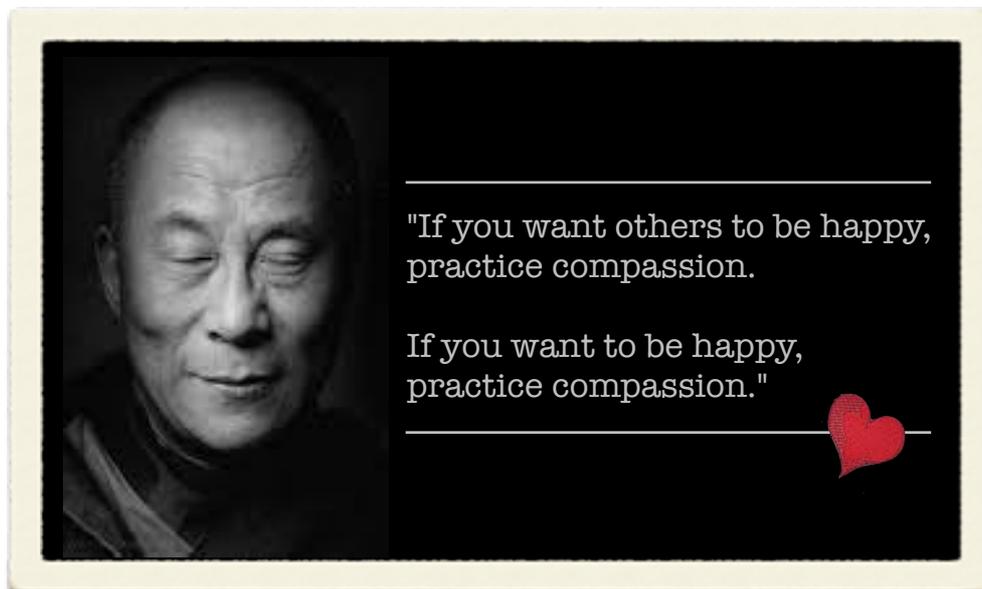
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We bow down to the Compassion Ascension Guides with much love and gratitude for bringing through this warm and loving message. As you can see from this information, the energies of Compassion are indeed very profound and by opening up to these blessed energies here, you will be offered the chance to do healing and purification at a very deep level.



In many spiritual traditions, it is often said that compassion is the deepest healing energy of all. For it is the energies of compassion that provide us with the cornerstone for 'enlightened thinking' or 'Bodhicitta' as it is sometimes referred to in Tibetan Buddhism.

It is the energies of compassion that help us cultivate and intensify our altruistic and benevolent intentions and it is the energies of compassion that help us to feel more empathy, compassion and love for other living beings. The Dalai Lama likes to refer to compassion as being the root of genuine or ultimate happiness. He has famously been quoted for saying:



The energies of compassion are extremely important for any practitioner, for by holding more compassion in our heart, this can very naturally and organically lead us towards more peace, humility and love. And this helps to guide us towards a happier, more fulfilling and benevolent way of life!

Also, by feeling more compassion or empathy for another living being, feeling their suffering, pain and discomfort, we are often better able to 'connect' and almost certainly, our actions will be based in a 'helping' mindset. For example, by feeling empathy or compassion for another, we are often able to become better listeners, helpers, healers or assistants as we offer ourselves up in service for the benefit of all.

 In this way, we can start to see that by holding a feeling of compassion in our hearts will almost certainly be accompanied by actions that are steeped in benevolence, altruism and kindness. And of course, these kinds of actions will always be helping to accumulate karmic merits for our journey forwards, which then helps to bring benefit to the entire collective 'unified' consciousness. And it is for all these reasons (and many more) that many spiritual practitioners consider compassion to be a very important cornerstone of their daily practices.

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AN OUTLINE OF THE COMPASSION ASCENSION:

Please find below an outline of The Compassion Ascension.

The Compassion Ascension

Chapter	Timeframes		Information
<u>PART A:</u> The Eighteen Rings Of Compassion	101 days (±15 weeks)	1 - 80 (80 days)	The 18 Rings Of Compassion
		80 - 101 (21 days)	21 days of rest
<u>PART B:</u> The Eighteen Rings Of Compassion Gateways	24 days (±3 weeks)	1 - 7 (7 days)	Pryon Symbol Practice
		8 - 14 (7 days)	Suho Symbol Practice
		15 - 21 (7 days)	Inndito Symbol Practice
		22 - 24 (3 days)	3 days rest
<u>PART C:</u> The Twenty- One Rings of Compassion	21 days (3 weeks)	1 - 18 (18 days)	Heta Symbol Practice
		19 - 21 (3 days)	3 days rest
<u>PART D:</u> The Nine Stars Of Compassion	39 days (±6 weeks)	1 - 24 (24days)	The 7 Star induction
		25 - 35 (10 days)	The White Star Induction
		36 - 39 (4 days)	The Triple Star Induction
<u>PART E:</u> The Diamond Ascension	24 days (±3 weeks)	1 - 17 (17 days)	Rest
		18 - 24 (7 days)	The Diamond Ascension

**Total Time to complete The Compassion Ascension =
209 days / approx. 30 weeks or 8 months**

Welcome to Part A



The 18 Rings Of
Compassion

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WELCOME TO PART A - THE EIGHTEEN RINGS OF COMPASSION:

With much love & light, we welcome you here to Part A - The Eighteen Rings Of Compassion. During the next three months you will be guided towards 'installing' The Eighteen Rings Of Compassion into your energy field for the benefit of all.

Each ring will be 'installed' individually i.e. one by one, and with each installation, you will be guided towards receiving a new energetic frequency into your consciousness i.e. ring 1 = joy, ring 2 = hope, ring 3 = unity etc. These new and deeply compassionate energies will be helping you to heal, purify and release deepened layers of impurity as you are prepared for the next steps forwards.

The general format here for receiving these energies is very simple and straight forward. For each ring, you will be invoking the energies on the first day and then we will be taking some [rest days](#) whilst the ring is 'installed' and assimilated within. This simple cycle then repeats itself for each of the eighteen rings until each ring has been installed and assimilated within. Wonderful!

We hope that you will enjoy receiving The Eighteen Rings Of Compassion. May these beautiful energies help to bring deep healing and purification into your life and may you radiate these beautiful frequencies outwards for the collective benefit of all!



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1. AN OUTLINE OF THE EIGHTEEN RINGS OF COMPASSION:

Please find below an outline of The Eighteen Rings Of Compassion, with Rings 1 - 9 in the first table and Rings 10 - 18 in the second table.



Eighteen Rings Of Compassion (Rings 1 - 9)

Day	Information
1	'The First Ring of Joy' invocation
2,3,4	<i>Rest for three days</i>
5	'The 2 Rings of Hope' invocation
6,7,8	<i>Rest for three days</i>
9	'The 3 Rings of Unity' invocation
10,11,12	<i>Rest for three days</i>
13	'The 4 Rings of Purity' invocation
14,15,16	<i>Rest for three days</i>
17	'The 5 Rings of Journey' invocation
18,19,20	<i>Rest for three days</i>
21	'The 6 Emerald Rings of Light' invocation
22,23,24	<i>Rest for three days</i>
25	'The 7 Silver Rings of Pryn' invocation
26,27,28	<i>Rest for three days</i>
29	'The 8 Golden Rings of Compassion' invocation
30,31,32	<i>Rest for three days</i>
33	'The 9 Rings of Elementals' invocation
34,35,36	<i>Rest for three days</i>



Eighteen Rings of Compassion (Rings 10 - 18)

Day	Information
37	'The 10 Rings of Universal Faith' invocation
38,39,40	<i>Rest for three days</i>
41	'The 11 Rings of Stillness' invocation
42,43,44	<i>Rest for three days</i>
45	'The 12 Rings of Abundance' invocation
46,47,48	<i>Rest for three days</i>
49	'The 13 Rings of Freedom' invocation
50,51,52	<i>Rest for three days</i>
53	'The 14 Rings of Harmony' invocation
54,55,56	<i>Rest for three days</i>
57	'The 15 Rings of Fortitude' invocation
58,59,60	<i>Rest for three days</i>
61	'The 16 Rings of Radiance' invocation
62,63,64	<i>Rest for three days</i>
65	'The 17 Rings of Transcendence' invocation
66 - 72	<i>Rest for seven days</i>
73	'The 18 Rings of Compassion' invocation
74 - 80	<i>Rest for seven days</i>

**Total Time to complete invocation of Eighteen Rings = 80 days
(+ 21 days rest before commencing Part B)**

2. INVOKING THE EIGHTEEN RINGS OF COMPASSION:

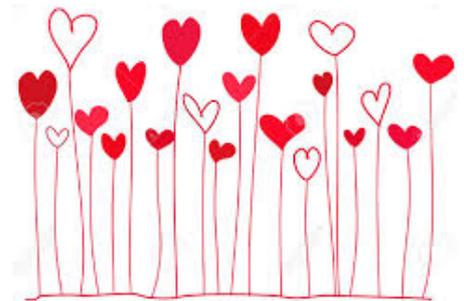
We hope that you will enjoy receiving these beautiful Eighteen Rings Of Compassion! The energies here will be guiding you to heal and purify at a very deep level so with this in mind, we warmly suggest here that you please be loving and gentle with yourself wherever possible during these next few months.



Before you begin, please ensure you have unlocked The Compassion Ascension energies as per the writing in red below:

NOTE: Before you begin these energies, please ensure that you have activated (unlocked) The Compassion Ascension energies prior to commencing.

The activation / unlocking process is a simple 5 minute process which unlocks the energies and gives you access to them. Once you have unlocked the energies, this means that you have activated all the energies in this ebook for The Compassion Ascension, specifically for you. You are therefore then ready to continue your Compassion Ascension journey by working through this ebook, at your own pace and receiving the energies as you feel guided.



If you have not yet activated / unlocked The Compassion Ascension energies for yourself, you may do this by following the instructions on Page III of this ebook.

Once you have unlocked the energies you are ready to begin!

So now, let us provide you with some more detailed information about how to invoke the energies here for Part A.

As we've already mentioned, each of the Eighteen Rings will be installed into your energy field individually i.e. one by one and for each ring, you will need to 'invoke' the energies. For rings 1 - 16, each ring will take a total of 4 days to install with the first day being an invocation and then the next 3 days being 'rest and digest' days. For rings 17 & 18, there will be 7 days of rest which means that these last two rings will take you 8 days to receive i.e. 8 days for each ring.

For each invocation, you will be receiving the energies for that particular ring PLUS the energies of all those rings before it. All of these energies will be compounded together to create a new energetic frequency which will then be installed for that level.

For example, if you were invoking ring 9, you would be receiving the combined energies of ring number nine PLUS the energies of the eight previous rings. The energies of these nine rings will be compounded together beautifully and you will then receive the combined frequency of all nine rings.



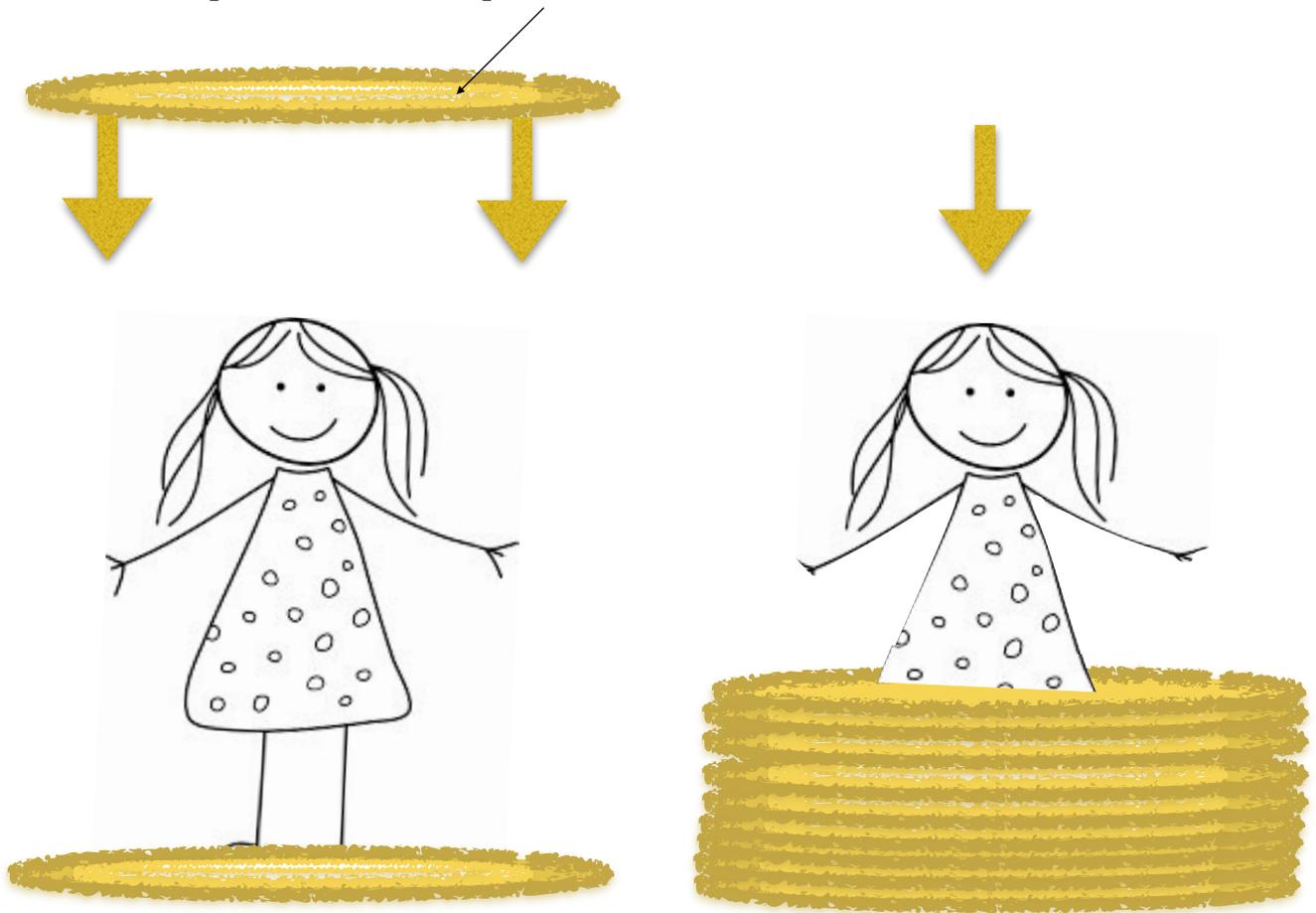
As each 'ring' is received, it will slide downwards over your body, with the first ring going right down to the feet, the ninth ring being at Base Chakra level and the eighteenth ring sitting just 3cm above the head. And to help explain this a little more easily, we have included diagrams on the following pages which show how the rings are received.

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The first diagram below shows how the rings move into position, down over the head.

Rings Moving Into Position

Once invoked, incoming rings slide down over the top of the head into position



First Ring At Feet Level

9 Rings In Position
(Up To Base Chakra)

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The second diagram below shows all Eighteen Rings Of Compassion once installed.

The Eighteen Rings Of Compassion



9 Rings Up To Crown Chakra
(More Intensive Emotionally)

9 Rings Up To Base Chakra:
(More Intensive Physically)



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As The Eighteen Rings Of Compassion are being received, the Guides also explained that the rings will be installed over a number of 'phases'. Each of the phases correspond to our Chakras and to help summarise this information, we are delighted to include this table below:



<i>Eighteen Rings Of Compassion</i>			
Phase	Days	Ring(s)	Chakra
One	1 - 16	Rings 1, 2, 3 & 4	Base Chakra
Two	17 - 32	Rings 5, 6, 7 & 8	Base Chakra
Three	33 - 36	Ring 9	Base Chakra
Four	37 - 44	Rings 10 & 11	Sacral Chakra
Five	45 - 52	Rings 12 & 13	Solar Plexus Chakra
Six	53 - 60	Rings 14 & 15	Heart Chakra
Seven	61 - 64	Ring 16	Throat Chakra
Eight	65 - 72	Ring 17	Third Eye Chakra
Nine	73 - 80	Ring 18	Crown Chakra

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The Invocations:

According to the tables on pages 11 & 12, please follow the two invocation steps below on each of the invocation days.

► Step One - Preparation:

Please make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or so minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

► Step Two - Invoke the applicable ring energies:

Invoke the applicable ring energies by placing the hands together, fingertips touching in prayer position whilst saying the applicable invocation. *(You will find all of the invocations on the next pages).*

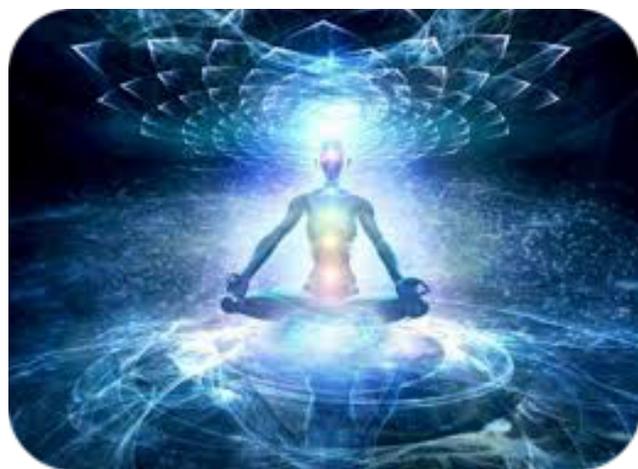


If you wish to, you can sit for a few minutes after the invocation. Or alternatively, you may wish to recite the invocation several times to help cement your intentions. You may choose to say the invocation out loud or in your head, as you feel guided.

For an additional visualisation option here, you may also wish to imagine the rings around you with the new ring coming down over your head as you say each of the invocations. For example, if you were invoking ring 14, you may like to envisage the 13 rings already around you and the fourteenth ring coming down over your head.

This is not a necessary step but we are happy to include this option here for anyone who feels like they would like to work with 'visualisations' as part of their practice and invocation.

For Gerry, she saw the rings as being gold in colour with many shimmers & sparkles of beautiful rainbow colours. The rings were not stationary but rather they were 'breathing' - moving & turning and glistening in the light. We hope this information helps!



Once you have completed all of the invocations (shown on the following page) and the associated [rest periods](#), the Guides have asked that you please allow a final period of 21 days of additional rest to allow the rings to be fully assimilated i.e. on days 81 - 101. During this time, for those who may be very sensitive to the energies like Gerry, you may feel the rings gently twisting and turning around you as they assimilate with your energy, inflate and adjust.

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Phase One - Base Chakra: Rings 1, 2, 3 & 4 (Days 1 - 16)



Ring 1 - Day 1

"I invoke the energies of compassion and joy.
May joy be upon me for the infinite benefit of all.
Thankyou, thankyou, thankyou."



Ring 2 - Day 5

"I invoke the energies of compassion and hope.
May hope fill me with love, compassion and
perseverance for the infinite benefit of all.
Thankyou, thankyou, thankyou."



Ring 3 - Day 9

"I invoke the Three Rings of Unity.
May compassionate unity be upon me
for the infinite benefit of all.
Thankyou, thankyou, thankyou."



Ring 4 - Day 13

"I invoke purity. May Divine purity radiate from me for the
infinite benefit of all. May compassionate purity envelop me,
wholly, truly and peacefully, as I renounce myself further for
the greater good of all. Thankyou, thankyou, thankyou."



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Phase Two - Base Chakra: Rings 5, 6, 7 & 8 (Days 17 - 32)



Ring 5 - Day 17

"For the infinite purpose of benefitting all beings,
I invoke the compassionate energies of journey. May love
be the wind in my sail as I journey forwards for all.
Thankyou, thankyou, thankyou."



Ring 6 - Day 21

"With emerald intensity, I invoke the energies of light.
May I be guided compassionately towards my truth
for the infinite benefit of all.
Thankyou, thankyou, thankyou."



Ring 7 - Day 25

"May I invoke the Rings Of Pryon. With due faith & diligence,
I ask that these rings be installed for the compassionate benefit
of my being. May all be blessed with the light of Pryon.
Thankyou, thankyou, thankyou."



Ring 8 - Day 29

"May the Golden Rings Of Compassion be installed for the
innermost unfoldment of my truest & deepest purpose.
May compassion radiate throughout me, in me and around me
in order to manifest Golden Light in every direction.
Thankyou, thankyou, thankyou."



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Phase Three - Base Chakra: Ring 9 (Days 33 - 36)



Ring 9 - Day 33

"May I infinitely invoke the Elemental energies of Fire, Earth, Water & Air for the profound benefit of illuminating all darkness. May the Elementals light the way forward for all beings through faith, compassion and the element of Trust. May we uplift and uphold such virtuous values for the infinite development of Divine potential in all beings.
Thankyou, thankyou, thankyou"

Phase Four - Sacral Chakra: Rings 10 & 11 (Days 37 - 44)



Ring 10 - Day 37

"I ask to invoke the energies of compassionate faith. May faith be upon me for the infinite benefit of all. May all beings live in Divine faith.
Thankyou, thankyou, thankyou."



Ring 11 - Day 41

"May stillness be upon me. I ask to invoke the energies of stillness for the compassionate wellbeing of all. May stillness raise my vibration for the betterment of all.
Thankyou, thankyou, thankyou."



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Phase Five - Solar Plexus Chakra: Ring 12 & 13 (Days 45 - 52)



Ring 12 - Day 45

"I ask to invoke the radiance of abundance.
May my light be showered in abundance for the
infinite benefit of all. May abundance rain down on all,
in order to open the doorways to freedom.
Thankyou, thankyou, thankyou."



Ring 13 - Day 49

"I ask to invoke the energies of freedom.
May the gateways open and guide me to complete
freedom for the absolute & infinite benefit of all.
Thankyou, thankyou, thankyou."

Phase Six - Heart Chakra: Rings 14 & 15 (Days 53 - 60)



Ring 14 - Day 53

"May I invoke the energies of compassionate harmony for the
infinite benefit of all. May harmony light the way for true
radiance of self and for helping others. May we all live in
harmony. Thankyou, thankyou, thankyou."



Ring 15 - Day 57

"May I invoke the energies of fortitude. May all beings be
blessed with infinite fortitude in order to bring true light to
the surface. May all beings benefit from the influx of
compassionate fortitude, now and always.
Thankyou, thankyou, thankyou."

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Phase Seven - Throat Chakra: [Ring 16](#) (Days 61 - 64)



[Ring 16 - Day 61](#)

"May I invoke the deep and fulfilling energies of compassionate radiance. May I be fully endowed with complete, true and altruistic radiance for the infinite benefit of all.
Thankyou, thankyou, thankyou."

* Phase Eight - Third Eye Chakra: [Ring 17](#) (Days 65 - 72): [*change to 7 days rest]



[Ring 17 - Day 65](#)

"May I ask to complete the cycle of rings into the realm of transcendence. May I use compassionate transcendence to overcome all obstacles on my pathway, for the infinite benefit of all beings. May transcendence be upon me.
Thankyou, thankyou, thankyou."

Phase Eight - Crown Chakra: [Ring 18](#) (Days 73 - 80) [7 days rest]



[Ring 18 - Day 73](#)

" With great love and expanding compassion, I ask to be infinitely blessed with the Eighteen Rings Of Compassion. May complete and fulfilling compassion radiate from my every infinite energy cell, making me a being of pure light for the benefit of liberating all.
Thankyou, thankyou, thankyou."

After completing the invocation for Ring 18, you will need to [take rest](#) for seven days (days 74 - 80) and then for an additional 21 days prior to moving into the Part B energies.

Welcome to Part B



The 18 Rings Of
Compassion Gateways

THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS



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THE COMPASSION ASCENSION

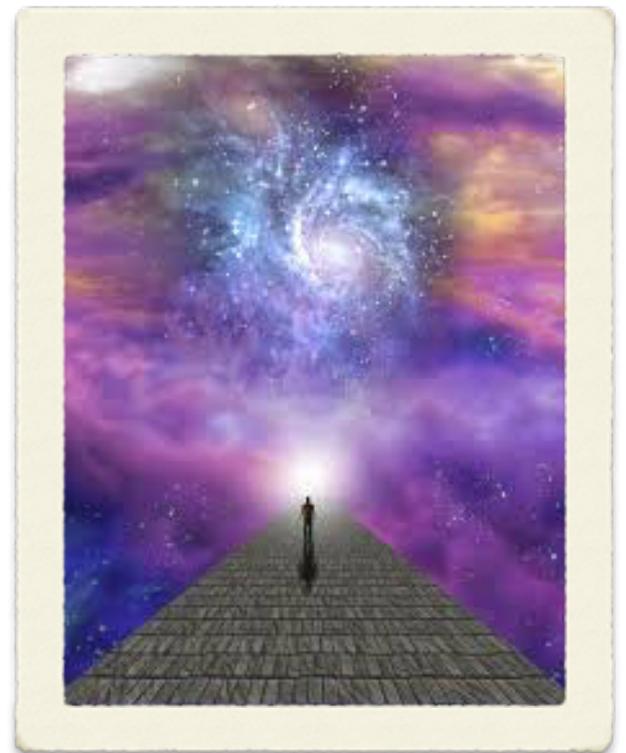
WELCOME TO PART B - THE EIGHTEEN RINGS OF COMPASSION GATEWAYS:

Having now installed The Eighteen Rings Of Compassion through Part A (and having waited for an additional 21 days from the completion of these practices) you are now ready to open up the beautiful 'gateways' or 'portals' so that these energies can now be radiated for the benefit of all!

In this way, we can think of Part A as helping the energies of the rings to be installed so that these can be called on *for yourself*. These energies have now been received very beautifully into your consciousness and this has most likely brought about deep healing and purification from within. Wonderful!

Through the Part B teachings then, the symbol practices will now be helping to open up these energies by installing a series of internal 'Gateways' or 'Portals'. This will be helping the energies of the rings to flow through you more effectively so that you can radiate these for the benefit of *others*.

This beautiful awakening and opening of these portals will be taking place 'behind the scenes' here during Part B and as you open up to a number of very simple symbol practices. We hope you enjoy this new awakening of compassion within you during this next month or so and may these new internal 'gateways' help the energies of compassion to flow beautifully for the infinite benefit of all!



THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

1. AN OVERVIEW OF THE EIGHTEEN RINGS OF COMPASSION GATEWAYS:

As we've just mentioned, The Eighteen Rings Of Compassion Gateways will now be opened here through a simple set of symbol practices. With each symbol practice, the 'gateways' will be opened on each of the eighteen rings with much love and divine care. To help ensure that this process is completed successfully, we kindly refer you here to the below summary table:

Part B: Gateway Installations	
Days	Information
1 - 7 (7 days)	Pryon symbol practice for seven days (Gateway of 7 rings)
8 - 14 (7 days)	Suho symbol practice for seven days (Gateway of 11 rings)
15 - 21 (7 days)	Inndito symbol practice for seven days (Gateway of 18 rings)
22 - 24 (3 days)	Rest for three days
Total Time for Part B: Gateway Installations = 24 days	



THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

2. PRACTICES FOR THE EIGHTEEN RINGS OF COMPASSION GATEWAYS:

Please find below and on the following pages, the three Part B symbol practices:

- ▶ Days 1 - 7: Pryon
- ▶ Days 8 - 14: Suho
- ▶ Days 15 - 21: Inndito



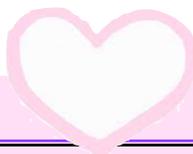
Days 1 - 7: Pryon Symbol Practice

For the first seven days, please place the symbol Pryon (pronounced *Pry-onn*, below) into your Third Eye Chakra, three times per day, for 3 minutes each time.

PRYON

PRYON

HOW TO DRAW PRYON



THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

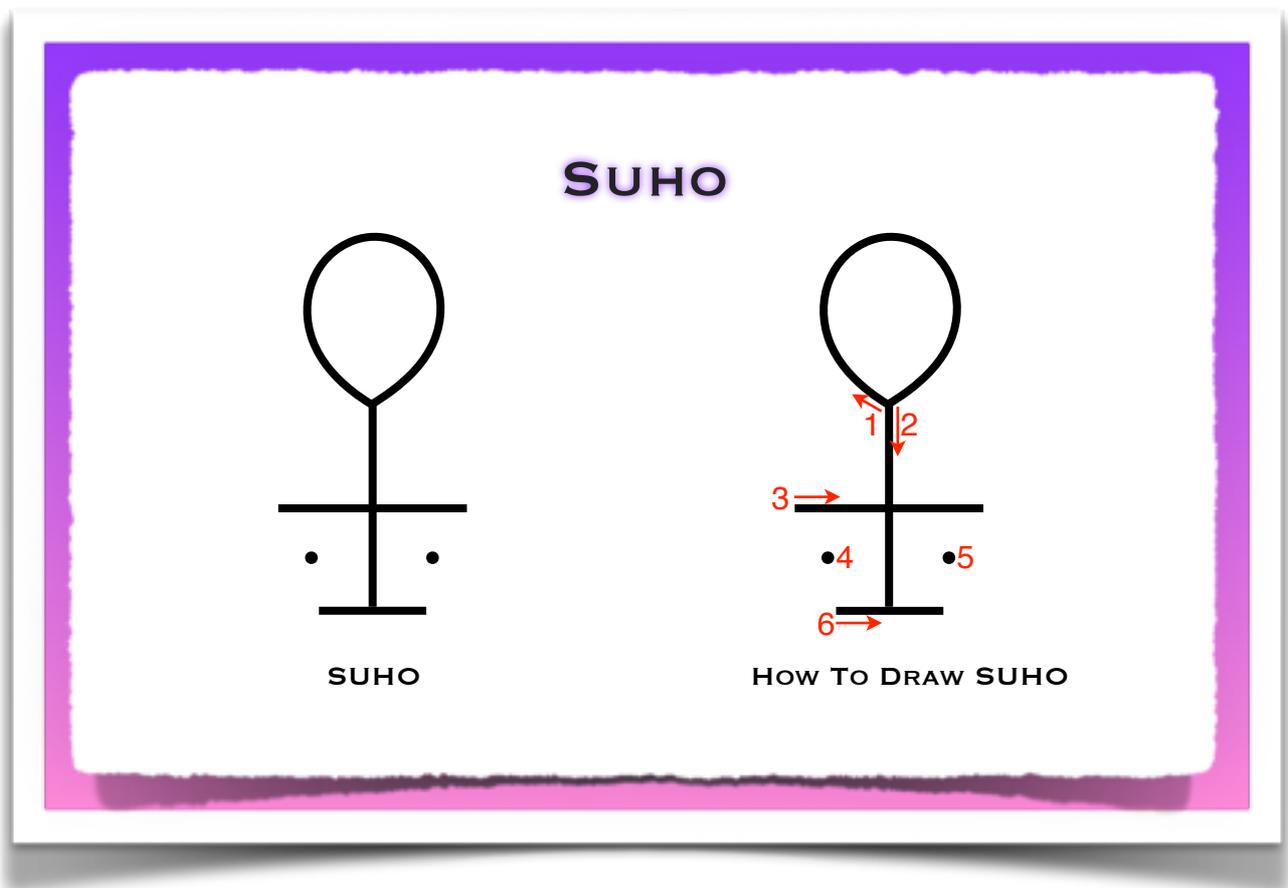
When Gerry saw the symbol Pryon in her Third Eye, she saw the symbol in the colour BLUE, and the oval 'head' of the symbol as a kind of 'portal' through which the first seven rings could flow, as per the diagram below:



THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

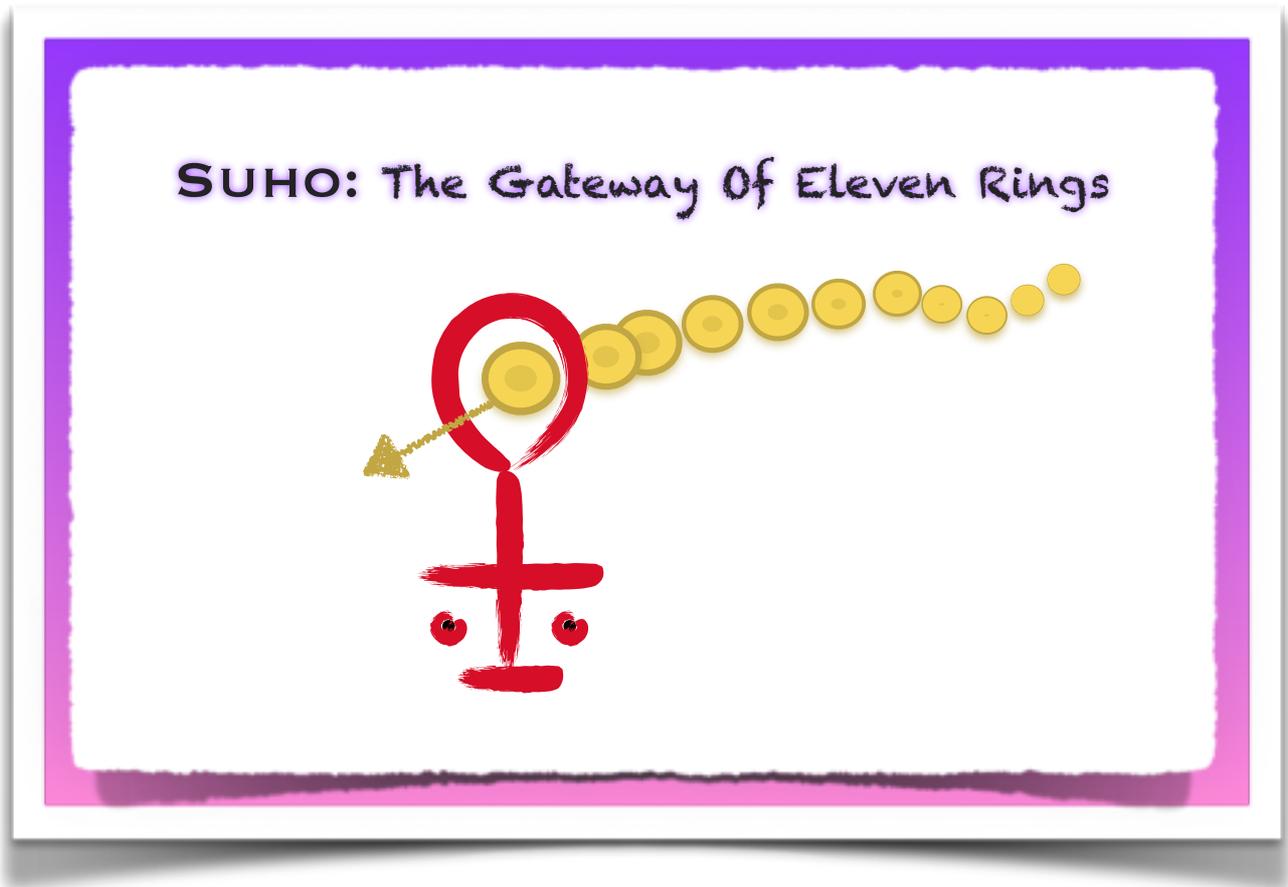
Days 8 - 14: Suho Symbol Practice

For days 8 - 14, please place the symbol Suho (pronounced *Su - ho*, below) into your Third Eye Chakra, three times per day, for 3 minutes each time.



THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

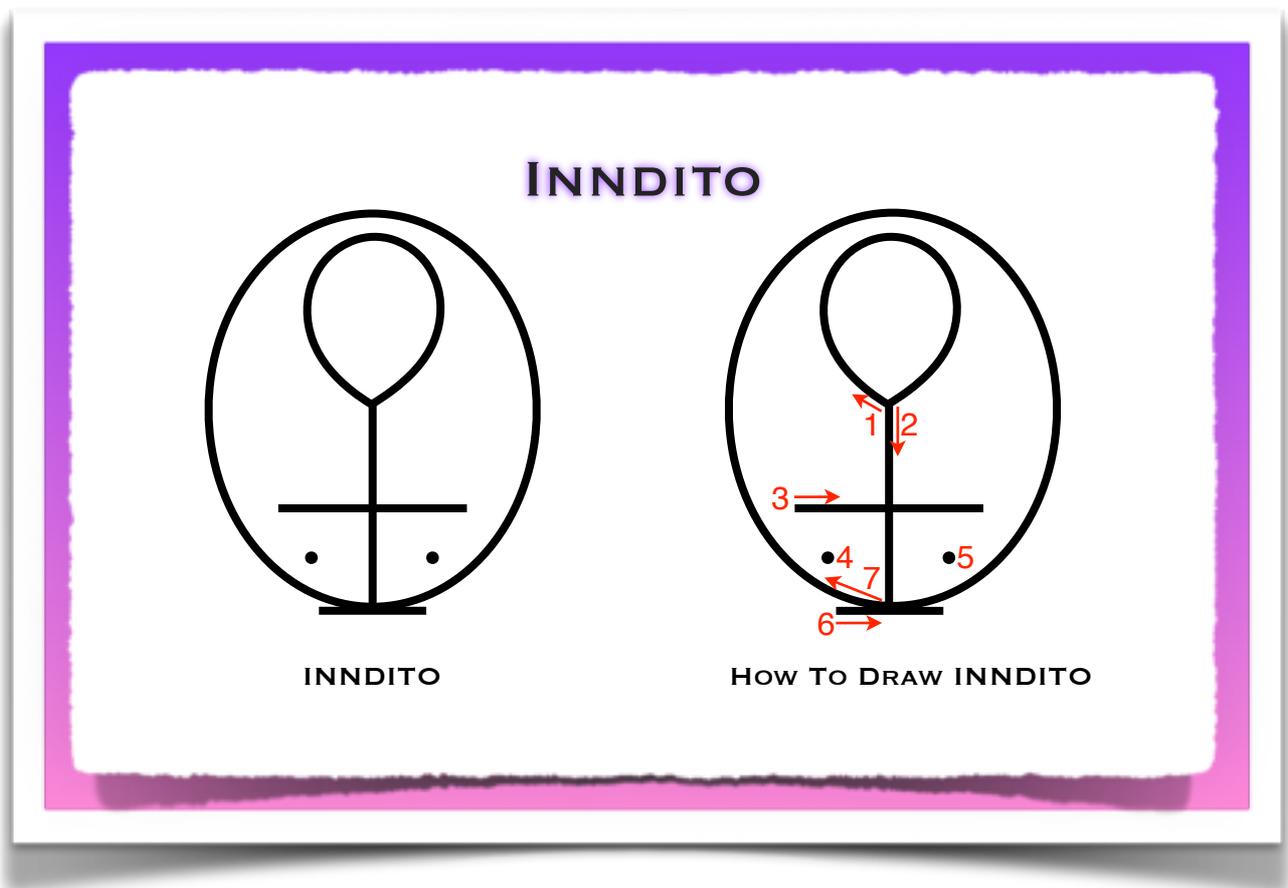
When Gerry saw this symbol, she saw the symbol in the colour RED, and the oval 'head' of the symbol as a kind of 'portal' through which the first eleven rings could flow, as per the diagram below:



THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

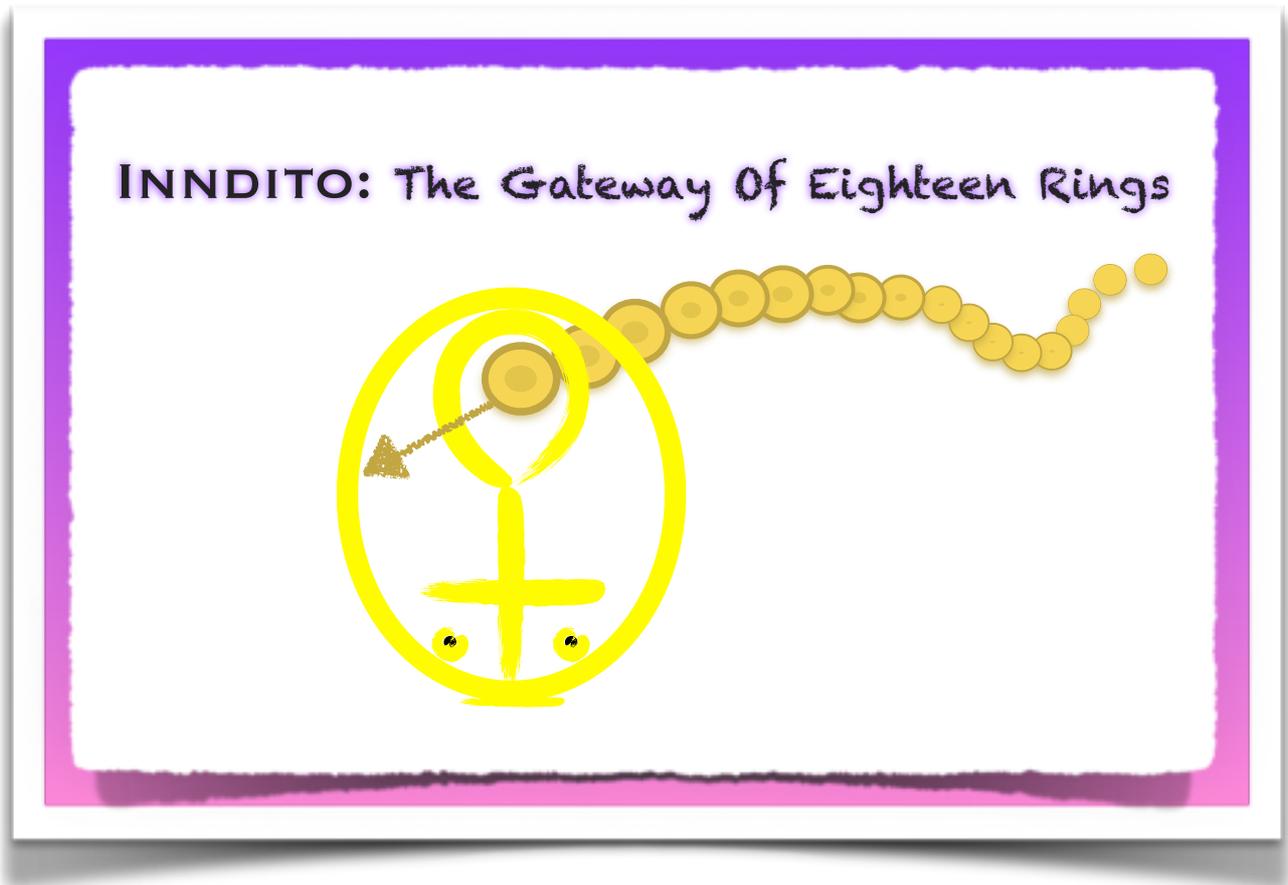
Days 15 - 21: Inndito Symbol Practice

For days 15 - 21, please place the symbol Inndito (pronounced *In - dee - tow*, below) into your Third Eye Chakra, three times per day, for 3 minutes each time.



THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

When Gerry saw this symbol, she saw the symbol in the colour **YELLOW**, and the oval 'head' of the symbol as a kind of 'portal' through which the eighteen rings could flow, as per the diagram below:



Once you have completed your Inndito symbol practice for seven days, please rest for three days before commencing Part C: The Twenty-One Rings Of Compassion.

Welcome to Part C



The 21 Rings Of
Compassion

THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS



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THE COMPASSION ASCENSION

WELCOME TO PART C - THE TWENTY-ONE RINGS OF COMPASSION:

It is with much love & compassion that we welcome you here to The Twenty One Rings Of Compassion. Having now received the Eighteen Rings Of Compassion through Part A and after opening the 'gateways' to these energies through Part B, you are now ready to receive an additional three rings here to make up The Twenty-One Rings Of Compassion (Part C).

These three new rings are very unique and will be installed into your Heart Chakra as you complete another simple set of symbol practices. During this next month or so, these three new rings will be installed and the 'gateways' for these three rings will also be opened as these wonderfully compassionate energies are received, awakened and energised for the benefit of all!

We hope that you will enjoy receiving these three new Rings Of Compassion. May your Heart Chakra be expanded and filled with these beautiful new energies and may you radiate these gently, lovingly and peacefully for all beings in creation!



THE COMPASSION ASCENSION

MASTER LEVEL SYMBOLS

*** A Note For Those Combining Crimson Horizon With The Compassion Ascension

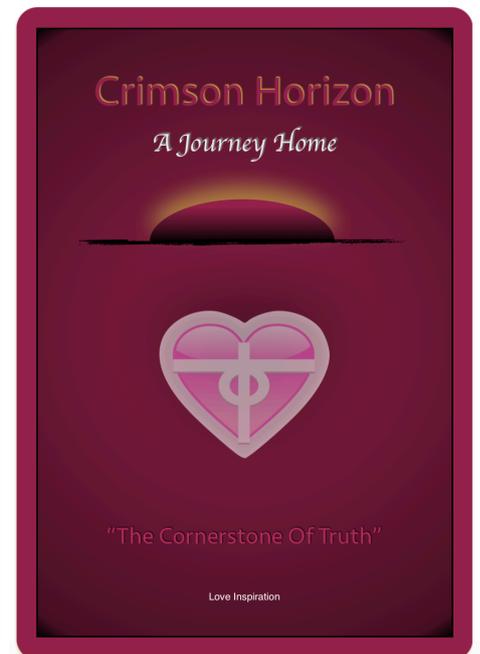
For those who started receiving these Compassion Ascension energies immediately after Crimson Horizon - Chapter One, we wish to point out here that your four month resting timeframe for the Crimson Horizon energies has now been completed. Congratulations!

If you wish to, you are invited to receive these Part C - Compassion Ascension energies at the same time as the Chapter Two - Crimson Horizon energies. Both sets of practices / teachings are quite simple and straight forward so both of these practices can be completed at the same time (if you wish to).

*If you do wish to complete both practices simultaneously then this is wonderful - we hope that you will enjoy them! Please note that we strongly recommend that you **continue receiving The Compassion Ascension energies right up until the completion of The Diamond Ascension.** This is very important and will help your energy field to receive the nourishment it needs during this time.*

For those who would prefer to receive the Crimson Horizon teachings after finishing The Compassion Ascension, this is also fine. Simply continue moving through these Compassion Ascension energies and then move back into the Crimson Horizon - Chapter Two practices once you have completed The Diamond Ascension. Simple!

As always, we simply ask that you please listen to your own heart and divine intuition when deciding on the right steps forward for you. For some people, we understand that completing two sets of teachings at once can feel a little 'too much' whilst for others, you may feel very comfortable. Whatever you decide, we hope that you will enjoy both sets of energies at the right time for you!



THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

1. AN OVERVIEW OF THE TWENTY-ONE RINGS OF COMPASSION:

Part C of The Compassion Ascension will be helping you to install the final three rings (19, 20 & 21) into your Heart Chakra and will also be opening up the gateway or portal for these same rings. We hope you enjoy these symbol practices and energies and may they help to bring much love, light and compassion into your life and to the entire collective consciousness!

Days	Information
1	Invocation and Heta symbol practice
2 - 18 (17 days)	Heta symbol practice
19 - 21 (3 days)	Rest for three days

Total Time for Part C: The Twenty-One Rings Of Compassion = 21 days

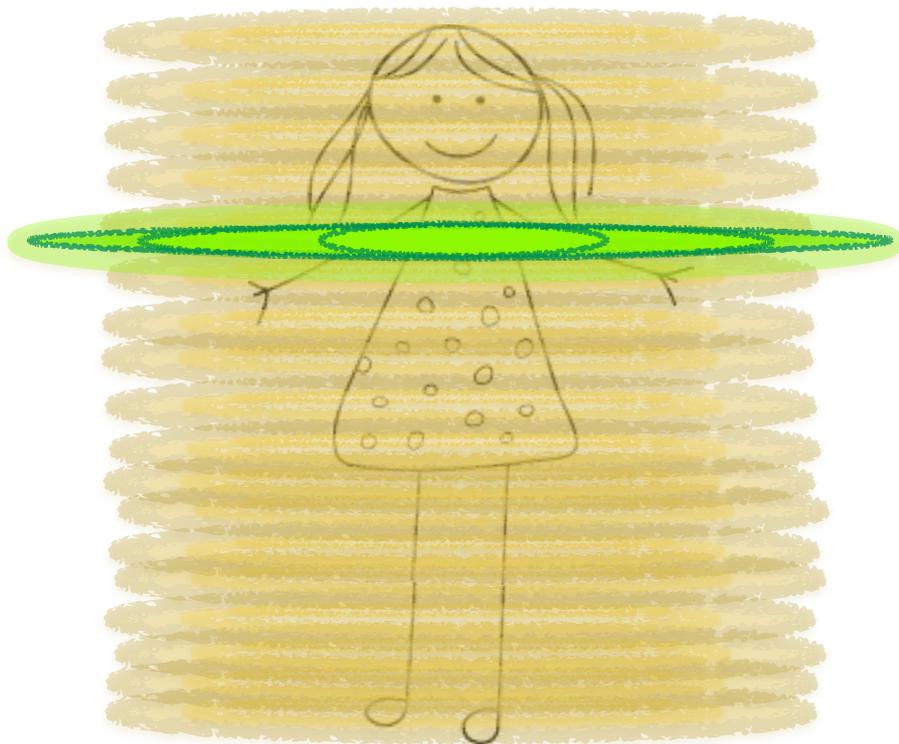


THE COMPASSION ASCENSION

MASTER LEVEL SYMBOLS

As we've already mentioned, these final three rings will be installed into your Heart Chakra. Ring 19 is quite small, ring 20 is slightly larger and ring 21 is larger again. These are received downwards over your head in the same way as Part A and will be installed with much divine care and love as you go about your symbol practices. Here is a simple diagram to help illustrate how these new rings will be installed within your Heart Chakra:

The Twenty-One Rings Of Compassion Including The Final Three Rings Installed In The Heart Chakra



2. PRACTICES FOR THE TWENTY-ONE RINGS OF COMPASSION:

Please find the practices for the Twenty One Rings Of Compassion on the following pages:

Day 1: Invocation & Heta Symbol Practice

On day one, please complete the following three steps:

► Step One - Preparation:

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 20 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

► Step Two - Invoke the Twenty One Rings Of Compassion:

Invoke the ring energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



"I open and invite the accumulation of The Twenty-One Rings Of Compassion to manifest within me.

May all beings reach the compassionate understanding of unity, oneness and altruism for the benefit of all.

May this attunement be completed through the energies of Heta.

Thankyou, thankyou, thankyou."

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation several times. You can choose whether you say this invocation out loud or in your head, as you wish.



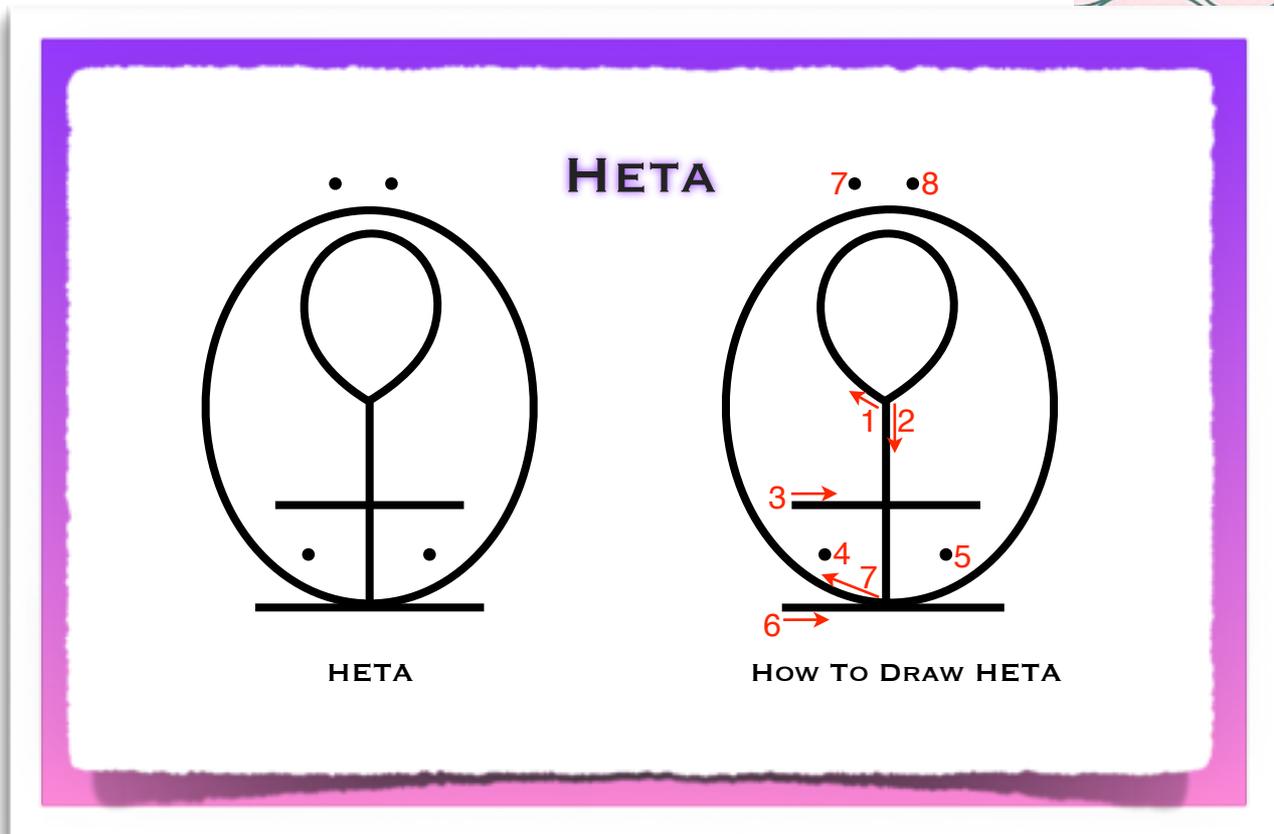
If you wish to also, you can imagine the previous eighteen rings already embedded within you as you imagine the three new rings coming down over your head and entering your heart chakra as you say the invocation.

This is not 'necessary' but rather, it is an offering to those who would like to work with visualisation as an aid to their practice.

THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

► Step Three - Heta Symbol Practice:

After saying the invocation, please place the symbol Heta (pronounced *Hee - tah*, below) into your Crown Chakra for 4 minutes.

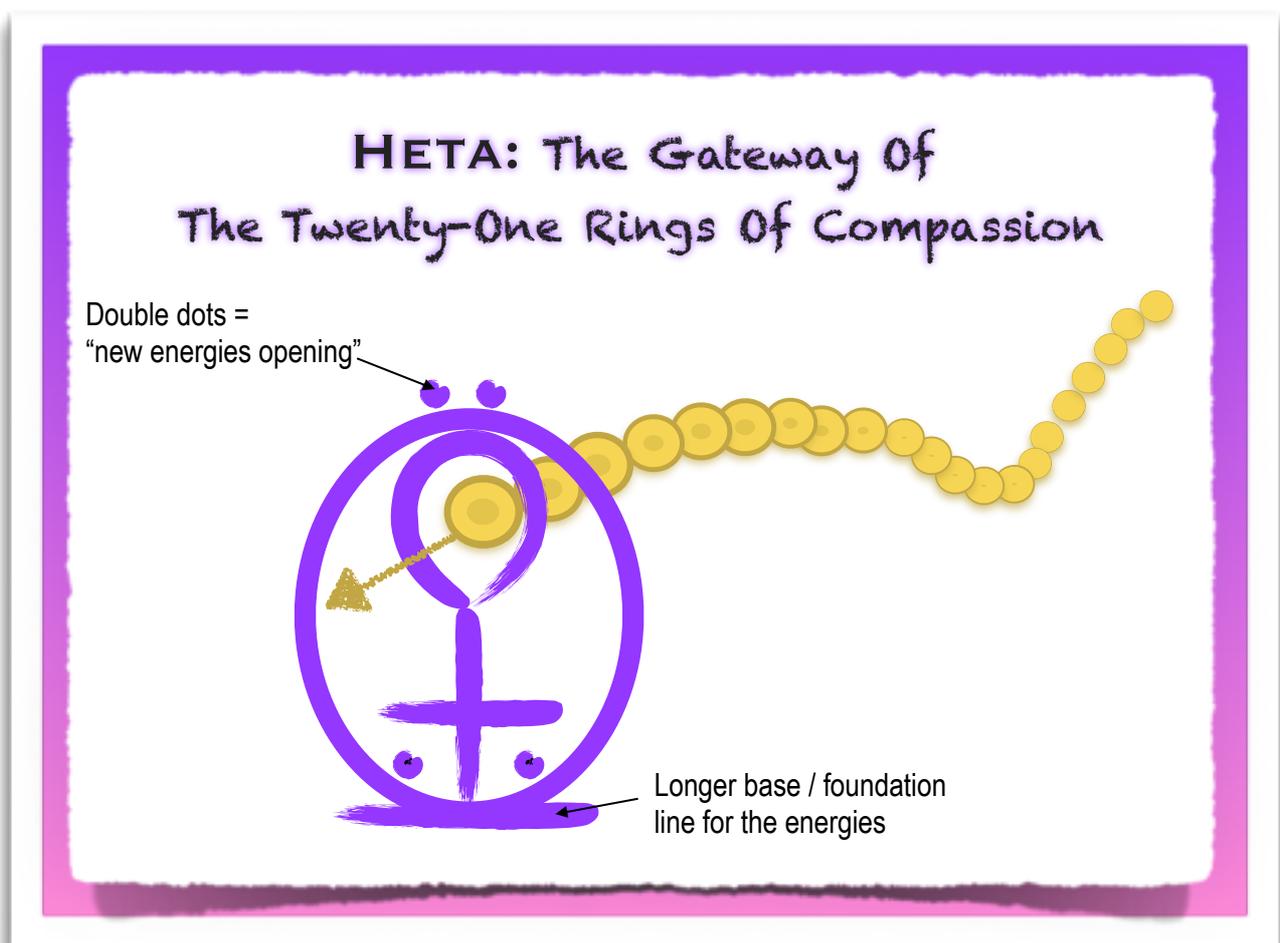


Days 2 - 19: Heta Symbol Practice

On days 2 - 19 there is no need to repeat the invocation, just simply do the Heta symbol practice by placing the Heta symbol into your Crown Chakra, once per day, for 4 minutes each time.

When Gerry saw the Heta symbol, she saw the symbol in the colour PURPLE, and the oval 'head' of the symbol as a kind of 'portal' through which the twenty-one rings could flow, as per the diagram below.

The Guides also explained that the base/foundation in this symbol was extended (the longer base-line) and that the two dots at the top were "new energies opening".



For several days, Gerry saw the purple energies of Heta 'hanging around'. Then one day, when the purple faded, a golden star appeared to be forming above Gerry's head. Gerry's 'best guess' is that the double dots "new energies opening" must have been the Gold Star Of Compassion which is the first star in 'The Nine Stars Of Compassion' (to be received in the next section).

Please rest for three days before beginning section D - The Nine Stars Of Compassion.

Welcome to Part D



The 9 Stars Of
Compassion



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MASTER LEVEL SYMBOLS THE COMPASSION ASCENSION

WELCOME TO PART D - THE NINE STARS OF COMPASSION:

Having now installed and fully assimilated The Twenty One Rings Of Compassion, you have no doubt received much healing and purification. And here, during Part D, the process of deep healing and purification will continue as you open up to a new series of 'compassionate' energies, known to us as 'The Nine Stars Of Compassion'.

The Nine Stars Of Compassion will be received over three main 'parts' and in total, these practices will take you just over a month to complete. During the first part, you will be installing seven stars through 'The 7 Star Induction' practices. Following this, you will receive 'The White Star Induction' and finally, you will receive 'The Triple Star Of Compassion Induction'.

The general format here for receiving these Nine Stars Of Compassion is to do one 'invocation' per day. For each star, a total of three invocations will need to be completed, once per day, which means that each star can be received in 3 days.

We hope that you will enjoy receiving these beautiful and divinely guided 'Stars Of Compassion'. We hope that these new energies will help you to clear away all of your wounds, impurities and ailments so that you can enjoy wellness, clarity, compassion and peace in your life!



THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

1. AN OVERVIEW OF THE NINE STARS OF COMPASSION:

The Nine Stars Of Compassion can be received very simply and easily as follows:

Part D: The Nine Stars Of Compassion

Part	Days	Information
I) The 7 Star Induction	1 - 3 (3 days)	Invoke the energies of The Gold Star Of Compassion
	4 - 6 (3 days)	Invoke the energies of The Purple Star Of Compassion
	7 - 9 (3 days)	Invoke the energies of The Blue Star Of Compassion
	10 - 12 (3 days)	Invoke the energies of The Green Star Of Compassion
	13 - 15 (3 days)	Invoke the energies of The Yellow Star Of Compassion
	16 - 18 (3 days)	Invoke the energies of The Orange Star Of Compassion
	19 - 21 (3 days)	Invoke the energies of The Red Star Of Compassion
	22- 24 (3 days)	<i>Three days rest</i>
II) The White Star Induction	25- 27 (3 days)	Invoke the energies of The White Star Of Compassion
	28 - 35 (3 days)	<i>Eight days rest</i>
III) The Triple Star Of Compassion Induction	36 (1 day)	Invoke the energies of The Triple Star Of Compassion
	37 - 39 (3 days)	<i>Three days rest</i>

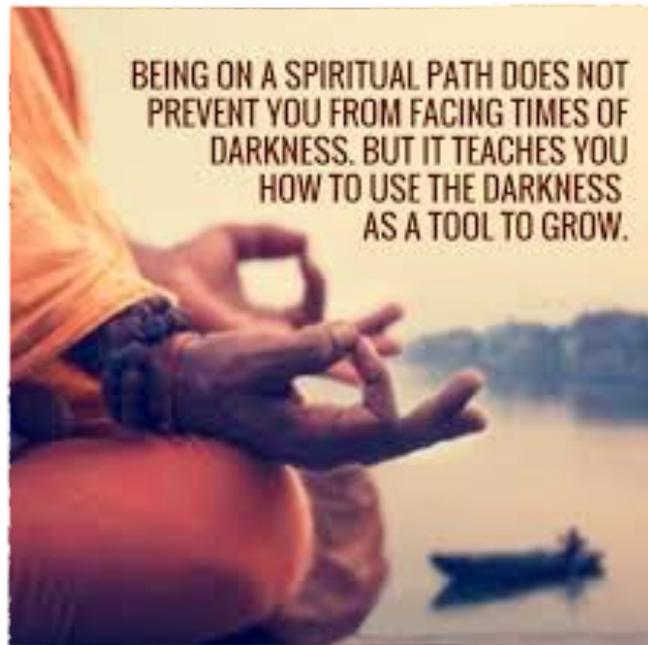
Total Time for Part D: The Nine Stars Of Compassion = 39 days

THE COMPASSION ASCENSION

MASTER LEVEL SYMBOLS

An additional note from Marty and Gerry:

Please note that throughout The Nine Stars Of Compassion, Gerry felt the suffering of others very strongly. Throughout this time, she looked around at how much suffering there is in our world, to the point where she felt like giving up. Later, she understood that these feelings were an important part of her compassion being expanded and a result of these new energy frequencies doing their work. Therefore, if you too are also experiencing these kinds of feelings, please remember that this is all a part of your journey towards growth, expansion and a heightened sense of compassion!



2. PRACTICES FOR THE NINE STARS OF COMPASSION:

Please find the practices for the Nine Stars Of Compassion on the following pages:

- Part One: The 7 Star Induction
- Part Two: The White Star Induction
- Part Three: The Triple Star Of Compassion Induction

☼ **Part One: The 7 Star Induction**

Throughout the Seven Star Induction, we invoke the energies for each of the individual Stars of Compassion. Each star corresponds to a chakra in the body, starting with the Gold Star and the Crown Chakra, Purple Star and the Third Eye Chakra etc.

For three days, once per day, invoke the induction for each Star Of Compassion as follows on the following pages:

Days 1 - 3: The Gold Star Of Compassion

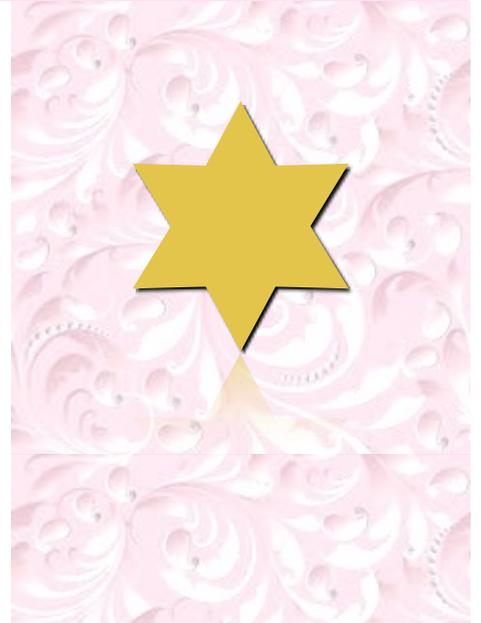
Please complete the following two steps once per day for each of the three days:

► **Step One - Preparation:**

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or so minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

► **Step Two - Invoke The Gold Star Of Compassion:**

Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



**"I invoke the energies of
The Gold Star Of Compassion induction.
I invoke the energies of
The Gold Star Of Compassion induction.
I invoke the energies of
The Gold Star Of Compassion induction.
Thankyou, thankyou, thankyou."**

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

The Gold Star Of Compassion is embedded in our aura over the three day period. To begin with, Gerry saw the Gold Star forming above her head, before it then grew and merged with her energy, until the star was around her whole body.

When the process is complete, the Gold Star Of Compassion is all around us, completely enveloping us, as per the diagram on the next page.



**The Gold Star Of Compassion
(Installation Complete)**



Days 4 - 6: The Purple Star Of Compassion

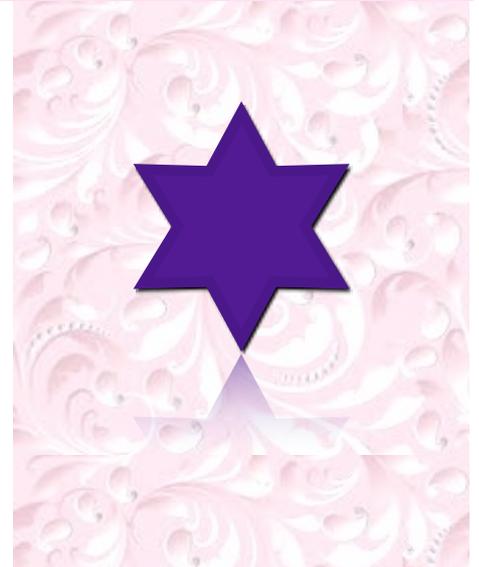
Please complete the following two steps once per day for each of the three days:

▶ **Step One - Preparation:**

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 50 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

▶ **Step Two - Invoke The Purple Star Of Compassion:**

Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



**"I invoke the energies of
The Purple Star Of Compassion induction.
I invoke the energies of
The Purple Star Of Compassion induction.
I invoke the energies of
The Purple Star Of Compassion induction.
Thankyou, thankyou, thankyou."**

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

The Purple Star Of Compassion is embedded in our aura over the three day period. Gerry was first aware of it when a five-pointed purple star appeared at the top of her forehead (where the hair meets the forehead at the hair line). From here, many purple stars then appeared all in a central line right down her body. Soon the stars all began to expand, until they merged into one big star, which sat just inside the Gold Star Of Compassion (as you can see in the diagrams on the pages to follow).

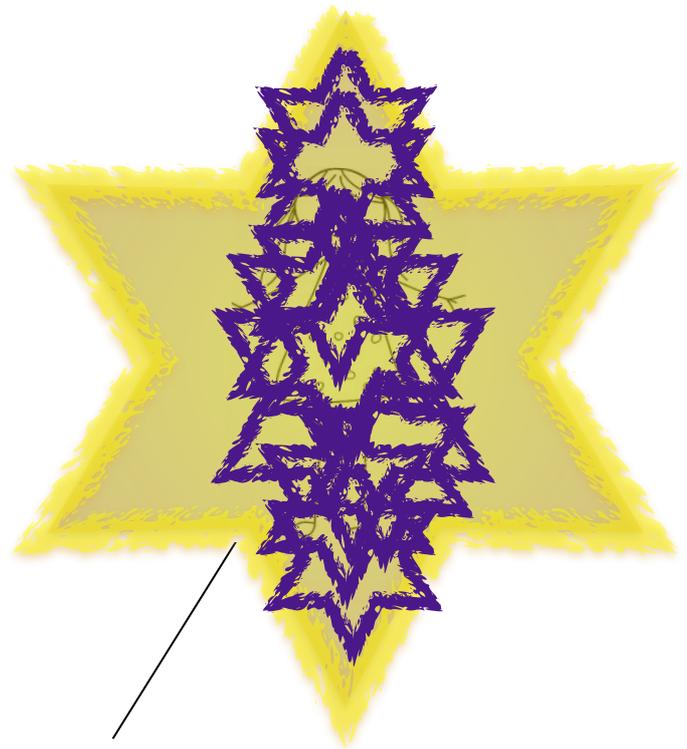
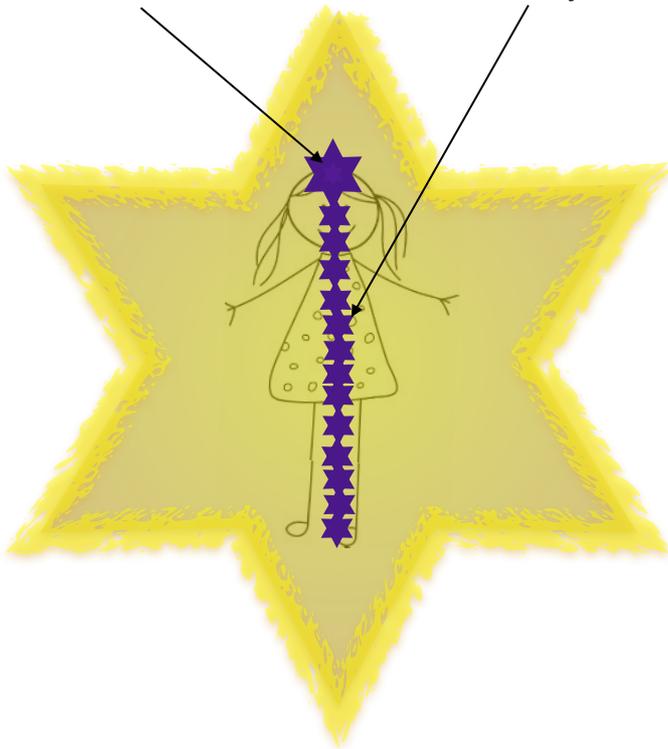
Gerry also noticed that after the Purple Star Of Compassion was installed, it appeared to magnify any energies that were being worked with i.e. when sharing a healing session or when doing meditation.



The Purple Star Of Compassion Initial Phases (1 - 3) Of Installation

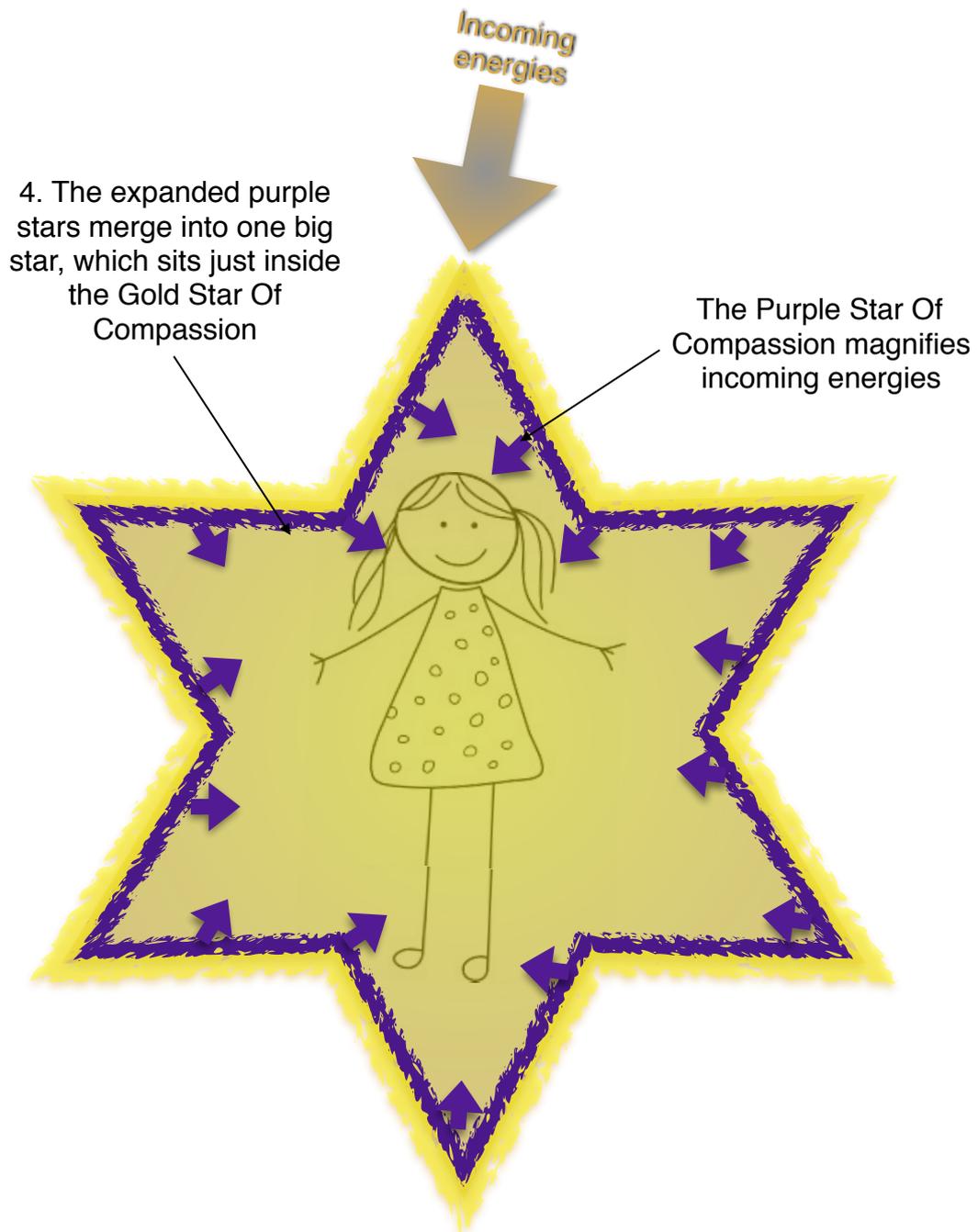
1. Five-pointed purple star appears at top of forehead

2. Central line of purple stars appears down the body



3. Line of purple stars starts to expand

The Purple Star Of Compassion (Phase 4 - Installation Complete)



Days 7 - 9: The Blue Star Of Compassion

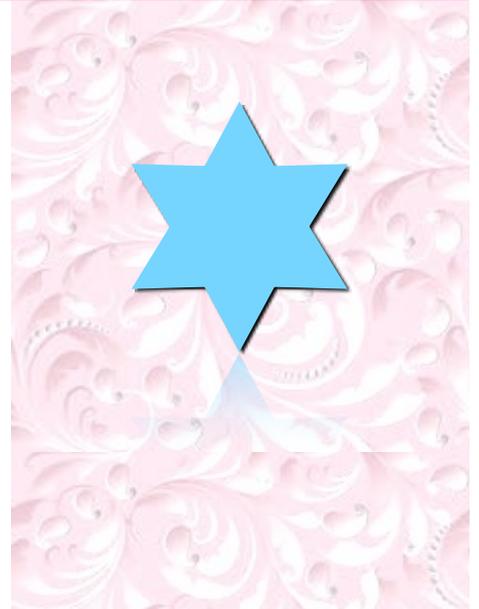
Please complete the following two steps once per day for each of the three days:

► **Step One - Preparation:**

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 50 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

► **Step Two - Invoke The Blue Star Of Compassion:**

Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



**"I invoke the energies of
The Blue Star Of Compassion induction.
I invoke the energies of
The Blue Star Of Compassion induction.
I invoke the energies of
The Blue Star Of Compassion induction.
Thankyou, thankyou, thankyou."**

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

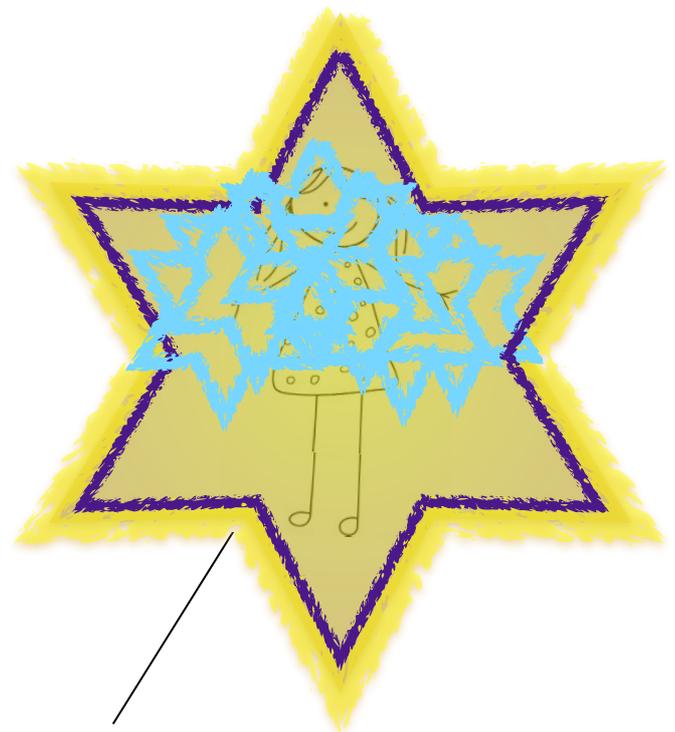
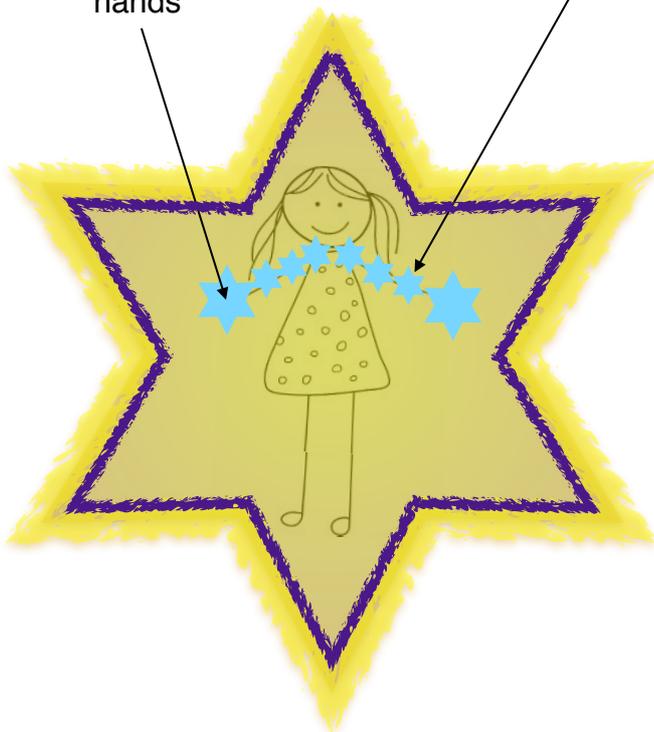
The Blue Star Of Compassion is embedded in our aura over the three day period. Gerry was first aware of it when a five-pointed blue star appeared over the top of each of her hands. Smaller blue stars then began to form up the length of her arms. Soon the stars all began to expand, until they merged into one big star, which sat just inside the Purple Star Of Compassion (as you can see in the diagrams on the pages to follow).



The Blue Star Of Compassion Initial Phases (1-3) Of Installation

1. Five-pointed blue star appears on top of both hands

2. Line of blue stars appears up the arms



3. Line of blue stars starts to expand

The Blue Star Of Compassion (Phase 4 - Installation Complete)

4. The expanded blue stars
merge into one big star,
which sits just inside the
Purple Star Of Compassion



Days 10 - 12: The Green Star Of Compassion

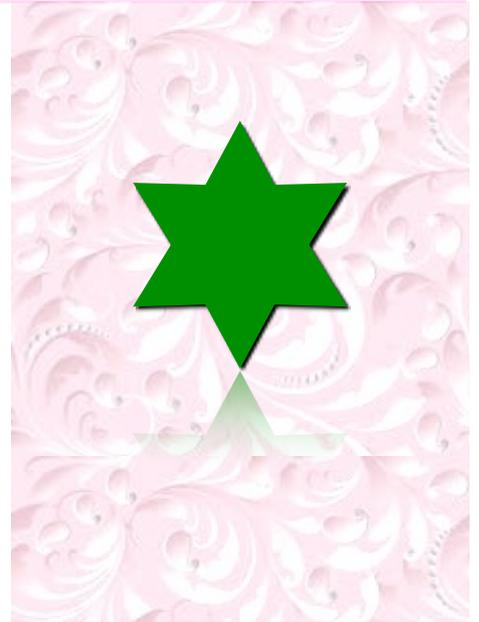
Please complete the following two steps once per day for each of the three days:

► **Step One - Preparation:**

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 50 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

► **Step Two - Invoke The Green Star Of Compassion:**

Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



**"I invoke the energies of
The Green Star Of Compassion induction.
I invoke the energies of
The Green Star Of Compassion induction.
I invoke the energies of
The Green Star Of Compassion induction.
Thankyou, thankyou, thankyou."**

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

The Green Star Of Compassion is embedded in our aura over the three day period and following suit, sits just inside the Blue Star Of Compassion.



Days 13 - 15: The Yellow Star Of Compassion

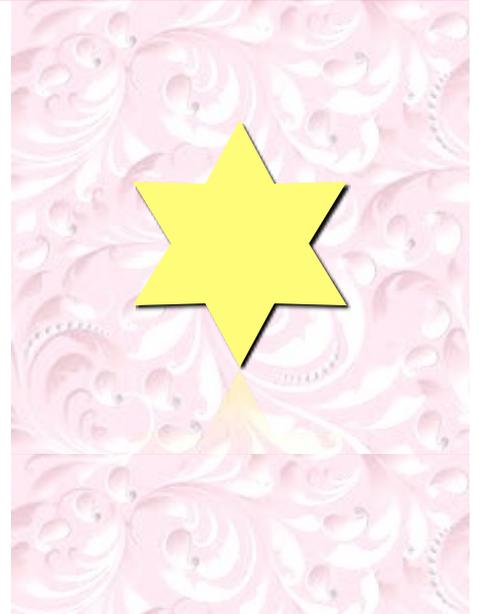
Please complete the following once per day for each of the three days:

▶ **Step One - Preparation:**

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 50 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

▶ **Step Two - Invoke The Yellow Star Of Compassion:**

Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



**"I invoke the energies of
The Yellow Star Of Compassion induction.
I invoke the energies of
The Yellow Star Of Compassion induction.
I invoke the energies of
The Yellow Star Of Compassion induction.
Thankyou, thankyou, thankyou."**

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

The Yellow Star Of Compassion is embedded in our aura over the three day period and following suit, sits just inside the Green Star Of Compassion.



Days 16 - 18: The Orange Star Of Compassion

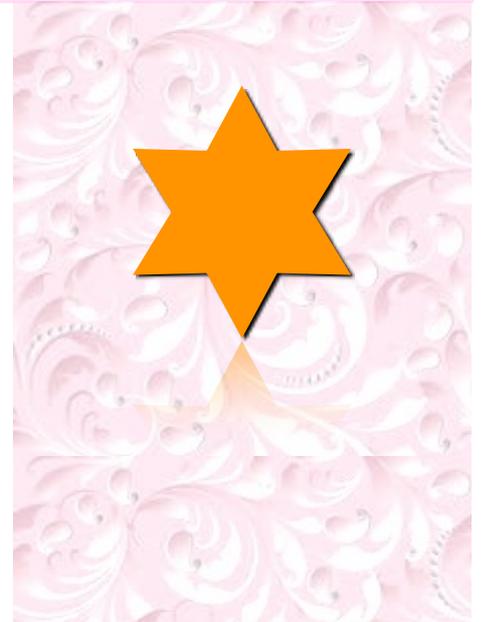
Please complete the following two steps once per day for each of the three days:

► **Step One - Preparation:**

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 50 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

Invoke The Orange Star Of Compassion:

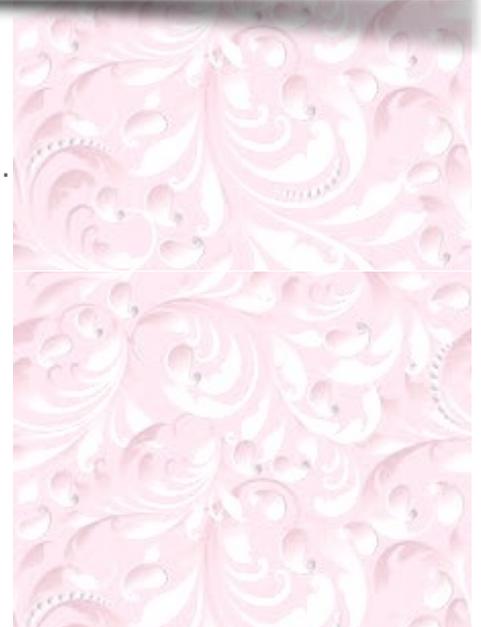
Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



"I invoke the energies of
The Orange Star Of Compassion induction.
I invoke the energies of
The Orange Star Of Compassion induction.
I invoke the energies of
The Orange Star Of Compassion induction.
Thankyou, thankyou, thankyou."

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

The Orange Star Of Compassion is embedded in our aura over the three day period and following suit, sits just inside the Yellow Star Of Compassion.



Days 19 - 21: The Red Star Of Compassion

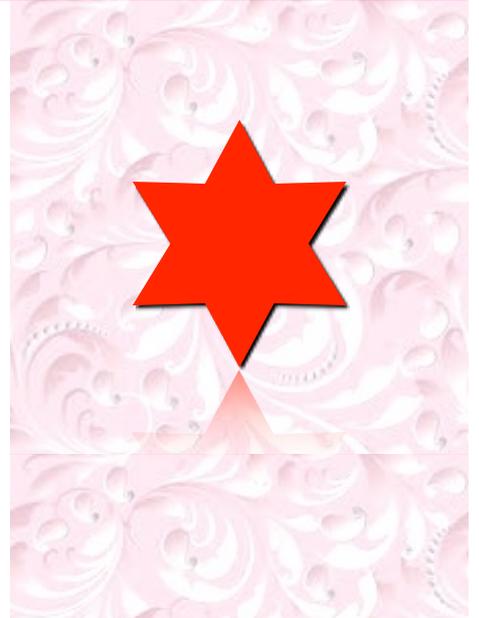
Please complete the following two steps once per day for each of the three days:

► **Step One - Preparation:**

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 50 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

► **Step Two - Invoke The Red Star Of Compassion:**

Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



**"I invoke the energies of
The Red Star Of Compassion induction.
I invoke the energies of
The Red Star Of Compassion induction.
I invoke the energies of
The Red Star Of Compassion induction.
Thankyou, thankyou, thankyou."**

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

The Red Star Of Compassion is embedded in our aura over the three day period and following suit, sits just inside the Orange Star Of Compassion.

On the following page, please find a diagram which shows the complete installation of The 7 Star Induction.



**The 7 Star Induction
(Installation Complete)**



*At the end of The Red Star Of Compassion, please rest for three days (days 22 - 24)
before continuing into Part Two: The White Star Induction.*

THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

☀ **Part Two: The White Star Induction**

The White Star Induction is one invocation on it's own and is done in the same way as the previous Stars.

Days 25 - 27: The White Star Of Compassion

Please complete the following two steps once per day for each of the three days:

▶ **Step One - Preparation:**

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 20 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

▶ **Step Two - Invoke The White Star Of Compassion:**

Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



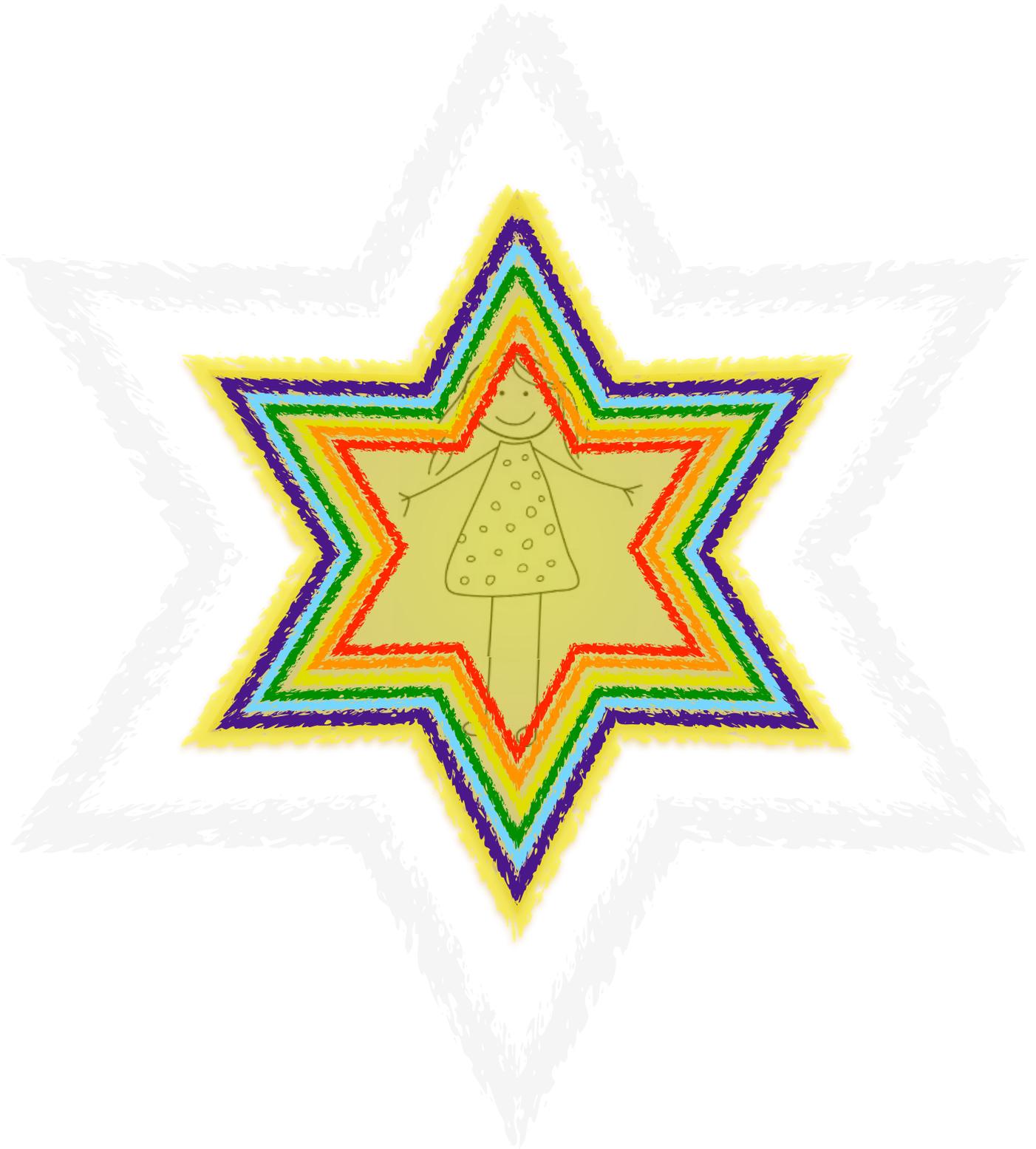
**"I invoke the energies of
The White Star Of Compassion induction.
I invoke the energies of
The White Star Of Compassion induction.
I invoke the energies of
The White Star Of Compassion induction.
Thankyou, thankyou, thankyou."**

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

The White Star Of Compassion is embedded in our aura over the three day period and encapsulates all the of the seven previous stars. Please refer to the diagram on the following page for an illustration of this.



**The White Star Induction
(Installation Complete)**



THE COMPASSION ASCENSION

MASTER LEVEL SYMBOLS

☀ **Part Three: The Triple Star Of Compassion**

The Triple Star Of Compassion induction is one invocation on it's own on one day only (day 36). This induction embeds three tiny stars in the Heart Chakra, The Triple Star Of Compassion.

Day 36: The Triple Star Of Compassion

Please complete the following two steps once only (on day 36):

▶ **Step One - Preparation:**

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 20 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

▶ **Step Two - Invoke The Triple Star Of Compassion:**

Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



**"I invoke the energies of
The Triple Star Of Compassion.**

**May all the elements of compassion be embedded
within me for the ultimate benefit of all beings.**

Thankyou, thankyou, thankyou."

You may wish to sit for a few minutes after the invocation, or alternatively recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

The Triple Star Of Compassion is embedded in our Heart Chakra as per the diagram shown on the following page.



**The Triple Star Of Compassion
(Installation Complete)**



Welcome to Part E



The Diamond Ascension



Love Inspiration

Learn • Heal • Awaken

MASTER LEVEL SYMBOLS THE COMPASSION ASCENSION

WELCOME TO PART E - THE DIAMOND ASCENSION!

It is much love, joy and excitement that we welcome you here to this final set of energies - The Diamond Ascension. Having reached this point, you have now been guided towards clearing away many kinds of energetic debris from within you as you have uncovered and healed many layers of old wounds, issues and impurities from within your energy field.

The Diamond Ascension will now be helping you to fill this 'empty space' (which has been left from all of this deep healing work) as you receive an immense amount of love, light and compassion for the benefit of all.

To start with then, as the energies were being brought through, the Guides described the Diamond Ascension to as:

*"Compassionate Growth
Through Infinite Love"*

May this final phase of awakening, love, light and compassion help to bring infinite joy, happiness and completeness into your life!

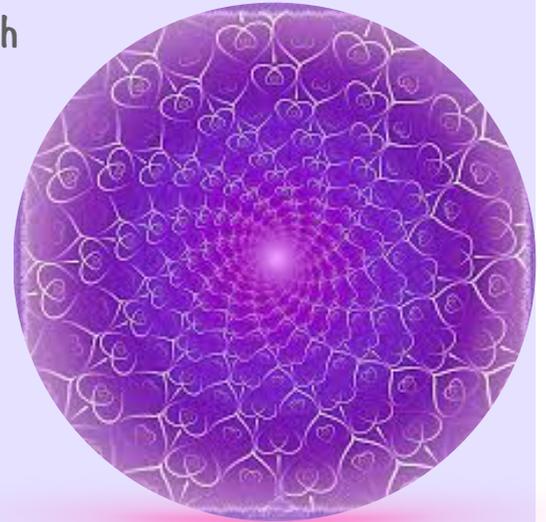


THE COMPASSION ASCENSION MASTER LEVEL SYMBOLS

To help us explain more about this beautiful 'Diamond Ascension', let us now share the loving words which were received from the Compassion Ascension Guides as they brought through these energies:

“The Diamond Ascension marks the final layer of growth for this deeply purifying set of energies. Allow the Diamond energies to fill you and restore a greater depth of compassion, wisdom and peace through which you may radiate your light further.

The Diamond Ascension also marks a pinnacle point in your healing Ascension journey, for now you are awake and further opened to allow new streams of energy to come forth.



The series of compassion energies you have undertaken throughout this course have been deeply purifying and we do congratulate you with love for enduring this journey to The Diamond Ascension.

Like a 'cherry' on the top, The Diamond Ascension takes place 18-24 days after having completed The Triple Star Of Compassion. Having 'dug out' great space for compassion, by clearing old energies, you are now ready to receive a new level of understanding, a new level of 'complete-ment' for the infinite benefit of all.”

THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

1. AN OVERVIEW OF THE DIAMOND ASCENSION:

Please see the table below outlining an overview of The Diamond Ascension

<h2>Part E: The Diamond Ascension</h2>	
Days	Information
1 - 17	Rest for 17 days
18	The Diamond Ascension Invocation (Day 1)
19	The Diamond Ascension Invocation (Day 2)
20	The Diamond Ascension Invocation (Day 3)
21	The Diamond Ascension Invocation (Day 4)
22	The Diamond Ascension Invocation (Day 5)
23	The Diamond Ascension Invocation (Day 6)
24	The Diamond Ascension Invocation (Day 7)
Total Time for Part E: The Diamond Ascension = 24 days	



THE COMPASSION ASCENSION

MASTER LEVEL SYMBOLS

2. PRACTICES FOR THE DIAMOND ASCENSION:

The practices for The Diamond Ascension are very simple! Once you have completed the 17 days of rest, please then complete the below two steps *at least twice per day*. When the energies are ready to manifest, they will be layered upon you (during the seven days of invocations).

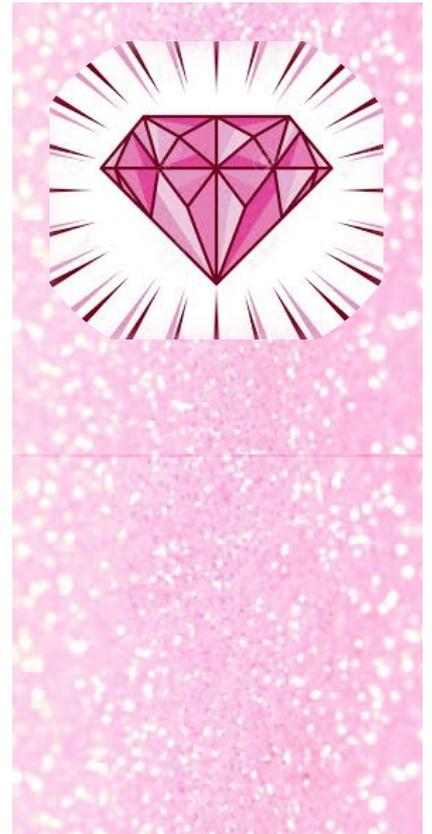
Please complete the following two steps, at least twice per day, for seven consecutive days (Days 18 - 24)

► Step One - Preparation:

Make yourself comfortable, either sitting or lying down and ensure that you will not be disturbed for at least 10 or 20 minutes. Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience.

► Step Two - Invoke The Diamond Ascension:

Invoke the energies by placing the hands together, fingertips touching in prayer position whilst saying the invocation below.



**" I open my heart to The Diamond Ascension.
I open my compassion to The Diamond Ascension.
I open and offer my service to the compassionate light.**

**May The Diamond Ascension bring forth my
compassionate brilliance for the infinite benefit of all.**

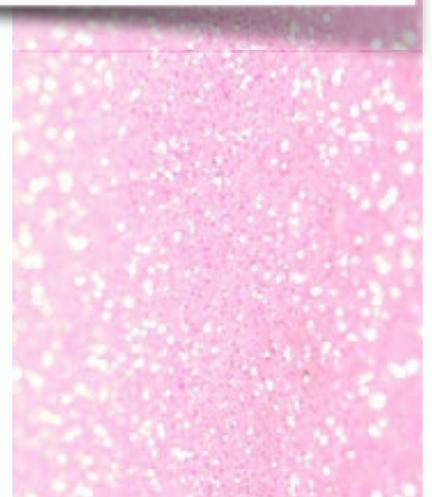
Thankyou, thankyou, thankyou."

You may wish to recite the invocation a number of times (as you wish). Also, you may choose to say the invocation out loud or in your head.

Please sit for a few minutes after the invocation to allow the energies to manifest.



After the seven days of invoking The Diamond Ascension, the new energy field is now complete within you! We hope that you will enjoy the new depth and dimension of compassion!



THE COMPASSION ASCENSION MASTER LEVEL SYMBOLS

3. A FINAL NOTE FROM THE COMPASSION ASCENSION GUIDES:

At the beginning of this course, we mentioned that The Compassion Ascension energies would not be imparting you with any 'Master Level Symbol' or 'Master Level Practices'. However please know that from these teachings, you have now received a new depth and dimensional understanding of compassion within you that will now be helping to **intensify** and **magnify** any and all healing energies that you receive.

This means that any healing work that you do for yourself or others will now be strengthened and intensified with a deepened sense and strength of compassion.

The Guides explain further:



“Although there are no symbols or workings to now ‘use’ on your journey, please understand that you have instead created an immense platform or foundation of compassionate light, from which all energies will now more brilliantly shine from.

All healing energies, faith energies, love energies etc will now flow more brilliantly and clearly through you as the waters of depth of compassion now run more deeply.



You have reached a significant phase-shift in your energetic frequency.
Go well and always for the benefit of all.”

THE COMPASSION ASCENSION

MASTER LEVEL SYMBOLS

4. FINAL COMMENTS:

It has been our great pleasure and honour to share these beautiful Compassion Ascension energies with you and we wish to congratulate you on receiving this full suite of energies and for your new depth in compassionate feelings. We hope that you will enjoy your new vibration and may you now radiate these beautiful and deeply compassionate energies for the infinite benefit of all!



From this point, we now invite you to return back to the Ascended Pathway you are progressing on, knowing that the energies you have instilled here in The Compassion Ascension will deeply benefit your journey forwards. (Particularly during the step up into the Crystal Consciousness at the end of A Crystal Ascension 4).

We hope that you have enjoyed these Compassion Ascension energies and may this new depth and feeling of compassion help to intensify and magnify all of the Ascended Pathway energies still to be received for the ultimate liberation of all!

MARTY & GERRY DONNELLY
LOVE INSPIRATION



Love and compassion are necessities, not luxuries.
Without them, humanity cannot survive. Dalai Lama



WOULD YOU LIKE TO HELP?

YOU HAVE RECEIVED THESE ENERGIES AND TEACHINGS FREELY AND WITH LOVE DUE TO THE HUMBLE AND ALTRUISTIC GRACE OF OUR SPONSORS, TEACHERS & TRANSLATORS. IF YOU HAVE ENJOYED THESE ENERGIES AND WOULD LIKE TO HELP MAKE THEM CONTINUALLY AND FREELY AVAILABLE FOR OTHERS TO HEAL, GROW AND AWAKEN FROM, WE LOVINGLY INVITE YOU TO HELP IN THE FOLLOWING WAYS:

- ♥ [SPONSOR AN EBOOK](#)
- ♥ [MAKE A DONATION](#)
- ♥ [SHARE WITH OTHERS](#)
- ♥ [BECOME A TEACHER](#)
- ♥ [TRANSLATE FOR OTHERS](#)
- ♥ [WRITE A TESTIMONIAL](#)
- ♥ [HELP US IMPROVE](#)

YOUR HELP ENABLES LOVE INSPIRATION TO CONTINUE OFFERING EBOOKS AND COURSES FREELY FOR THE INFINITE BENEFIT OF ALL.

BLESSINGS & THANKYOU,
MARTY & GERRY

THE COMPASSION ASCENSION
MASTER LEVEL SYMBOLS

FOR THE INFINITE BENEFIT OF ALL

May all beings be showered in compassion and be liberated from suffering.